Timor-Leste

Total population (UN official estimates): 1,152,437
Burden of mental disorders (WHO official estimates)
WHO Region: SEAR
Lower middle-income
Total health expenditure per person (US$, 2013): $59
Availability / status of mental health reporting
Mental health specific data compiled in last two years for public and private sector

MENTAL HEALTH SYSTEM GOVERNANCE

Mental health policy
Stand-alone policy or plan for mental health: Yes
(Year of policy / plan): 2011
Implementation status: Available and partially implemented
Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)
Involvement of service users and families (as reported by MoH focal point)
a. INFORMATION gathered / disseminated by MoH: Fully implemented
b. POLICY on participation developed / published by MoH: Partially implemented
c. EARLY INVOLVEMENT in mental health policy and law: Not implemented
d. PARTICIPATION in MoH planning, policy, service development and evaluation: Not implemented
e. RESOURCES available for participation and reimbursement: Not implemented

RESOURCES FOR MENTAL HEALTH

Mental health financing
Main source of funds for care of severe mental disorders: Government
Inpatient / outpatient budget breakdown reported: No
If yes, estimated mental health spending per capita (US$): Not applicable

Human resources for mental health
Total reported staff (mental health inpatient care): Not reported
Total reported staff (mental health outpatient care): Not reported
Total mental health workers per 100,000 population: 3.0

MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

Outpatient care (total facilities)
Mental health outpatient facility: 72
Mental health day treatment facility: 1

Inpatient care (total facilities)
Mental hospitals: 0
Psychiatric units in general hospitals: 0
Residential care facilities: 2

Mental hospitals
Total number of inpatients: Not reported
Admissions that are involuntary: Not reported
Discharged inpatients followed up within one month: Not reported

Treated prevalence (total cases)
Treated cases of severe mental disorder: Not reported

MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes: Yes
Existence of a suicide prevention strategy: No

Programme examples
Advocacy for Community Leaders and community health workers on Mental health and Epilepsy prevention and control
Category of programme: Workplace mental health promotion
Target group: Adults
Scope: Universal

Note: Age-standardized suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.