# Uganda

**Total population (UN official estimates):** 38,844,626

### Burden of mental disorders (WHO official estimates)
- Disability-adjusted life years (per 100,000 population): 2,578
- Suicide (age-standardized rate per 100,000 population): 19.5

### MENTAL HEALTH SYSTEM GOVERNANCE

#### Mental health policy

- Stand-alone policy or plan for mental health: Yes (2012)
- Implementation status: Available and partially implemented
- Policy / plan is in line with human rights covenants: 5
- Information gathered / disseminated by MoH: Fully implemented
- Policy on participation developed / published by MoH: Partially implemented
- Early involvement in mental health policy and law: Fully implemented
- Resources available for participation and reimbursement: Partially implemented

#### Mental health legislation

- Stand-alone law for mental health: Yes (1964)
- Implementation status: Available and fully implemented
- Law is in line with human rights covenants: 5

#### Resources for mental health

- Main source of funds for care of severe mental disorders: Not reported
- Inpatient / outpatient budget breakdown reported: No
- If yes, estimated mental health spending per capita (US$): Not applicable
- Psychiatrists: Not reported
- Other medical doctors: Not reported
- Nurses: Not reported
- Psychologists: Not reported
- Social workers: Not reported
- Occupational therapists: Not reported
- Other mental health workers: Not reported

#### Mental health workforce (rate per 100,000 population)

- Mental health outpatient facility: 365
- Mental health day treatment facility: Not reported
- Mental health outpatient visits: Not reported
- Mental health day treatment sessions: Not reported
- Inpatient care (total facilities)
  - Mental hospitals: 1
  - Psychiatric units in general hospitals: 13
  - Residential care facilities: Not reported
- Inpatient care (per 100,000 population)
  - Inpatient care beds / annual admissions: 1.4 / 0.0
  - General hospital psychiatric unit beds / annual admissions: 1.2 / Not reported
- Residential care beds / annual admissions: Not reported / Not reported
- Mental hospitals (length of stay)
- Total number of inpatients: 600
- Admissions that are involuntary: Not reported
- Discharged inpatients followed up within one month: Not reported
- Inpatients staying less than 1 year: Not reported
- Inpatients staying 1-5 years: Not reported
- Inpatients staying more than 5 years: Not reported
- Treated prevalence (total cases)
- Treating prevalence (per 100,000 population): 245.8

### Mental health promotion and prevention

- Existence of at least two functioning programmes: Yes
- Existence of a suicide prevention strategy: No

#### Programme examples

- **Universal prevention**
- **Prevention of substance abuse**

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Note: Age-standardized suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.