Uruguay

Total population (UN official estimates): a 3,418,694
Burden of mental disorders (WHO official estimates)
WHO Region: AMR
Disability-adjusted life years (per 100,000 population) c 3,191
Income group: High income
Suicide (age-standardized rate per 100,000 population) d 12.1
Total health expenditure per person (US$, 2013) b $1,431
Availability / status of mental health reporting
Mental health specific data compiled in last two years for public and private sector

MENTAL HEALTH SYSTEM GOVERNANCE

Mental health policy
Stand-alone policy or plan for mental health: Yes
(Year of policy / plan): 2005
Implementation status: Available and partially implemented
Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line) 5

Mental health legislation
Stand-alone law for mental health: Yes
(Year of policy / plan): 1936
Implementation status: Available and fully implemented
Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line) 5

Involvement of service users and families (as reported by MoH focal point)
a. INFORMATION gathered / disseminated by MoH Fully implemented
d. PARTICIPATION in MoH planning, policy, service development and evaluation Fully implemented
b. POLICY on participation developed / published by MoH Fully implemented
e. RESOURCES available for participation and reimbursement Fully implemented
c. EARLY INVOLVEMENT in mental health policy and law Fully implemented

RESOURCES FOR MENTAL HEALTH

Mental health financing
Main source of funds for care of severe mental disorders Government Psychiatrists 16.9
Inpatient / outpatient budget breakdown reported No Other medical doctors Not reported
If yes, estimated mental health spending per capita (US$) Not applicable Nurses Not reported

Human resources for mental health
Occupational therapists Not reported
Social workers Not reported
Other mental health workers Not reported

Mental health workforce (rate per 100,000 population)
Total reported staff (mental health inpatient care) Not reported
Total reported staff (mental health outpatient care) Not reported
Total mental health workers per 100,000 population Not reported

MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

Outpatient care (total facilities)
Mental health outpatient facility 47 Mental health outpatient visits 9
Mental health day treatment facility 22 Mental health day treatment sessions Not reported

Inpatient care (total facilities)
Mental hospitals 3 Mental hospital beds / annual admissions 39.4 / Not reported
Psychiatric units in general hospitals 14 General hospital psychiatric unit beds / annual admissions 6.1 / Not reported
Residential care facilities 5 Residential care beds / annual admissions Not reported / Not reported

Mental hospitals
Total number of inpatients 1,137 Inpatients staying less than 1 year Not reported
Admissions that are involuntary Not reported Inpatients staying 1-5 years Not reported
Discharged inpatients followed up within one month Not reported Inpatients staying more than 5 years Not reported

Treated prevalence (total cases)
Not reported Treated cases of severe mental disorder Not reported

MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes Yes
Existence of a suicide prevention strategy Yes

Programme examples Category of programme Target group Scope
Plan Nacional de prevención de suicidio Suicide prevention All ages Universal

Notes:
- b WHO Global Health Expenditure Database; http://apps.who.int/nha/database

Note: Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.