South Africa

Total population (UN official estimates): 53,139,528

Burden of mental disorders (WHO official estimates):
- Disability-adjusted life years (per 100,000 population): 3,191
- Suicide (age-standardized rate per 100,000 population): 3.0

WHO Region: AFR
Income group: Upper middle-income $593

Mental health system governance

Mental health care
- Stand-alone policy or plan for mental health: Yes (Year of policy / plan: 2013)
- Implementation status: Available and fully implemented
- Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line): 5

Involvement of service users and families
- a. INFORMATION gathered / disseminated by MoH: Partially implemented
- b. POLICY on participation developed / published by MoH: Fully implemented
- c. EARLY INVOLVEMENT in mental health policy and law: Fully implemented
- d. PARTICIPATION in MoH planning, policy, service development and evaluation: Fully implemented
- e. RESOURCES available for participation and reimbursement: Fully implemented

Resources for mental health

Mental health financing
- Main source of funds for care of severe mental disorders: Government
- Psychiatrists: 0.4
- Other medical doctors: Not reported
- Nurses: Not reported
- Psychologists: Not reported
- Social workers: Not reported
- Occupational therapists: Not reported
- Other mental health workers: Not reported

Human resources for mental health
- Total reported staff (mental health inpatient care): Not reported
- Total reported staff (mental health outpatient care): Not reported
- Total mental health workers per 100,000 population: Not reported

Mental health workforce (rate per 100,000 population)
- Psychiatrists: 0.4
- Other medical doctors: Not reported
- Nurses: Not reported
- Psychologists: Not reported
- Social workers: Not reported
- Occupational therapists: Not reported
- Other mental health workers: Not reported

Mental health service availability and uptake

Outpatient care (total facilities)
- Mental health outpatient facility: Not reported
- Mental health day treatment facility: Not reported

Inpatient care (total facilities)
- Mental hospitals: 63
- Psychiatric units in general hospitals: 37
- Residential care facilities: Not reported

Mental health hospitals (length of stay)
- Mental hospitals: 22.7

Admissions that are involuntary
- Mental hospitals: Not reported

Treated prevalence (total cases)
- Mental health hospitals: Not reported

Mental health promotion and prevention

Existence of at least two functioning programmes: Yes
Existence of a suicide prevention strategy: No

Programme examples
- Screening for mental health problems in schools
  Category of programme: Mental health promotion in schools
  Target group: Children
  Scope: Selective
- Mental health education and awareness programmes
  Category of programme: Mental health awareness/prevention/anti-stigma
  Target group: All ages
  Scope: Universal

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Notes:
- b: WHO Global Health Expenditure Database; http://apps.who.int/nha/database

Note: Age-standardized suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.