Zimbabwe

Total population (UN official estimate): 14,599,325
WHO Region: AFR
Income group: Low income
Total health expenditure per person (US$, 2013): $0
Availability / status of mental health reporting: Mental health data compiled only for general health statistics

MENTAL HEALTH SYSTEM GOVERNANCE

Mental health policy
Stand-alone policy or plan for mental health: Yes (Year of policy / plan): 2004
Implementation status: Available and partially implemented
Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line): 5
Involvement of service users and families (as reported by MoH focal point):
  a. INFORMATION gathered / disseminated by MoH: Not implemented
  b. POLICY on participation developed / published by MoH: Not implemented
  c. EARLY INVOLVEMENT in mental health policy and law: Not implemented
  d. PARTICIPATION in MoH planning, policy, service development and evaluation: Not implemented
  e. RESOURCES available for participation and reimbursement: Not implemented

Mental health legislation
Stand-alone law for mental health: Yes (Year of policy / plan): 1996
Implementation status: Available and fully implemented
Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line): 5

RESOURCES FOR MENTAL HEALTH

Mental health financing
Main source of funds for care of severe mental disorders: Government
Inpatient / outpatient budget breakdown reported: No
If yes, estimated mental health spending per capita (US$): Not applicable

Human resources for mental health
Total reported staff (mental health inpatient care): 1,096
Total reported staff (mental health outpatient care): 20
Total mental health workers per 100,000 population: 7.2

MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

Outpatient care (total facilities)
  Mental health outpatient facility: 5
  Mental health day treatment facility: 1
Inpatient care (total facilities)
  Mental hospitals: 6
  Psychiatric units in general hospitals: 4
  Residential care facilities: 7
Mental hospitals (length of stay)
  Total number of inpatients: Not reported
  Admissions that are involuntary: Not reported
  Discharged inpatients followed up within one month: Not reported
  Treated prevalence (total cases): 26,724
Treated cases of severe mental disorder: 183.0

MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes: Yes
Existence of a suicide prevention strategy: No

Programme examples
Mental Health Day programme
  Category of programme: Mental health awareness/prevention/anti-stigma
  Target group: Not reported
  Scope: Universal

Campaign on Drug Abuse Programme
  Category of programme: Mental health awareness/prevention/anti-stigma
  Target group: All ages
  Scope: Universal

Note: Age-standardized suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.