



# Anguilla

## GENERAL INFORMATION

Anguilla has an approximate area of 0.09 thousand square kilometers (UNO, 2008). The population is 15,465. Information regarding the sex ratio, age distribution, life expectancies and literacy rates is unavailable. Similarly, no information regarding the suicide rates or contribution of neuropsychiatric disorders to the global burden of disease is available for Anguilla.

## GOVERNANCE

An officially approved mental health policy exists and was approved, or most recently revised, in 2005. Mental health is not specifically mentioned in the general health policy and a mental health plan does not exist.

Dedicated mental health legislation exists and was initiated, or most recently revised, in 2006. Legal provisions concerning mental health are also covered in other laws (e.g. welfare, disability, general health legislation etc.).

Note: The Mental Health Policy is to be revised in 2010.

## FINANCING

Mental health and mental hospital expenditures by the government health department/ministry are not available.

## MENTAL HEALTH CARE DELIVERY

### Primary Care

Prescription regulations authorize primary health care doctors to prescribe and/or to continue prescription of psychotherapeutic medicines. The department of health also authorizes primary health care nurses to prescribe and/or to continue prescription of psychotherapeutic medicines, but with restrictions. However, official policy does not permit primary health care nurses to independently diagnose and treat mental disorders within the primary care system.

The majority of primary health care doctors and nurses have not received official in-service training on mental health within the last five years. Officially approved manuals on the management and treatment of mental disorders are not available in the majority of primary health care clinics. Official referral procedures for referring persons from primary care to secondary/tertiary care exist, as do referral procedures from tertiary/secondary care to primary care.

## Mental Health Services

### Availability of mental health facilities

	Total number of facilities/beds	Rate per 100,000 population	Number of facilities/beds reserved for children and adolescents only	Rate per 100,000 population
Mental health outpatient facilities	1	6.47	0	0.0
Day treatment facilities	UN	UN	UN	UN
Psychiatric beds in general hospitals	10	64.66	UN	UN
Community residential facilities	0	0.0	NA	NA
Beds/places in community residential facilities	0	0.0	NA	NA
Mental hospitals	0	0.0	NA	NA
Beds in mental hospitals	0	0.0	NA	NA

### Access to care

	Rates per 100,000 population)	Females (%)	Under age 18 (%)
Persons treated in mental health outpatient facilities	969.93	UN	UN
Persons treated in mental health day treatment facilities	25.86	UN	UN
Admissions to psychiatric beds in general hospitals	UN	UN	UN
Persons staying in community residential facilities at the end of the year	NA	NA	NA
Admissions to mental hospitals	NA	NA	NA

### Long term care in mental hospitals (% of persons staying):

Less than 1 year	NA
More than 1 and less than 5 years	NA
More than 5 years	NA

Data collected in 2011

UN = information unavailable, NA = item not applicable

## HUMAN RESOURCES

### Workforce and training

	Health professionals working in the mental health sector Rate per 100,000	Training of health professions in educational institutions Rate per 100,000
Psychiatrists	0	NA
Medical doctors, not specialized in psychiatry	6.47	NA
Nurses	12.93	NA
Psychologists	0	NA
Social workers	0	NA
Occupational therapists	0	NA
Other health workers	0	NA

### Informal human resources (Family and User Associations)

	User	Family
Present in the country/area?	Yes	No
Number of members	UN	NA
Participation in the formulation/implementation of policy/plan/legislation?	Not routinely	NA

## MEDICINES

### Expenditures for medicines for mental and behavioral disorders

Type of Medicines	Expenditures per year and per 100,000 population (in USD)
All the psychotherapeutic medicines <sup>1</sup>	54,770
Medicines used for bipolar disorders <sup>2</sup>	1,689
Medicines for psychotic disorders <sup>3</sup>	36,191
Medicines used for general anxiety <sup>4</sup>	4,826
Medicines used for mood disorders <sup>5</sup>	12,064

<sup>1</sup> N03AG01, N05A, N05B, N05C, N06A

<sup>2</sup> N03AG01, N05A, N05B, N05C, N06A

<sup>3</sup> N05A (excluding N05AN)

<sup>4</sup> N05B & N05C

<sup>5</sup> N06A

Data collected in 2011

UN = information unavailable, NA = item not applicable

**INFORMATION SYSTEMS**

	<b>Data on number of people/ activities are collected and reported</b>	<b>Data on age and gender are collected and reported</b>	<b>Data on patient's diagnosis are collected and reported</b>
Persons with mental disorders treated in primary health care	UN	UN	Yes
Interventions (psychopharmacological and psychosocial) delivered in primary health care for people with mental disorders	UN	UN	UN
Persons treated in mental health outpatient facilities	Yes	UN	UN
Contacts in mental health outpatient facilities	UN	UN	UN
Persons treated in mental health day treatment facilities	Yes	UN	UN
Admissions in general hospitals with psychiatric beds	Yes	UN	UN
Admissions in mental hospitals	NA	NA	NA
Days spent in mental hospitals	NA	NA	NA
Admissions in community residential facilities	NA	NA	NA

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