



Belarus

GENERAL INFORMATION

Belarus is a country with an approximate area of 208 thousand square kilometers (UNO, 2008). The population is 9,587,940 and the sex ratio (men per hundred women) is 87 (UNO, 2009). The proportion of the population under the age of 18 years is 19% and the proportion above age 60 is 14% (UNO, 2009). The literacy rate is 100% for both men and women (UN Statistics, 2008). The life expectancy at birth is 64 years for males and 76 years for females (UNO, 2005-2010). The healthy life expectancy at birth is 58 years for males and 76 years for females (UNPD, 2010). The country is in the upper middle income group (based on 2010 World Bank criteria). The total expenditure on health as a percentage of gross domestic product is 5.79% and the per capita government expenditure on health (PPP int. \$) is \$466.0 (WHO, 2006). The suicide rate for males is 63.3 per 100,000 population and for females is 10.3 per 100,000 population. In Belarus, neuropsychiatric disorders are estimated to contribute to 17.4% of the global burden of disease (WHO, 2008).

GOVERNANCE

An officially approved mental health policy exists and was approved, or most recently revised, in 2009. Mental health is also specifically mentioned in the general health policy.

A mental health plan exists and its components include:

- Timelines for the implementation of the mental health plan.
- Funding allocation for the implementation of half or more of the items in the mental health plan.
- Shift of services and resources from mental hospitals to community mental health facilities.
- Integration of mental health services into primary care.

Dedicated mental health legislation exists and was initiated, or most recently revised, in 2009. Legal provisions concerning mental health are also covered in other laws (e.g. welfare, disability, general health legislation etc.).

FINANCING

Mental health and mental hospital expenditures by the government health department/ministry are not available.

MENTAL HEALTH CARE DELIVERY

Primary Care

Prescription regulations authorize primary health care doctors to prescribe and/or to continue prescription of psychotherapeutic medicines. In contrast, the department of health does not authorize primary health care nurses to prescribe and/or to continue prescription of psychotherapeutic medicines. Similarly, official policy does not permit primary health care nurses to independently diagnose and treat mental disorders within the primary care system.

The majority of primary health care doctors and nurses have not received official in-service training on mental health within the last five years. Officially approved manuals on the management and treatment of mental disorders are not available in the majority of primary health care clinics. Official referral procedures for referring persons from primary care to secondary/tertiary care exist, as do referral procedures from tertiary/secondary care to primary care.

Mental Health Services

Availability of mental health facilities

	Total number of facilities/beds	Rate per 100,000 population	Number of facilities/beds reserved for children and adolescents only	Rate per 100,000 population
Mental health outpatient facilities	14	0.15	1	0.01
Day treatment facilities	25	0.26	3	0.03
Psychiatric beds in general hospitals	450	4.69	200	2.09
Community residential facilities	UN	UN	UN	UN
Beds/places in community residential facilities	UN	UN	UN	UN
Mental hospitals	14	0.15	0	NA
Beds in mental hospitals	5610	58.51	150	1.56

Access to care

	Rates per 100,000 population)	Females (%)	Under age 18 (%)
Persons treated in mental health outpatient facilities	2448.02	45%	30%
Persons treated in mental health day treatment facilities	173.56	45%	15%
Admissions to psychiatric beds in general hospitals	62.83	54%	61%
Persons staying in community residential facilities at the end of the year	UN	UN	UN
Admissions to mental hospitals	474.99	44%	5%

Long term care in mental hospitals (% of persons staying):

Less than 1 year	92%
More than 1 and less than 5 years	7%
More than 5 years	1%

Data collected in 2011

UN = information unavailable, NA = item not applicable

HUMAN RESOURCES

Workforce and training

	Health professionals working in the mental health sector Rate per 100,000	Training of health professions in educational institutions Rate per 100,000
Psychiatrists	8.77	0.64
Medical doctors, not specialized in psychiatry	3.57	20.84
Nurses	22.4	22.85
Psychologists	3.42	UN
Social workers	0.22	UN
Occupational therapists	NA	NA
Other health workers	27.22	NA

Informal human resources (Family and User Associations)

	User	Family
Present in the country?	No	No
Number of members	NA	NA
Participation in the formulation/implementation of policy/plan/legislation?	NA	NA

MEDICINES

Expenditures for medicines for mental and behavioral disorders at country level

Type of Medicines	Expenditures at country level per year and per 100,000 population (in USD)
All the psychotherapeutic medicines ¹	824
Medicines used for bipolar disorders ²	1,363
Medicines for psychotic disorders ³	2,422
Medicines used for general anxiety ⁴	2,669
Medicines used for mood disorders ⁵	1,790

¹ N03AG01, N05A, N05B, N05C, N06A

² N03AG01, N05A, N05B, N05C, N06A

³ N05A (excluding N05AN)

⁴ N05B & N05C

⁵ N06A

Data collected in 2011

UN = information unavailable, NA = item not applicable

INFORMATION SYSTEMS

	Data on number of people/ activities are collected and reported	Data on age and gender are collected and reported	Data on patient's diagnosis are collected and reported
Persons with mental disorders treated in primary health care	Yes	Yes	Yes
Interventions (psychopharmacological and psychosocial) delivered in primary health care for people with mental disorders	No	No	No
Persons treated in mental health outpatient facilities	Yes	No	No
Contacts in mental health outpatient facilities	Yes	No	No
Persons treated in mental health day treatment facilities	Yes	No	No
Admissions in general hospitals with psychiatric beds	Yes	No	No
Admissions in mental hospitals	Yes	No	Yes
Days spent in mental hospitals	Yes	No	Yes
Admissions in community residential facilities	Yes	No	No

Data collected in 2011

UN = information unavailable, NA = item not applicable