

GENERAL INFORMATION

China is a country with an approximate area of 9597 thousand square kilometers (UNO, 2008). The population in mainland is 1,354,146,443 and the sex ratio (men per hundred women) is 108 (UNO, 2009). The proportion of the population under the age of 18 years is 25% and the proportion above age 60 is 8% (UNO, 2009). The literacy rate is 99% for men and 99% for women (UN Statistics, 2008). The life expectancy at birth is 71 years for males and 74 years for females (UNO, 2005-2010). The healthy life expectancy at birth is 65 years for males and 74 years for females (UNPD, 2010). The country is in the Lower Middle income group (based on 2010 World Bank criteria). The total expenditure on health as a percentage of gross domestic product is 4.55% and the per capita government expenditure on health (PPP int. \$) is \$88.0 (WHO, 2006). The suicide rate in year of 2004-2005 for males is 13.85 per 100,000 population, and for females is 12.29 per 100,000 population (China MOH, 2008). In China, neuropsychiatric disorders are estimated to contribute to 17.6% of the global burden of disease (WHO, 2008).

GOVERNANCE

An officially approved mental health policy exists and was most recently approved in 2006. Mental health is specifically mentioned in the general health policy.

A mental health plan exists and was most recently approved in 2010. The mental health plan components include:

- Timelines for the implementation of the mental health plan.
- Funding allocation for the implementation of some items in the mental health plan.

Dedicated mental health legislation does not exist. Legal provisions concerning mental health are covered in other laws (e.g. disability, criminal, police etc.).

Note: Some provinces have Regional Mental Health Regulations including Shanghai, Beijing, Ningbo, Wuxi, Hangzhou, Wuhan and Shenzhen.

FINANCING

Mental health expenditures by the government health department/ministry are not available. Mental hospital expenditures are not available.

MENTAL HEALTH CARE DELIVERY

Primary Care

Prescription regulations authorize primary health care doctors to prescribe and/or to continue prescription of psychotherapeutic medicines but with restrictions. The department of health does not authorize primary health care nurses to prescribe and/or to continue prescription of psychotherapeutic medicines.

The majority of primary health care doctors and nurses have received official in-service training on mental health within the last five years. Officially approved manuals on the management and treatment of mental

Data collected in 2011

UN = information unavailable, NA = item not applicable

disorders are available in the majority of primary health care clinics. Official policy does not permit primary health care nurses to independently diagnose and treat mental disorders within the primary care system. Official referral procedures for referring persons from primary care to secondary/tertiary care as well as procedures from tertiary/secondary care to primary care exists (in 1/3 of the facilities).

Mental Health Services

Availability of mental health facilities

	Total number of facilities/beds	Rate per 100,000 population	Number of facilities/beds reserved for children and adolescents only	Rate per 100,000 population
Mental health outpatient facilities	UN	UN	UN	UN
Day treatment facilities	UN	UN	UN	UN
Psychiatric beds in general hospitals	13526	1.00	UN	UN
Community residential facilities	UN	UN	UN	UN
Beds/places in community residential facilities	UN	UN	UN	UN
Mental hospitals	780	0.06	UN	UN
Beds in mental hospitals	185792	13.72	UN	UN

Access to care

	Rates per 100,000 population)	Females (%)	Under age 18 (%)
Persons treated in mental health outpatient facilities	1527.18	UN	UN
Persons treated in mental health day treatment facilities	UN	UN	UN
Admissions to psychiatric beds in general hospitals	UN	UN	UN
Persons staying in community residential facilities at the end of the year	UN	UN	UN
Admissions to mental hospitals	67.92	UN	UN

Long term care in mental hospitals (% of persons staying):

Less than 1 year	UN
More than 1 and less than 5 years	UN
More than 5 years	UN

HUMAN RESOURCES

Workforce and training

	Health professionals working in the mental health sector Rate per 100,000	Training of health professions in educational institutions Rate per 100,000
Psychiatrists	1.53	UN
Medical doctors, not specialized in psychiatry	0.10	UN
Nurses	2.65	UN
Psychologists	0.18	UN
Social workers	UN	UN
Occupational therapists	UN	UN
Other health workers	0.43	NA

Informal human resources (Family and User Associations)

	User	Family
Present in the country?	Yes	Yes
Number of members	UN	UN
Participation in the formulation/implementation of policy/plan/legislation?	Not routinely	Not routinely

MEDICINES

Expenditures for medicines for mental and behavioral disorders at country level

Type of Medicines	Expenditures at country level per year and per 100,000 population (in USD)
All the psychotherapeutic medicines ¹	UN
Medicines used for bipolar disorders ²	UN
Medicines for psychotic disorders ³	UN
Medicines used for general anxiety ⁴	UN
Medicines used for mood disorders ⁵	UN

¹ N03AG01, N05A, N05B, N05C, N06A

² N03AG01, N05A, N05B, N05C, N06A

³ N05A (excluding N05AN)

⁴ N05B & N05C

⁵ N06A

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INFORMATION SYSTEMS

	Data on number of people/ activities are collected and reported	Data on age and gender are collected and reported	Data on patient's diagnosis are collected and reported
Persons with mental disorders treated in primary health care	No	No	No
Interventions (psychopharmacological and psychosocial) delivered in primary health care for people with mental disorders	No	No	No
Persons treated in mental health outpatient facilities	Yes	No	No
Contacts in mental health outpatient facilities	Yes	No	No
Persons treated in mental health day treatment facilities	No	No	No
Admissions in general hospitals with psychiatric beds	Yes	No	No
Admissions in mental hospitals	Yes	No	No
Days spent in mental hospitals	Yes	No	No
Admissions in community residential facilities	No	No	No

Note: A specific report focusing on mental health activities has been published by the Health Department or any other responsible government unit in the last three years.

OTHER INFORMATION

National-level Mental Health Information System focusing on serial mental disorders has been starting in using from Aug. 2011. Meanwhile some provinces/cities have their own mental health information system.