



World Health
Organization

The United Kingdom (England)

GENERAL INFORMATION

The population of England is 52,234,000 and the sex ratio (men per hundred women) is 97 (Office of National Statistics, UK, 2011). The proportion of the population under the age of 18 years is 22% and the proportion above age 60 is 22% (Office of National Statistics, UK, 2011).

The United Kingdom of Great Britain and Northern Ireland has an approximate area of 245 thousand square kilometers (UNO, 2008). The life expectancy at birth is 77 years for males and 82 years for females (UNO, 2005-2010). The healthy life expectancy at birth is 71 years for males and 82 years for females (UNPD, 2010). It is in the High income group (based on 2010 World Bank criteria). The total expenditure on health as a percentage of gross domestic product is 9.36% and the per capita government expenditure on health (PPP int. \$) is \$2457.0 (WHO, 2006). The suicide rate for males is 10.1 per 100,000 population and for females is 2.8 per 100,000 population. Neuropsychiatric disorders are estimated to contribute to 31.4% of the global burden of disease (WHO, 2008).

GOVERNANCE

An officially approved mental health policy and mental health plan exists and was approved and recently revised in 2011. In addition, mental health is specifically mentioned in the general health policy.

Dedicated mental health legislation exists and it was initiated or most recently revised in 2007. Legal provisions concerning mental health are also covered in other laws (e.g., welfare, disability, general health legislation etc.).

FINANCING

Mental health expenditures by the government health department/ministry are 10.82% of the total health budget. Mental hospital expenditures are 30.92% of the total mental health budget.

MENTAL HEALTH CARE DELIVERY

Primary Care

Prescription regulations authorize primary health care doctors to prescribe and/or to continue prescription of psychotherapeutic medicines. The department of health authorizes primary health care nurses to prescribe and/or to continue prescription of psychotherapeutic medicines but with restrictions. Official policy does not permit primary health care nurses to independently diagnose and treat mental disorders within the primary care system.

It is unknown whether the majority of primary health care doctors and nurses have received official in-service training on mental health within the last five years. Officially approved manuals on the management and treatment of mental disorders are available in the majority of primary health care clinics. Official referral procedures for referring persons from primary care to secondary/tertiary care exist as do referral procedures from tertiary/secondary care to primary care.

Mental Health Services

Availability of mental health facilities

	Total number of facilities/beds	Rate per 100,000 population	Number of facilities/beds reserved for children and adolescents only	Rate per 100,000 population
Mental health outpatient facilities	2582	4.94	UN	UN
Day treatment facilities	1502	2.88	UN	UN
Psychiatric beds in general hospitals	26448	50.63	560	1.07
Community residential facilities	35416	67.80	UN	UN
Beds/places in community residential facilities	1190	2.28	UN	UN
Mental hospitals	UN	UN	UN	UN
Beds in mental hospitals	4171	7.99	UN	UN

Access to care

	Rates per 100,000 population)	Females (%)	Under age 18 (%)
Persons treated in mental health outpatient facilities	2340.24	55%	3%
Persons treated in mental health day treatment facilities	187.25	UN	UN
Admissions to psychiatric beds in general hospitals	195.57	48%	1%
Persons staying in community residential facilities at the end of the year	63.09	UN	UN
Admissions to mental hospitals	232.34	50%	5%

Long term care in mental hospitals (% of persons staying):

Less than 1 year	UN
More than 1 and less than 5 years	UN
More than 5 years	UN

HUMAN RESOURCES

Workforce and training

	Health professionals working in the mental health sector Rate per 100,000	Training of health professions in educational institutions Rate per 100,000
Psychiatrists	17.65	UN
Medical doctors, not specialized in psychiatry	UN	UN
Nurses	83.23	UN
Psychologists	12.84	UN
Social workers	2.87	UN
Occupational therapists	28.72	UN
Other health workers	50.43	NA

Informal human resources (Family and User Associations)

	User	Family
Present in the country/region?	Yes	Yes
Number of members	UN	UN
Participation in the formulation/implementation of policy/plan/legislation?	Not routinely	Not routinely

MEDICINES

Expenditures for medicines for mental and behavioral disorders

Type of Medicines	Expenditures per year and per 100,000 population (in USD)
All the psychotherapeutic medicines ¹	UN
Medicines used for bipolar disorders ²	UN
Medicines for psychotic disorders ³	UN
Medicines used for general anxiety ⁴	UN
Medicines used for mood disorders ⁵	UN

¹ N03AG01, N05A, N05B, N05C, N06A

² N03AG01, N05A, N05B, N05C, N06A

³ N05A (excluding N05AN)

⁴ N05B & N05C

⁵ N06A

Data collected in 2011

UN = information unavailable, NA = item not applicable

INFORMATION SYSTEMS

	Data on number of people/ activities are collected and reported	Data on age and gender are collected and reported	Data on patient's diagnosis are collected and reported
Persons with mental disorders treated in primary health care	Yes	Yes	Yes
Interventions (psychopharmacological and psychosocial) delivered in primary health care for people with mental disorders	Yes	Yes	Yes
Persons treated in mental health outpatient facilities	Yes	Yes	Yes
Contacts in mental health outpatient facilities	Yes	Yes	Yes
Persons treated in mental health day treatment facilities	Yes	Yes	Yes
Admissions in general hospitals with psychiatric beds	Yes	Yes	Yes
Admissions in mental hospitals	Yes	Yes	Yes
Days spent in mental hospitals	Yes	Yes	Yes
Admissions in community residential facilities	Yes	Yes	Yes

Note: a specific report focusing mental health activities has been published by the Health Department or any other responsible government unit in the last three years

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