



Spain

GENERAL INFORMATION

Spain is a country with an approximate area of 506 thousand square kilometers (UNO, 2008). The population is 45,316,586 and the sex ratio (men per hundred women) is 98 (UNO, 2009). The proportion of the population under the age of 18 years is 17% and the proportion above age 60 is 17% (UNO, 2009). The literacy rate is 100% for men and for women (UN Statistics, 2008). The life expectancy at birth is 77 years for males and 84 years for females (UNO, 2005-2010). The healthy life expectancy at birth is 71 years for males and 84 years for females (UNPD, 2010). The country is in the high income group (based on 2010 World Bank criteria). The total expenditure on health as a percentage of gross domestic product is 9.67% and the per capita government expenditure on health (PPP int. \$) is \$1757.0 (WHO, 2006). The suicide rate for males is 12.0 per 100,000 population and for females is 3.8 per 100,000 population. In Spain, neuropsychiatric disorders are estimated to contribute to 27.4% of the global burden of disease (WHO, 2008).

GOVERNANCE

An officially approved mental health policy exists and was approved or most recently revised in 2009. Mental health is also specifically mentioned in the general health policy.

A mental health plan exists and was approved or most recently revised in 2008. The mental health plan components include:

- Timelines for the implementation of the mental health plan.
- Shift of services and resources from mental hospitals to community mental health facilities.

Dedicated mental health legislation does not exist. However, legal provisions concerning mental health are covered in other laws (e.g., welfare, disability, general health legislation etc.).

FINANCING

Mental health expenditures by the government health department/ministry are 5.0% of the total health budget. Mental hospital expenditures are not available.

Note: Financing for mental health is de-centralized. However, the central government has spent approximately 9 million Euros over the last four years in funding the implementation of various projects within the individual provinces of Spain.

MENTAL HEALTH CARE DELIVERY

Primary Care

Prescription regulations authorize primary health care doctors to prescribe and/or to continue prescription of psychotherapeutic medicines. In contrast, the department of health does not authorize primary health care nurses to prescribe and/or to continue prescription of psychotherapeutic medicines. Similarly, official policy does not permit primary health care nurses to independently diagnose and treat mental disorders within the primary care system.

The majority of primary health care doctors have received official in-service training on mental health within the last five years. The majority of primary health care nurses have not received official in-service training on mental health within the last five years. Availability of officially approved manuals on the management and treatment of mental disorders is unknown. Official referral procedures for referring persons from primary care to secondary/tertiary care do not exist. Referral procedures from tertiary/secondary care to primary care also do not exist.

Mental Health Services

Availability of mental health facilities

	Total number of facilities/beds	Rate per 100,000 population	Number of facilities/beds reserved for children and adolescents only	Rate per 100,000 population
Mental health outpatient facilities	521	1.15	146	0.32
Day treatment facilities	115	0.25	55	0.12
Psychiatric beds in general hospitals	4,617	10.19	UN	UN
Community residential facilities	UN	UN	UN	UN
Beds/places in community residential facilities	UN	UN	UN	UN
Mental hospitals	88	0.19	0	0.00
Beds in mental hospitals	14,831	32.73	0	0.00

Access to care

	Rates per 100,000 population)	Females (%)	Under age 18 (%)
Persons treated in mental health outpatient facilities	UN	UN	UN
Persons treated in mental health day treatment facilities	UN	UN	UN
Admissions to psychiatric beds in general hospitals	504.28	46%	6%
Persons staying in community residential facilities at the end of the year	UN	UN	UN
Admissions to mental hospitals	69.66	UN	UN

Long term care in mental hospitals (% of persons staying):

Less than 1 year	UN
More than 1 and less than 5 years	UN
More than 5 years	UN

Data collected in 2011

UN = information unavailable, NA = item not applicable

HUMAN RESOURCES

Workforce and training

	Health professionals working in the mental health sector Rate per 100,000	Training of health professions in educational institutions Rate per 100,000
Psychiatrists	8.59 ^a	0.49
Medical doctors, not specialized in psychiatry	0.00	8.57
Nurses	6.57	20.90
Psychologists	UN	11.58
Social workers	UN	7.07
Occupational therapists	UN	1.73
Other health workers	UN	NA

Informal human resources (Family and User Associations)

	User	Family
Present in the country?	Yes	Yes
Number of members	UN	40000
Participation in the formulation/implementation of policy/plan/legislation?	frequently	frequently

MEDICINES

Expenditures for medicines for mental and behavioral disorders at country level

Type of Medicines	Expenditures at country level per year and per 100,000 population (in USD)
All the psychotherapeutic medicines ^b	4,562,981
Medicines used for bipolar disorders ^c	54,637
Medicines for psychotic disorders ^d	1,877,799
Medicines used for general anxiety ^e	467,900

^a Data do not include psychiatrists that are not affiliated with hospitals or medical centers (e.g. those with private practices).

^b N03AG01, N05A, N05B, N05C, N06A

^c N03AG01, N05A, N05B, N05C, N06A

^d N05A (excluding N05AN)

^e N05B & N05C

Data collected in 2011

UN = information unavailable, NA = item not applicable

Medicines used for mood disorders ^f	2,162,645
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INFORMATION SYSTEMS

	Data on number of people/ activities are collected and reported	Data on age and gender are collected and reported	Data on patient's diagnosis are collected and reported
Persons with mental disorders treated in primary health care	No	No	No
Interventions (psychopharmacological and psychosocial) delivered in primary health care for people with mental disorders	No	No	No
Persons treated in mental health outpatient facilities	No	No	No
Contacts in mental health outpatient facilities	No	No	No
Persons treated in mental health day treatment facilities	No	No	No
Admissions in general hospitals with psychiatric beds	No	No	No
Admissions in mental hospitals	No	No	No
Days spent in mental hospitals	No	No	No
Admissions in community residential facilities	No	No	No

Note: A specific report focusing mental health activities in the has been published by the Health Department or any other responsible government unit in the last three years.

OTHER INFORMATION

The Mental Health Strategy of Spain and an associated evaluation report were published in 2009 and are available at: http://www.msc.es/organizacion/sns/planCalidadSNS/pdf/excelencia/Resumen_Evaluacion.pdf
In English : http://www.msc.es/organizacion/sns/planCalidadSNS/pdf/excelencia/Resumen_Evaluacion_eng.pdf

^f N06A