



China, Hong Kong Special Administrative region

GENERAL INFORMATION

Hong Kong is a region with an approximate area of one thousand square kilometers (UNO, 2008) and a population of 7,069,378 (UNO, 2009). The proportion of the population above age 60 is 13% (UNO, 2009). Information regarding the literacy rates and life expectancies of both men and women are unavailable. This region is in the high income group (based on 2010 World Bank criteria). The suicide rate is 13.5 per 100,000 population (Hong Kong Government, 2010). The global burden of disease of neuropsychiatric disorders in Hong Kong are unknown.

GOVERNANCE

An officially approved mental health policy exists and was approved, or most recently revised, in 2009. Mental health is also specifically mentioned in the general health policy.

A mental health plan exists and was approved, or most recently revised, in 2010. The mental health plan components include:

- Timelines for the implementation of the mental health plan.
- Shift of services and resources from mental hospitals to community mental health facilities.
- Integration of mental health services into primary care.

Dedicated mental health legislation exists and was initiated, or most recently revised, in 1997. Legal provisions concerning mental health are also covered in other laws (e.g., welfare, disability, general health legislation etc.).

FINANCING

Mental health expenditures by the government health department/ministry are 10.3% of the total health budget. Mental hospital expenditures are 77.98% of the total mental health budget.

Note: Mental health expenditures include expenses on both healthcare and social welfare services.

MENTAL HEALTH CARE DELIVERY

Primary Care

Prescription regulations authorize primary health care doctors to prescribe and/or to continue prescription of psychotherapeutic medicines. In contrast, the department of health does not authorize primary health care nurses to prescribe and/or to continue prescription of psychotherapeutic medicines. Similarly, official policy does not permit primary health care nurses to independently diagnose and treat mental disorders within the primary care system.

The majority of primary health care doctors and nurses have not received official in-service training on mental health within the last five years. Officially approved manuals on the management and treatment of mental disorders are not available in the majority of primary health care clinics. Official referral

Data collected in 2011

UN = information unavailable, NA = item not applicable

procedures for referring persons from primary care to secondary/tertiary care do not exist. Referral procedures from tertiary/secondary to primary care also do not exist.

Mental Health Services

Availability of mental health facilities

	Total number of facilities/beds	Rate per 100,000 population	Number of facilities/beds reserved for children and adolescents only	Rate per 100,000 population
Mental health outpatient facilities	18	0.25	UN	UN
Day treatment facilities	889	12.58	UN	UN
Psychiatric beds in general hospitals	1543	21.83	UN	UN
Community residential facilities	45	0.64	UN	UN
Beds/places in community residential facilities	2999	42.42	UN	UN
Mental hospitals	2	0.03	UN	UN
Beds in mental hospitals	2046	28.94	UN	UN

Access to care

	Rates per 100,000 population)	Females (%)	Under age 18 (%)
Persons treated in mental health outpatient facilities	2288.74	UN	UN
Persons treated in mental health day treatment facilities	77.8	UN	UN
Admissions to psychiatric beds in general hospitals	135.8	UN	UN
Persons staying in community residential facilities at the end of the year	UN	UN	UN
Admissions to mental hospitals	84.87	UN	UN

Long term care in mental hospitals (% of persons staying):

Less than 1 year	62%
More than 1 and less than 5 years	19%
More than 5 years	19%

Data collected in 2011

UN = information unavailable, NA = item not applicable

HUMAN RESOURCES

Workforce and training

	Health professionals working in the mental health sector Rate per 100,000	Training of health professions in educational institutions Rate per 100,000
Psychiatrists	4.39	0.28
Medical doctors, not specialized in psychiatry	UN	3.54
Nurses	29.15	21.22
Psychologists	0.58	UN
Social workers	5.90	8.20
Occupational therapists	2.26	0.57
Other health workers	UN	NA

Informal human resources (Family and User Associations)

	User	Family
Present in the country?	Yes	Yes
Number of members	UN	UN
Participation in the formulation/implementation of policy/plan/legislation?	Not routinely	Not routinely

MEDICINES

Expenditures for medicines for mental and behavioral disorders at country level

Type of Medicines	Expenditures at country level per year and per 100,000 population (in USD)
All the psychotherapeutic medicines ¹	539,873
Medicines used for bipolar disorders ²	33,030
Medicines for psychotic disorders ³	324,295
Medicines used for general anxiety ⁴	29,899
Medicines used for mood disorders ⁵	152,651

¹ N03AG01, N05A, N05B, N05C, N06A

² N03AG01, N05A, N05B, N05C, N06A

³ N05A (excluding N05AN)

⁴ N05B & N05C

⁵ N06A

Data collected in 2011

UN = information unavailable, NA = item not applicable

INFORMATION SYSTEMS

	Data on number of people/ activities are collected and reported	Data on age and gender are collected and reported	Data on patient's diagnosis are collected and reported
Persons with mental disorders treated in primary health care	No	No	No
Interventions (psychopharmacological and psychosocial) delivered in primary health care for people with mental disorders	No	No	No
Persons treated in mental health outpatient facilities	Yes	No	No
Contacts in mental health outpatient facilities	Yes	No	No
Persons treated in mental health day treatment facilities	Yes	No	No
Admissions in general hospitals with psychiatric beds	Yes	No	No
Admissions in mental hospitals	Yes	No	No
Days spent in mental hospitals	Yes	No	No
Admissions in community residential facilities	Yes	No	No

Note: Mental health data (either on the public system, private system, or both) have been compiled for general health statistics in the last three years, but not in a specific mental health report.

Data collected in 2011

UN = information unavailable, NA = item not applicable