



World Health
Organization

The United Kingdom (Scotland)

GENERAL INFORMATION

The population of Scotland is 5,222,100 and the sex ratio (men per hundred women) is 94 (Office of National Statistics, UK, 2011). The proportion of the population under the age of 18 years is 21% and the proportion above age 60 is 23% (Office of National Statistics, UK, 2011).

The United Kingdom of Great Britain and Northern Ireland has an approximate area of 245 thousand square kilometers (UNO, 2008). The life expectancy at birth is 77 years for males and 82 years for females (UNO, 2005-2010). The healthy life expectancy at birth is 71 years for males and 82 years for females (UNPD, 2010). It is in the High income group (based on 2010 World Bank criteria). The total expenditure on health as a percentage of gross domestic product is 9.36% and the per capita government expenditure on health (PPP int. \$) is \$2457.0 (WHO, 2006). The suicide rate for males is 10.1 per 100,000 population and for females is 2.8 per 100,000 population. Neuropsychiatric disorders are estimated to contribute to 31.4% of the global burden of disease (WHO, 2008).

GOVERNANCE

An officially approved mental health policy exists and was approved, or most recently revised, in 1997. Mental health is also specifically mentioned in the general health policy.

A mental health plan exists and was approved, or most recently revised, in 2006. The mental health plan components include:

- Timelines for the implementation of the mental health plan.
- Funding allocation for the implementation of half or more of the items in the mental health plan.
- Shift of services and resources from mental hospitals to community mental health facilities.
- Integration of mental health services into primary care.

Dedicated mental health legislation exists and was initiated, or most recently revised, in 2003. Legal provisions concerning mental health are also covered in other laws (e.g., welfare, disability, general health legislation etc.).

FINANCING

Mental health and mental hospital expenditures by the government health department/ministry are not available.

MENTAL HEALTH CARE DELIVERY

Primary Care

Prescription regulations authorize primary health care doctors to prescribe and/or to continue prescription of psychotherapeutic medicines. The department of health authorizes primary health care nurses to prescribe and/or to continue prescription of psychotherapeutic medicines but with restrictions. It is unknown whether primary care doctors and nurses have received official in-service training on mental health within the last five years is unknown. Information regarding referral procedures is also unavailable.

Mental Health Services

Availability of mental health facilities

	Total number of facilities/beds	Rate per 100,000 population	Number of facilities/beds reserved for children and adolescents only	Rate per 100,000 population
Mental health outpatient facilities	UN	UN	UN	UN
Day treatment facilities	UN	UN	UN	UN
Psychiatric beds in general hospitals	5,572	106.7	UN	UN
Community residential facilities	UN	UN	UN	UN
Beds/places in community residential facilities	UN	UN	UN	UN
Mental hospitals	UN	UN	UN	UN
Beds in mental hospitals	UN	UN	UN	UN

Access to care

	Rates per 100,000 population)	Females (%)	Under age 18 (%)
Persons treated in mental health outpatient facilities	6,460.0	UN	UN
Persons treated in mental health day treatment facilities	UN	UN	UN
Admissions to psychiatric beds in general hospitals	UN	UN	UN
Persons staying in community residential facilities at the end of the year	UN	UN	UN
Admissions to mental hospitals	443.1	48.6%	0.19%

Long term care in mental hospitals (% of persons staying):

Less than 1 year	UN
More than 1 and less than 5 years	UN
More than 5 years	UN

Data collected in 2011

UN = information unavailable, NA = item not applicable

HUMAN RESOURCES

Workforce and training

	Health professionals working in the mental health sector Rate per 100,000	Training of health professions in educational institutions Rate per 100,000
Psychiatrists	UN	UN
Medical doctors, not specialized in psychiatry	8.43	100.6
Nurses	157.4	UN
Psychologists	6.42	UN
Social workers	UN	UN
Occupational therapists	UN	UN
Other health workers	UN	NA

Informal human resources (Family and User Associations)

	User	Family
Present in the country/region?	Yes	UN
Number of members	UN	UN
Participation in the formulation/implementation of policy/plan/legislation?	frequently	UN

MEDICINES

Expenditures for medicines for mental and behavioral disorders

Type of Medicines	Expenditures per year and per 100,000 population (in USD)
All the psychotherapeutic medicines ¹	UN
Medicines used for bipolar disorders ²	UN
Medicines for psychotic disorders ³	UN
Medicines used for general anxiety ⁴	UN
Medicines used for mood disorders ⁵	UN

¹ N03AG01, N05A, N05B, N05C, N06A

² N03AG01, N05A, N05B, N05C, N06A

³ N05A (excluding N05AN)

⁴ N05B & N05C

⁵ N06A

Data collected in 2011

UN = information unavailable, NA = item not applicable

INFORMATION SYSTEMS

	Data on number of people/ activities are collected and reported	Data on age and gender are collected and reported	Data on patient's diagnosis are collected and reported
Persons with mental disorders treated in primary health care	Yes	Yes	Yes
Interventions (psychopharmacological and psychosocial) delivered in primary health care for people with mental disorders	No	No	No
Persons treated in mental health outpatient facilities	Yes	Yes	Yes
Contacts in mental health outpatient facilities	No	No	No
Persons treated in mental health day treatment facilities	No	No	No
Admissions in general hospitals with psychiatric beds	Yes	Yes	Yes
Admissions in mental hospitals	No	No	No
Days spent in mental hospitals	No	No	No
Admissions in community residential facilities	Yes	Yes	Yes

Note: A specific report focusing mental health activities in the has been published by the Health Department or any other responsible government unit in the last three years.

Disclaimer:

Country or area names in the profile do not imply the expression of any opinion whatsoever on the part of World Health Organization concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries.