'Zero Draft'
Global Mental Health Action Plan
2013 to 2020

Summary of comments and views
Feedback on **STRUCTURE** of Global Plan

**Global Mental Health Action Plan**

- Introduction
- Global situation
  - Determinants and consequences of mental disorder
  - Health system resources and responses
- Vision and Cross cutting principles
- Goal and Time frame
- Objectives
- Actions for member states and secretariat (by objective)
- Actions by international and national partners
- Appendix 1: links to other global and regional action plans and strategies
- Appendix 2: conceptual overview of global mental health action plan
- Appendix 3: Options for the implementation of the global mental health action plan (by objective)

- Overall agreement with structure of draft action plan
- Options for implementation (Appendix 3) appreciated allowing flexibility in actions according to local context and diversity of countries
- Suggestions to include appendices for
  - Glossary
  - International and regional human rights instruments
  - WHO resources and tools
General comments on CONTENT

✓ Overall agreement with content of draft action plan
✓ Many inputs received on specific details of plan and on points to emphasize throughout all sections of the plan:
  ❖ More on promotion and prevention
  ❖ Greater emphasis on human rights protection
  ❖ Recovery concept should be better elaborated
  ❖ More focus vulnerable groups
  ❖ More attention to mental health of children and youth
  ❖ Greater emphasis on role of families and carers and need to provide support
Introduction

✓ More clarity on what disorders are covered

✓ Need to incorporate an expanded definition of mental health that encompasses children
Global situation

✓ Firmly base mental health in health context and strengthen linkages with socioeconomic determinants
✓ Refer to domestic violence, child abuse and maltreatment, discrimination and violations as factors that increase risk of mental disorders
✓ Refer to the International Convention on the Rights of Persons with Disabilities (CRPD) and its obligations
✓ Highlight *quality* of health services, not just access
✓ Highlight that non-pharmacological approaches are lacking
Vision, Principles, Goal

- **Vision**: include issues related to high quality, cultural appropriateness and timely services, recovery and promotion

- **Cross cutting principles**:  
  - Refer to *Universal* coverage, not just access  
  - For evidence based practice introduce the notion of cultural sensitivity

- **Goal**: include recovery and promotion of human rights
Objective 1

To strengthen effective leadership and governance for mental health

✓ Emphasize that not all countries require specific mental health policies and laws and that mental health should be mainstreamed into all health and social sector policies

✓ Emphasize that policies, laws and services should be developed and implemented in line with international and regional human rights instruments
Objective 2

To provide comprehensive, integrated and responsive mental health and social care services in community-based settings

- More emphasis on quality issues and need to provide culturally appropriate interventions
- Need to collaborate with faith & traditional healers
- Services need to address physical health needs of people with mental disorders and mental health needs of people with physical health problems, particularly in relation to NCDs and risk factors
- Services need to respond to the serious health and mental health consequences of adverse life events (e.g. war, domestic violence, child abuse)
- Assess and improve service access and response in relation to vulnerable groups including lesbian, gay, bisexual and transgender (LGBT) community
- Human resource development - address undergraduate and graduate educational curriculum and the need to mentor health workers in the field

Specific recommendation for action:
- Merge service re-organization and scaled up coverage subcategories under actions for Member states and WHO
- Create new sub-category focused on addressing disparities
Objective 3

To implement strategies for mental health promotion and protection, including actions to prevent mental disorders and suicide

- Highlight that early stages of life present an important opportunity for promotion and prevention
- More emphasis needed on programmes targeting children (e.g., programmes for early childhood, to reduce childhood adversity, for early identification and treatment) and on introducing or strengthening community child protection systems
- More prominence to the need to address stigma and discrimination (anti-discrimination laws, information campaigns)
- More emphasis on workplace programmes that address work organizational improvements
- For suicide prevention, need to address all 'at risk' groups (not just youth)
Objective 4
To strengthen information systems, evidence and research for mental health

<table>
<thead>
<tr>
<th>Information systems</th>
<th>Research</th>
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<tr>
<td>✓ Need for WHO to advise on a core set of mental health indicators</td>
<td>✓ Emphasize the need for more research in low and middle income countries and different cultural contexts</td>
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<td>✓ Key data and indicators need to be disaggregated by sex and age</td>
<td>✓ More research looking at how innovative best practice models can be scaled up in low income countries</td>
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<td>✓ Opportunities to draw on existing data (e.g. State and shadow reports submitted to human rights treaty bodies)</td>
<td>✓ Promote high ethical and human rights standards in mental health related research</td>
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ACTIONS BY INTERNATIONAL AND NATIONAL PARTNERS

✓ Reformulate and restructure the section to take into account that different actors (e.g., development agencies, academic and research institutions and civil society) can perform actions spanning across many areas (e.g., advocacy, research, service delivery)
Targets

✓ Targets do not reflect the scope of the objectives – Eg. target on treatment gap does not address the broader social services that people require

✓ Difficulty in measuring whether targets have been achieved – eg. how to measure expenditure on mental health in an integrated system?

✓ Some comments suggest targets are too ambitious; others that targets not ambitious enough