

Alcohol



The time to act is now

Reduce harmful use of alcohol



World Health
Organization

www.who.int/mental_health

Depression

**Leading cause
of disability
worldwide...**

The time to act is now

Improve individual & community wellbeing
by preventing and treating depression



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Epilepsy

As many as 9 out of 10 with epilepsy in many parts of Africa go untreated



The time to act is now

Treat epilepsy with as little as \$5 per person per year



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Human Rights

HUMAN WRONGS



The time to act is now

Empower people with mental disabilities
to protect their rights



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Mental Health

No health without
mental health



The time to act is now

Integrate mental health in primary
health care



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Suicide

every **40** seconds...



**somebody dies
from suicide**

The time to act is now

Provide support and restrict access to pesticides and other suicide means



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