

**Report on the Mental Health Policy Project:**  
**First International Training Forum on Mental Health  
Policy-Making and Service Development**

Tunis, 27-29 November 2002

This document reports on the discussions and key recommendations made at a WHO Training Forum on mental health policy-making and service development organized by the Mental Health Policy and Service Development Team of the Department of Mental Health and Substance Dependence and the WHO Mediterranean Centre for Vulnerability Reduction.



Copyright 2002

**Mental Health Policy and Service Development  
Department of Mental Health and Substance Dependence  
Noncommunicable Diseases and Mental Health  
World Health Organization**

This report was prepared by Dr Crick Lund of the Department of Psychiatry and Mental Health, University of Cape Town, South Africa.

© World Health Organization 2002

This document is not issued to the general public, and all rights are reserved by the World Health Organization (WHO). The document may not be reviewed, abstracted, quoted, reproduced or translated, in part or in whole, without the prior written permission of WHO. No part of this document may be stored in a retrieval system or transmitted in any form or by any means - electronic, mechanical or other - without the prior written permission of WHO.

The views expressed in documents by named authors are solely the responsibility of those authors.

This report contains the collective views of an international group of experts, and does not necessarily represent the decisions or the stated policy of the World Health Organization.

# CONTENTS

1. Training forum: Purpose and goals
  2. Opening speeches
  3. Presentations and discussions
    - 3.1 Plenary meetings
    - 3.2 Regional discussion groups
    - 3.3 Requests for assistance and offers of experience: group discussions
  4. Feedback and key conclusions of the Training Forum
    - 4.1 Headline messages from each Regional Group
    - 4.2 Next steps
      - 4.2.1 Networks
      - 4.2.2 Further international and regional training events
  5. Closure
- Annex 1 – List of Participants  
Annex 2 – Agenda  
Annex 3 – Headline messages from regional group feedback

## **Report on the Mental Health Policy Project:**

### **First International Training Forum on Mental Health Policy and Services Tunis, 27-29 November 2002**

#### **1. Training forum: Purpose and goals**

The Mental Health Policy Project (MHPP) has been established by WHO as a means of implementing the findings of the World Health Report 2001 (WHR). There is a significant gap between the current global burden of mental disorders and the policy, services and resources which are available to address this burden. The MHPP is addressing this gap by providing technical assistance to countries for the development of mental health policy and services.

In the first phase of the MHPP, a **Guidance Package** for mental health policy and service delivery has been developed. This guidance package has been compiled by a group of technical experts over a 2-year period, in consultation with a wide range of international experts and stakeholders in the field of mental health. The guidance package is nearing completion and will be published in early 2003. The package includes 8 modules covering the Mental Health Context; Mental Health Policy, Plans and Programmes; Legislation and Human Rights; Financing; Advocacy; Quality Improvement; Organization of Services; and Planning and Budgeting for Service Delivery. Further modules addressing Human Resources and Training; Information Systems; Improved Access to Psychotropic Drugs; Child and Adolescent Mental Health; Research and Evaluation; and Workplace Policies and Programmes are under development.

For the second phase, WHO has planned a series of **Training Forums** on central topics with regard to mental health policy and service development, as well as the provision of direct country technical support. These Forums will convene country policy-makers and mental health experts (also NGOs, consumer groups and other key stakeholders where relevant), to develop mental health policies, plans and services in participating countries. The training will be based directly on the guidance package developed in phase one. This document reports on the First International Training Forum of the MHPP.

#### **Goals of the Tunisia Training Forum**

- To increase participants' understanding of MHPP
- To help participants to understand the use of the modules in the Guidance Package
- To increase participants' ability to use tools and techniques for policy development
- To establish new international networks of expertise
- To enable participants to establish a clearer view about their own needs regarding mental health policy

## **2. Opening speeches**

Mr Peter Key, lead facilitator, welcomed the participants and outlined the purpose of the Training Forum. He provided an overview of the programme and ways of working.

Dr Benedetto Saraceno, Director, Department of Mental Health and Substance Dependence, outlined the background to the Training Forum and provided an overview of the Mental Health Policy and Services Guidance Package (see presentation, Annex 3).

The Training Forum was officially opened by Dr H. M'Barek, Minister of Health, Tunisia. Dr M'Barek began by thanking Dr Saraceno, the staff of WHO HQ, the Eastern Mediterranean regional office (EMRO), and the WHO Mediterranean Centre for Vulnerability Reduction (WMC). He welcomed the many experts present and wished them success in the Training Forum. He also expressed thanks to WHO for choosing Tunisia for this important scientific meeting. Dr M'Barek stressed the significance of the Training Forum and the seriousness with which WHO takes mental health. In recent years, WHO has been active on a global and regional level, promoting the issue of mental health. Specialists and organizations from many countries were represented at the Training Forum to exchange expertise and address the demographic changes which are leading to new manifestations of mental disorder.

In his address, Dr Saraceno stressed the importance of the Training Forum for developing mental health policy and plans in countries. In 2001 the World Health Report proposed 10 key recommendations. The mental health Global Action Programme (mhGAP) has been set up to implement these recommendations and address the gap between current knowledge and the reality of service delivery in many countries. The MHPP forms a key component of mhGAP. Dr Saraceno thanked the Dutch government for their initial financial support in setting up the mhGAP.

In his address, Dr A. Mohit, Regional Adviser, Mental Health and Substance Abuse, Regional Office for the Eastern Mediterranean, emphasized the historical nature of the Training Forum. In a context in which mental health is a growing priority in health, many countries have developed national mental health programmes with the aim of integrating mental health into the general health system. This Training Forum is an historical step, aimed at disseminating new knowledge and advancing practical mental health plans and programmes for countries.

Dr T. Mertens, Director, WMC welcomed participants to the Training Forum and introduced the WMC and its programmes.

## **3. Presentations and discussions**

### **3.1 Plenary meetings**

During the plenary meetings, which included all participants, a series of presentations and panel discussions were held (see box).



### **3.2 Regional discussion groups**

Group meetings were constituted according to the WHO regions, and further subdivided by language, totalling nine groups. There were six group sessions during the Training Forum, which covered the following topics:

- Getting to know participants
- Reflections on the Mozambique case study
- Using the policy tools and techniques: stakeholder analysis
- Using the policy tools and techniques: creating visions
- Reflections on the South African case study
- Reviewing the Training Forum

The Regional Groups provided an active learning environment, through which participants could discuss the presentations in relation to their own experience of mental health policy development and planning in their own countries.

### **3.3 Requests for assistance and offers of experience: group discussions**

During the course of the Training Forum, the facilitators asked participants to submit specific written requests for assistance and offers of experience. These were compiled by Mr Key and Dr Bertolote, who organized discussion groups for one session around the following topics:

- Mental health policy development and implementation
- Service organization
- Advocacy
- Quality improvement
- Legislation
- Financing
- Training

The requests for assistance and offers of experience provided an opportunity for participants to raise particular questions in relation to specific topics and learn from the shared expertise of the group.

## **4. Feedback and key conclusions of the Training Forum**

### **4.1 Headline messages from each Regional Group**

During the final plenary session, representatives from each of the regional groups presented feedback on the major learning experiences of the Training Forum, as well as an evaluation of its success. A more detailed account of this feedback is provided in Annex 3. Some of the headline messages are set out in the following box.

### **Some headline messages from regional groups**

“The Training Forum presented a useful opportunity to exchange ideas regarding mental health policy development.”

“In spite of the diversity in our situations, we found that we have very similar problems in the countries of our region. People felt that they are now not alone...”

“We regretted that the modules were presented too rapidly and we were not able to assimilate the information. It would be very useful to translate the modules in the working languages of WHO.”

“The specificity of the forum was useful, allowing for detailed discussion of the realities of countries’ mental health policy and services.”

“Seeing a variety of countries and their challenges helped us to understand our own situations and gave us a conceptual framework for continuing further.”

“We found that there were many resources in mental health in our countries, but many of these were hidden and not in formal settings.”

“The presence of donors was very useful, with their input.”

“We were concerned that many of the poorer countries were not here. Drug company sponsorship could help.”

“In spite of the long hours, we found that people continued to discuss in their spare time and during meals – a good indicator of the success of the training forum.”

“We became aware of being part of an international community. We built strong personal bonds, as a result of being part of a network. We have collected visions, values, principles which will be useful for our future work.”

## **4.2 Next steps**

### **4.2.1 Networks**

It was agreed that networks were an important means of carrying forward the work of the Training Forum. After a detailed discussion of the nature and *modus operandi* of networks, several possible themes for networking were suggested:

- MH Policy development and implementation
- Service organisation
- Advocacy
- Quality
- Legislation

- Financing
- Training

To assist with the development of networks, WHO has offered the following **internet services**:

1. Department of Mental Health and Substance Dependence web site – from which it is possible to download all the documents that the Department of Mental Health and Substance Dependence has published in the last 5 years: [www.who.int/mental\\_health](http://www.who.int/mental_health)
2. A second website (Atlas) offers a service for gathering information regarding existing global mental health resources. Up to 6 Atlas variables can be entered e.g. country, indicator, etc. This mechanism can be used for gathering information, doing research and using data from other countries to develop policy, plans and programmes: <http://mh-atlas.ic.gc.ca/>
3. A web board has been established for the use of those involved in mental health policy and planning – it requires a password, in order to retain the modules under WHO control. The web board can be used to ask specific questions related to policy and services or engage in discussion over these issues. It is envisaged that the web board will provide a forum for networking and providing solutions to the problems that are encountered in mental health policy and service development: <http://discuss.who.int:8080/~mhpp>

#### **4.2.2 Further international and regional training events**

- The 2<sup>nd</sup> International Training Forum: Mental Health, Human Rights and Legislation (November 2003)
- SEARO Regional Seminar on mental health policy (10-12 February 2003)
- Indian national seminar on mental health policy (13-15 February 2003)
- Indonesian national seminar on mental health policy (July 2003)
- Thailand national seminar on mental health policy (date to be finalised)
- AFRO regional seminar on mental health policy (March-April 2003)
- Proposed establishment of a training programme for mental health planners and managers from African countries at the WHO Collaborating Centre, Department of Psychiatry and Mental Health, University of Cape Town (dates to be finalised)
- EMRO regional meeting to discuss the implementation of policy from the modules (September 2003)

## 5. Closure

Dr Saraceno concluded the Training Forum by highlighting its major achievements (see box). He stressed that the Training Forum was the beginning of a longer term process. Between now and the next Training Forum in November 2003, it will be important to keep the momentum going, to create a critical mass of 48-50 countries that have received technical support from WHO for developing mental health policy and plans.

### **Achievements of the Training Forum**

1. Presentation of the modules of the new WHO Guidance Package to countries who are engaged in mental health policy and service development.
2. Expanding the number of WHO mental health experts. The long term goal of the forum is to develop a network of WHO consultants throughout the world. This includes south-south exchanges, not just north-south exchanges.
3. Creating a network of experience that is flexible and evolving. An increased demand for assistance is likely to follow from countries. WHO is hoping to respond to this, and mobilize resources to meet this demand, with the help of donors.

Dr Saraceno thanked the many individuals and organizations who had made the Training Forum possible, including administration staff, WMC staff, participants, trainers, facilitators, the governments of Australia, Belgium, Finland, Italy, the Netherlands, New Zealand and Norway, as well as the Eli Lilly and Company Foundation, Johnson and Johnson Corporate Social Responsibility Europe, Xi-an Janssen Pharmaceutical Ltd, and the Government of Tunisia.

Mr Peter Key and Dr Thierry Mertens concluded the Training Forum by thanking the administrative staff, interpreters, staff in Geneva, the Tunisian Ministry of Health and staff of the WMC for hosting and organizing the event.

## Annex 1. List of participants

### **African Region:**

Dr Samuel K. Allotey  
Pantang Hospital  
Box PL - 81 Legon  
Accra, Ghana  
Tel.+233 21 501 024  
Fax +233 21 501 024  
skallotey@hotmail.com

Dr Abdulreshid Abdullahi Bekry  
Faculty of Medicine,  
Department of Psychiatry, AAU,  
P.O. Box 9086  
Addis Ababa, Ethiopia  
Tel/fax. 251 1 511 079  
e-mail: abdulreshid\_a@hotmail.com  
Fax 244 2 33 23 14

Mrs Virginia Chakalisa  
National Mental Health Coordinator,  
Ministry of Health, Private Bag 0038  
Gaborone, Botswana  
Tel. (267) 356911 or 357990, ext. 226  
Fax (267) 357 952  
vchakalisa@gov.bw

Mrs Immaculate Chamangwana  
Focal Person for Mental Health  
c/o WHO Representative for Malawi  
PO Box 30390 UNISANTE LILONGWE 3  
Lilongwe 3, Malawi  
e-mail: zmh@malawi.net

Dr Simliwa Kolou Valentin Dassa  
Médecin Psychiatre-assistante,  
Chef de Clinique et psychiatre assistante des services universitaires des hôpitaux de  
la Faculté mixte de Médecine et de Pharmacie, B. P. 1515,  
4231 Lomé, Togo  
Tel. (228) 226 7768  
kdassa@hotmail.com

Dr Daniel Silves Ferreira  
Focal Point for Mental Health,  
Ministry of Health  
C.B. 47, Praia, Cape Verde  
Tel:+238 610 105, & 238 623 591  
Fax: +238 613991  
Daniel.Ferreira@ms.gov.cv

Professor Kodjo Grunitzky  
Faculty of Médecine, B. P. 1515  
4231 Lomé, Togo  
Tel. (228) 226 7899  
e-mail [kgrunitz@tq.refer.org](mailto:kgrunitz@tq.refer.org)

Dr Ahmd Ould Hamady  
Coordinator, National Mental Health Programme, B. P. 78,  
Nouakchott, Mauritania  
Tel. 633 0280/ 643 1409  
e-mail: [ouldhamady@yahoo.fr](mailto:ouldhamady@yahoo.fr)

Ms Yvonne Kayiteshonga  
Programme national de Santé mentale  
BP 181, Kigali, Rwanda  
Tel 00250 570 916  
Fax : 00250 574 866  
e-mail : [ykayiteshonga@yahoo.fr](mailto:ykayiteshonga@yahoo.fr)  
[scps@rwanda1.com](mailto:scps@rwanda1.com)

Ms Nomusa D. Mabaso  
Department of Health  
Private Bag 828  
Pretoria, South Africa  
Tel: +27 12 3120478  
Fax: +27 12 3231913  
email: [mabason@health.gov.za](mailto:mabason@health.gov.za)

Mrs Malephoi Makara  
Mohlomi Hospital, P.O. Box 540  
Maseru 100, Lesotho  
Tel. 02966 5877 4820 (mobile)  
Tel. 02966 2232 7710/ 2231 3744  
e-maim: [mohlomihospital@ilesotho.com](mailto:mohlomihospital@ilesotho.com)

Mr John Mayeya  
Mental Health Specialist,  
Central board of health  
PO Box 32588 Lusaka  
Lusaka, Zambia  
Tel. 260 1 2531 79/80  
Fax: 260 1 253173  
e-mail: [jmayeya@cboh.org.zm](mailto:jmayeya@cboh.org.zm) or  
[jmayeya@hotmail.com](mailto:jmayeya@hotmail.com)

Dr Joseph Mbatia  
National Mental Health Coordinator,  
Mental Health Resource Centre  
Ministry of Health, P.O. Box 65023  
Dar es Salaam, Tanzania  
Tel: +255 (22) 266 7339  
Fax: +255 (22) 215 1537  
email: [jmbatia@muchs.ac.tz](mailto:jmbatia@muchs.ac.tz)

Dr Edward Nahim  
Psychiatrist, Ministry of Health  
34 Ecowas, Freetown, Sierra Leone  
Tel. 076 610 487,  
e-mail: nahim57@yahoo.co.uk

Dr Sheila Ndyanabangi  
Principal Medical Officer,  
Ministry of Health  
P.O. Box 7272  
256 Kampala, Uganda  
Tel. +256 41 231 566/ 719  
Fax +256 41 340 877  
e-mail: zaramba@moh.go.ug

Mr Sifiso Owen Phakade  
National Department of Health  
Private Bag 828  
Pretoria, South Africa  
Tel: +27 12 312 0486  
Fax: +27 12 3231913  
Email: [Phakao@health.gov.za](mailto:Phakao@health.gov.za)

Dr Rui da Encarnação Pires  
Att. Dr Paolo Balladeli, WR/ANGOLA  
Rua Major Kahangulo  
Prédio das Nações Unidas  
197- 3 Andar  
C.P. 3243, Luanda, Angola  
Tel. 244 2 332398

Dr Jagjivan Ram Takoorparsad Purmessur  
Psychiatrist, C, Bissoonauthsing  
328, J. Kennedy Ave.  
Valoas, Mauritius  
Tel. + 230 627 4951  
Fax + 230 627 4981

Dr Yohannes Tadesse, Head,  
Health Services and Training Department  
Federal Ministry of Health,  
1234 Addis Ababa, Ethiopia  
Tel 251 1 159 9976  
Fax 251 51 26 91  
e-mail:moh@telecom.net.et

**American Region:**

Mr Tennyson Springer  
Hospital Director, Psychiatric Hospital  
Ministry of Health, Barbados  
Black Rock, St Michael, Barbados  
Tel: +1-246 4258691/Fax: +1-246 425 7347  
e-mail: dirpsyche@sunbeach.net

Dr Ermine C. A. Belle  
Senior (Consultant) Psychiatrist,  
Ministry of Health, Black Rock,  
St Michael, Barbados  
Tel: +1-246 4258692/Fax:+1-246 4257347  
e-mail: ebel36@caribsurf.com

Dr Jorge Vega, Unidad de Salud Mental  
Departamento de Salud de las Personas  
Ministerio de Salud, Mac-Iver 541  
Santiago, Chile  
Tel. 562-630-0710/Fax: 562 664 2719  
[jvega@vtr.net](mailto:jvega@vtr.net) or [jvega@minsal.cl](mailto:jvega@minsal.cl)

Dr Hernan Chavez, Director, Salud Mental  
Ministerio de Salud Pública,  
Edificio A, Juan Larrea 446 y Riofrío  
Quito, Ecuador  
Tel. +593 22 52 14 11/  
Fax: +593 22 56 97 86  
[shchavez@hotmail.com](mailto:shchavez@hotmail.com)  
[hnoboa@ecu.ops-oms.org](mailto:hnoboa@ecu.ops-oms.org)

Dr Agustín Vélez Barajas  
National Council against Addictions  
Ministry of Health, Reforma 450 7<sup>th</sup> floor  
Colonia Juarez CP 06600  
Delegación Cuauhtemoc  
México City, Mexico  
Tel. 52 55 559 58 673  
e-mail: [avelez@ssa.gob.mx](mailto:avelez@ssa.gob.mx)  
[agusvel@yahoo.com](mailto:agusvel@yahoo.com)

Dr Manuel Lujan Agreda  
Health Promotion General Direction  
Ministerio de Salud  
Av. Salaverry s/n, Lima, Peru  
Tel. +51 315 6660  
e-mail: [mlujana@minsa.gob.pe](mailto:mlujana@minsa.gob.pe)  
cc: [mlujan@mailtv.ole.com](mailto:mlujan@mailtv.ole.com)

Mr Darrel Montrope  
Chief Planner  
Ministry of Health, Human Service  
& Family Affairs, Castries, St. Lucia  
Tel. +1 758 451 8242/Fax: +1 758 452 5655  
e-mail: darmontrope@hotmail.com, or  
dmontrope@candw.lc, or chfhealthplan@candw.lc

**Eastern Mediterranean Region:**

Dr Ahmed Al-Ansari  
Consultant Psychiatrist  
Ministry of Health  
P O Box 12,  
Manama, Bahrain  
Tel: +973 279300;  
Fax: +973 270637,  
e-mail: [ansariah@batelco.com.bh](mailto:ansariah@batelco.com.bh)

Professor Mohamed Ghanem  
General Secretary of Mental Health  
2 Sherif Str. Bab El Louk,  
P.O. 11 811  
11 111 Cairo, Egypt  
Tel.: 01 066 95 855  
Fax: +202 261 8691 or 261 8895  
e-mail: ghanemohamed2002@yahoo.com

Dr Mohammad Taghi Yasamy,  
Ministry of Health & Med. Education  
68, South Iranshahr Street  
Tehran, Islamic Republic of Iran  
Tel: +9821 8812953  
email: yas@hbi.or.ir

Dr Abderrahmane Didouh  
71, Av Avicenne  
(IBN Sina)  
Aguedol  
Rabat, Maroc  
Tel/Fax : 00212 3767 1195

Dr Yaser Baqer  
P.O.Box 510, Code 130  
Al Azaiba, Muscat  
Sultunate of Oman  
Tel: + 968 9467278  
Fax: + 968 575362  
e-mail: yaros29@hotmail.com

Dr Bassam Al-Ashhab  
Director of Child Mental Health  
Palestinian Ministry of Health,  
P.O. Box 20802? Jerusalem  
Tel. +972 2 581 9896  
Fax +972 2 581 9896  
[bassam@jwmail.com](mailto:bassam@jwmail.com)

Dr Ayesha Sammour  
Palestinian Ministry of Health  
Gaza  
Tel. + 970 8286 9893  
Fax +970 8287 9864

Dr Khalid Saeed  
Institute of Psychiatry  
B-18 RMC Staff Colony  
Chaklala Road  
Rawalpindi; Pakistan  
Tel (Res) 0092 51 559 0903  
Tel (Off) 0092 51 929 0299  
Fax: 0092 51 442 9606

Dr Pierre Chiniara  
Director of MH Program  
Ministry of Health  
Damascus, Syria  
Tel/fax 245 3927

Dr Hichem Abdessalem  
Directeur Général de l'Unité de la Coopération Technique  
c/o Ministère de la Santé Publique  
1006 Bab Saadoun,  
Tunis, Tunisia  
Tel: 216 71 577000 std.  
Tel: 216 71 562 303dir  
Fax: 216 71 569 098  
e-mail : hichem.adessalem@rns.tn

Dr Mounira Garbouj  
Directeur des Soins de Santé de Base  
31, rue Khartoum  
1002, Tunis Belvédère, Tunisia  
Tel: 216 71 797 478/ 216 71 790 233/  
216 71 789 148dir  
Fax: 216 71 789 679

Professor Saïda Douki  
Chef de Service de Psychiatrie à l'Hôpital  
et Présidente de l'Association tunisienne  
de Psychiatrie  
Razi de la Manouba 2010  
c/o Ministère de la Santé Publique  
1006 Bab Saadoun, Tunis, Tunisia  
Tel. 216 1 600 154  
Fax 216 1 750 103  
saida.douki@gnet.tn

Dr Mounira Nabli  
Chef du service des Maladies non Transmissibles à la DSSB  
et Responsable du Programme National de Santé de Base  
31, rue Khartoum  
1002, Tunis Belvédère, Tunisia  
Tel: 216 71 797 478/ 216 71 790 233  
Fax: 216 71 789 679

Dr Ines Trabelsi  
Assistante hospitalo-universitaire  
Service du Professeur Haffani  
Hôpital Razi de la Manouba  
Gouvernorat de la Manouba  
Tunisia  
Fax 71 601 555

Professor Mohamed Nasr  
Chef du Service de Psychiatrie  
CHU, Mahdia 5100, Tunisia  
Tel : 216 98 408 349  
Tel : 216 3 306 891  
e-mail : m-nasr.psy@gnet.tn

Dr Rabâa Jemni  
Coordinateur Régional du Programme de Santé Mentale à Béja  
c/o Ministère de la Santé Publique  
1006 Bab Saadoun,  
Tunis, Tunisia

Dr Larbi Hamzaoui  
Chef du Service Régional de Santé de Base  
à Ben Arous  
c/o Ministère de la Santé Publique  
1006 Bab Saadoun,  
Tunis, Tunisia  
Tel: 71 446 000  
Fax: 71 432 544

Dr Ben Ali Bechir  
Service de Psychiatrie  
CHU  
4000 Sousse, Tunisia

Dr Abdul Elah H. Al-Eryani  
National Director of Mental Health Programme  
P.O. Box 2607  
Sana'a, Yémen  
Tel/Fax: 0096 71 446 626

**European Region:**

Dr Petrit Vasili  
Vice-Minister of Health  
Ministry of Health  
Tirana, Albania  
Tel/Fax 355 43 64270  
e-mail: [vmiho@albaniaonline.net](mailto:vmiho@albaniaonline.net)

Dr Neli Demi  
WHO Technical Assistant, Mental Health  
c/o Ministry of Health  
Tirana, Albania  
Tel. 355 4 223 841/266 162  
[demin@who-albania.org](mailto:demin@who-albania.org)

Dr Devora Kestel  
Mental Health Officer WHO STP  
c/o Ministry of Health  
Tirana, Albania  
Tel. 355 4 223 841/266 162  
[dkestel@who-albania.org](mailto:dkestel@who-albania.org)

Dr Santino Severoni  
WHO Head of Mission  
Rr "Leké Dukagiini" Nr 5  
Tirana, Albania  
Tel. +355 4 223 841, 266 162  
Direct: 355 4 266 163  
Fax: 355 4 841 266 162  
[severonis@who-albania.org](mailto:severonis@who-albania.org)

Dr Joan Obiols-Llandrich  
Director, Mental Health Services  
Fiter I Rossell 1-13,  
Centre de Salut Mental  
Escaldes, Andorra  
Tel. +376 871 178  
Fax +376 864 816  
e-mail: [jobiols@andorra.ad](mailto:jobiols@andorra.ad)

Mr Bob Cools  
Advisor to the Minister of Health,  
Ministère fédéral des Affaires sociales et de l'Environnement, Kunstlaan 7  
B-1210 Bruxelles, Belgium  
Tel. 0032 2 220 2085  
Fax : 0032 2 220 2067  
e-mail : [bob.cools@minsoc.fed.be](mailto:bob.cools@minsoc.fed.be)

Ms Leen Meulenbergs  
Advisor to the Minister of Health,  
Ministère fédéral des Affaires sociales et de l'Environnement  
Cité administrative de l'Etat, Bureau 308, bte 5, Boulevard Pachéco, 19  
c/o Esplanada Bldg Room 303,  
Pachecolaan 19, B5  
B-1010 Bruxelles, Belgium  
Tel. 32 2 210 44 62  
Fax. 32 2 218 67 46  
e-mail: [Leen.Meulenbergs@health.fgov.be](mailto:Leen.Meulenbergs@health.fgov.be)

Professor Cyril Höschl  
Director, Prague Psychiatric Centre  
Ústavní 91,  
181 03 Prague 8, Czech Republic  
Tel. +420 2 66 00 31 30  
Fax: +420 2 55 00 31 34  
[hoschl@pcp.lf3.cuni.cz](mailto:hoschl@pcp.lf3.cuni.cz)

Ms. Piret Kokk  
Estonian Patients Advocacy Association  
Patient advocate/ Co-ordinate of Mental Health Policy Forum, Endla 59  
Tallinn 10615, Estonia  
Tel. (372) 656 6429  
Fax: (372) 626 6428  
e-mail: [piret@epey.ee](mailto:piret@epey.ee) or [piret.laur@sm.ee](mailto:piret.laur@sm.ee)

Dr Athanassios Constantopoulos,  
Director, Mental Health Centre  
Zalogou 6, Agia Paraskevi  
154 43 Attica, Greece  
Tel. 30 1060 16030  
Fax 30 1063 98697  
e-mail: [mhc@otenet.gr](mailto:mhc@otenet.gr)

Dr Renāte Pupele  
Director, Ministry of Welfare,  
Department of Health  
Skolas Street 28  
LV-1331 Riga, Latvia  
Tel. +371 702 1615  
Fax: +371 702 1565  
e-mail: [Renate\\_pupele@lm.gov.lv](mailto:Renate_pupele@lm.gov.lv)

Professor Vitomir Micev  
University Clinical Center for Psychiatry  
Vodnjanska No. 17  
Skopje, 1000 Macedonia  
Tel. +(389 2) 111 779 or 147 309  
mob. tel +389 70 233 088

Professor Valeri Krasnov  
Director  
Moscow Research Institute of Psychiatry  
Poteschnaya 3  
107076 Moscow  
Russian Federation  
Tel. +7 095 963 7626"Fax +7 095 963 0997  
or +7 095 963 7624  
e-mail: [krasnov@mtu-net.ru](mailto:krasnov@mtu-net.ru)

Professor Boris Kazekovtsev  
Chief Psychiatrist  
Ministry of Health of the Russian Federation  
Rahmanovskij pereulok 3  
101 431 GSP Moscow K51  
Russian Federation

Mrs Nuray Gumushan  
Prime Ministry Project Implementation Units  
Blikent Plaza, B1 Block, floor 1, 06530,  
Bilkent/Ankara Turkey  
Tel: 90 312 417 95 77  
Fax: 90 312 266 77 33  
e-mail: [nurayko@hotmail.com](mailto:nurayko@hotmail.com)

Dr K. Gölchen Elgin  
Bohgelieuler Moh 19 Sok  
Nr 11/1, Ankara, Turkey

Dr Colin Rickard  
Doctorate of Projects,  
Royal Free Hampstead NHS TRUST  
Pond Str., Hampstead,  
London NW3 2QG, Great Britain  
Tel. 44 20 7472 4410  
Fax 44 20 7830 2897  
e-mail: [crickard@rfc.ucl.ac.uk](mailto:crickard@rfc.ucl.ac.uk)

Ms Christina Hemmett  
Research Fellow  
Royal Free & University College Medical School, Department of Psychiatry &  
Behavioural Sciences  
Rowland Hill Str.  
London NW3 2PF Great Britain  
Tel. +44 20 7472 4410  
Fax +44 20 7830 2897  
e-mail: [cemmett@rfh-projects.org.uk](mailto:cemmett@rfh-projects.org.uk)

Dr John Christopher Mahoney  
Joint Head of Mental Health Department  
Wellington House, Waterloo  
London SE1, Great Britain  
Tel. +44 207 972 4330  
Fax +44 207 972 4147  
e-mail: John.Mahoney@doh.gsi.gov.uk

Dr John Jenkins  
Implementation Consultant,  
National Service Framework,  
Department of Health  
121 Exeter Road,  
Dalwish, Devon EX7 0AN, Great Britain  
Tel. 44 1626 864 807  
Fax 44 207 4147  
jjenkins@doh.gsi.gov.uk  
or john@keepwell-uk.com

Dr Nargiza Djamalovna Khodjaeva  
Chief Specialist,  
Ministry of Health  
12, Navoi Street  
Tashkent 700012, Uzbekistan  
Tel. +99 871 131 0139  
Fax +99 871 144 1033  
e-mail: khodjaevanargiza@yahoo.com

**South East-Asian Region:**

Dr Yusmansyah Idris, Psychiatrist  
Director of Community Mental Health  
Ministry of Health,  
Jl. H.R. Rasuna Said Kav. X 5 NE : 04 s/d 09  
Jakarta 12950, Indonesia  
Tel. 62 21 520 1587/Fax 62 21 520 1588

Dr Yongyud Wongpiromsarn, Director  
Bureau of Health Policy and Planning,  
Office of the Permanent Secretary,  
Ministry of Public Health  
Tiwanon Road  
Nonthaburi 1100, Thailand  
Tel. +66 2 590 1387  
Fax + 66 2 590 1393  
e-mail: yongyud@health.moph.go.th

Dr Prawate Tantipiwatanaskul  
Bureau of Mental Health Technical Development, Department of Mental Health,  
Ministry of Public Health  
Tiwanon Road  
Nonthaburi 11000, Thailand  
Tel. +66 2 951 1383  
Fax + 66 2 951 1384  
e-mail: tprawate@ksc.th.com

**Western Pacific Region:**

Professor Ka Sunbaunat  
University of Health Sciences  
No. 73, Preah Monivong Boulevard  
Phnom Penh, Cambodia  
Tel. +855 23 1286 5440  
Fax +855 23 430 732  
e-mail: ksbaunat@forum.org.kh

Dr Xu Guihua  
Deputy Director,  
Professor Chinese Center for Disease Control and Prevention  
No. 27 Nanwei Road,  
Xuan Wu District, Beijing 100050, P. R. China  
tel.+86-10-63022935

Dr Zhang Li  
Division Chief, Division of NCDs Control  
Department of Disease Control  
Ministry of Health,  
No.1 Xizhimenwai South Road,  
Xicheng District, Beijing 100044, P. R. China  
Tel. +86-10-6879 2366  
Fax.+86-10-6879 2514

Dr Zhao Ning  
Division Chief, Division of Health Legislation  
Department of Health Legislation & Inspection, Ministry of Health,  
No.1 Xizhimenwai South Road,  
Xicheng District, Beijing 100044, P. R. China  
Tel.+86-10-6879 2392  
Fax.+86-10-6879 2387  
e-mail: dhl@chsi3.moh.gov.cn

Dr Li Jingwu  
Division Chief, Department of Education, Science, Culture and Health  
Legislative Affairs Office of the State Council  
No.9 Wenjin Street,  
Beijing 100044, P. R. China  
Tel. +86 10 8308 7180  
Fax. +86 10 6309 4002

Dr Yao Hong  
Deputy Director  
Department of Medical Insurance  
Ministry of Labour and Social Security  
No.12 Hepingli Zhongjie,  
Beijing 100716, P. R. China  
Tel. +86-10-84201385,  
Fax +86-10-84201379

Dr Li Dekun  
Deputy Director, Department of Price  
State Development Planning Commission  
No.38 Yuetan South Street,  
Beijing 100824, P. R. China

Dr Ma Hong  
Professor Institute of Mental Health of Beijing University  
No.51 Huayuanbeilu,  
Haidian District,  
Beijing 100083, P. R. China  
Tel. +86-10-62091939,  
Fax: +86 10 6202 7314,  
or +86 10 6202 6310  
e-mail: hma@ht.rol.cn.net

Dr He Yanling  
Professor, Shanghai Mental Health Center  
No.600 Wanping Nan Road,  
Shanghai 200030, P. R. China  
Tel. +86-21-64387250  
Fax +86-21-64387986  
e-mail: heyl@public9.sta.net.cn

Dr Shen Rulin  
Vice President.  
Xian-Janssen Pharmaceutical Ltd.  
18th Floor, Tower A, Pacific Century Place,  
2A North Worker's Stadium Road,  
Chaoyang District 1  
Beijing 100027, P. R. China  
Tel.+86-10-65392288  
Fax+86-10-65391955  
e-mail: rshen5@jancn.jnj.com

Dr Shishram Narayan  
Medical Superintendent  
St. Giles Hospital  
P.O. Box 105  
Suva, Fiji  
Tel. + 679 338 1399  
Fax + 679 338 1132  
e-mail : stgiles@healthfiji.gov.fj

Dr Odille Chang  
Principal Medical Officer,  
St Giles Hospital  
P.O. Box 105  
Suva, Fiji  
Tel. +679 338 1399  
Fax + 679 338 1132  
e-mail: [odilechang@connect.com.fj](mailto:odilechang@connect.com.fj)  
or [stgiles@healthfiji.gov.fj](mailto:stgiles@healthfiji.gov.fj)

Dr Ivanoe C. Escartin,  
Program Manager, Social Psychiatrist  
National Mental Health Program –  
Department of Health, Santa Cruz,  
Manila, Philippines  
Tel.(632)743 8301 loc.2801  
e-mail: [docescartin@yahoo.com](mailto:docescartin@yahoo.com)

Dr Myrielle M. Cruz  
Assistant Program Manager.  
Child and Adolescent Psychiatrist  
National Mental Health Program –  
Department of Health,  
Santa Cruz,  
Manila, Philippines  
Tel.(632)743 8301 loc.2976  
e-mail:[yellecruz@yahoo.com](mailto:yellecruz@yahoo.com)  
[yellec@msn.com](mailto:yellec@msn.com)

Dr Tae Yeon Hwang, Director,  
Department of Psychiatric Rehabilitation and Community Mental Health  
Yongin Mental Hospital  
Yongin, Republic of Korea  
Tel. +82 31 288 0206  
Fax +82 31 288 0184  
e-mail: [lilymh@dreamwiz.com](mailto:lilymh@dreamwiz.com)

Dr Nguyen Kim Viet  
Vice Chairman of Psychiatric Dept.  
National Mental Health Institute  
Ha Noi, Vietnam  
Tel. (84 4) 853 9569  
Fax: (84 4) 852 2087  
Email: [nimh@hn.vnn.vn](mailto:nimh@hn.vnn.vn)

Dr Than Van Quang  
Vice Director,  
Central Mental Health Hospital  
Thuong Tin, Ha Tay Province  
Vietnam  
Tel.: (84 34) 853 227  
Fax: (84 34) 853 190

**Trainers and Facilitators:**

Professor A. Flisher  
Department of Psychiatry  
University of Cape Town  
Groote Schuur Hospital  
Observatory 7925, South Africa  
Tel. 27 21 404 2137/Fax 27 21 448 8158  
e-mail: [aflisher@curie.uct.ac.za](mailto:aflisher@curie.uct.ac.za)

Professor M. Freeman  
Director  
Mental Health and Substance Abuse  
Department of Health  
Private Bag X828  
Pretoria 0001, South Africa  
Tel. 27 12 312 0489//Fax 27 12 323 1913  
e-mail: [freeman@health.gov.za](mailto:freeman@health.gov.za) or  
[freemm@health.gov.za](mailto:freemm@health.gov.za)

Dr C. Lund  
16 Mount Road, Rondebosch  
7700 Cape Town, South Africa  
Tel: +27 21 6895206  
Cell phone: +27 82 5107998  
E-mail: [crick.lund@iafrica.com](mailto:crick.lund@iafrica.com)

Dr A. Minoletti  
Jefe Unidad de Salud Mental  
Ministerio de Salud, Mac-Iver 459 - 8° piso  
Santiago de Chile, Chile  
Tel. +56 2 630 0710/Fax +56 2 664 2719  
e-mail: [aminolet@minsal.cl](mailto:aminolet@minsal.cl)  
[aminolet@entelchile.net](mailto:aminolet@entelchile.net)

Professor V. Ganju  
National Association of State Mental Health Program  
Directors Research Institute  
66 Canal Center Plaza, Suite 302  
Alexandria, VA 22314, USA  
Tel. +1 703 739 9333, ext. 132  
Fax: +1 703 548 9517  
e-mail: [Vijay.Ganju@nasmhpd.org](mailto:Vijay.Ganju@nasmhpd.org)

Dr Ameenah Soreefan  
AHC Quatre Bornes  
Hennessy Avenue  
Quatre Bornes, Mauritius  
Tel. 230 758 4218 / 467 6564/3  
Fax 230 466 4604  
e-mail: [mentalpr@intnet.mu](mailto:mentalpr@intnet.mu)

Dr Paula Mogne  
National Mental Health Coordinator  
Department of Mental Health  
Ministry of Health, C.P. 264  
Av. Eduardo Mondlane/Salvador Allende  
Maputo, Mozambique  
Tel. +258 1 430 814/Fax: +258 1 32 17 38  
[p.mogne@dnsdee.imoz.com](mailto:p.mogne@dnsdee.imoz.com)  
[paulamogne@hotmail.com](mailto:paulamogne@hotmail.com)

Dr Afarin Rahimi Movaghar  
Psychiatrist  
c/o WHO Regional Office for EMR  
Cairo, Egypt

Mr Peter Key  
Dearden Consulting Ltd  
Church Rd, Redhill  
Bristol BS40 5SG, Great Britain  
Tel. +44 1934 863 444  
Fax +44 1934 862 123  
[info@dearden.co.uk](mailto:info@dearden.co.uk)

Dr S. Pathare  
Consultant Psychiatrist,  
Ruby Hall Clinic  
Plot 134, Sector 27A  
PCNT Pradhikran  
Nigdi, Pune 411044, India  
Tel./FAX +91 20 765 2075  
e-mail: [spathare@vsnl.com](mailto:spathare@vsnl.com) or  
[pathare@pn3.vsnl.net.in](mailto:pathare@pn3.vsnl.net.in)

Dr Clare Townsend  
Research Officer  
Department of Psychiatry  
University of Queensland  
P.O. Box 822  
Toowing Qld 4066, Australia  
Tel. +61 7 3371 5899  
Fax: +61 7 3371 1289  
e-mail: [clare@psychiatry.uq.edu.au](mailto:clare@psychiatry.uq.edu.au)

Dr Vikram Patel  
Senior Lecturer,  
London School of Hygiene and Tropical Medicine  
Sangath Centre  
841/1 Alto Porvorim  
Goa 403521, India  
Tel. +91 832 413 527  
Fax +91 832 415 244  
e-mail: [vikpat@goatelecom.com](mailto:vikpat@goatelecom.com)

Dr W. Valentini  
Psychiatrist  
Rua Conselheiro Antonio Prado 430  
Caixa Postal 89-2, Sousas, 13130-010  
Campinas, SP, Brazil  
Tel./Fax +55 1937 588 600  
e-mail: [wvalentini@dqlnet.com.br](mailto:wvalentini@dqlnet.com.br) or  
[willyvalentini@hotmail.com](mailto:willyvalentini@hotmail.com)

Dr Janice Wilson  
Ministry of Health  
P.O. Box 5013  
6001 Wellington, New Zealand  
Tel. +64 4 496 2298  
Fax +64 4 496 2359  
e-mail: [janice\\_wilson@moh.govt.nz](mailto:janice_wilson@moh.govt.nz)

**Representatives of UN & other Agencies, & Nongovernmental Organizations :**

Ms Heather Macdonald  
Health Adviser  
ausAID, GPO Box 887  
Canberra, ACT 2601, Australia  
Tel: +61 2 6206 4947/ H +61 2 6273 1778  
Fax +61 2 6206 4870  
e-mail: [heather\\_macdonald@ausaid.gov.au](mailto:heather_macdonald@ausaid.gov.au)

Dr S. B. Jensen, DANIDA,  
Ministry of Foreign Affairs  
c/o J. Jensen, Hellevangen 2A  
2760 Maaloev, Denmark  
e-mail: [sbjensen@infocom.co.ug](mailto:sbjensen@infocom.co.ug)

Dr Haifa Madi  
Chief, Health Protection & Promotion  
UNRWA, P.O. Box 140157  
Amman 11814, Jordan  
Tel. +9626 586 4148  
Fax: +9626 581 1701  
e-mail: [h.madi@unrwa.org](mailto:h.madi@unrwa.org)

Dr Florence Baingana  
Mental Health Specialist  
Health, Nutrition & Population  
World Bank  
Room G3-060 1818 H Str NW  
Washington, D.C. 20433 USA  
Tel: +1 202 458 5939  
Fax: +1 202 522 3489  
e-mail: [fbaingana@worldbank.org](mailto:fbaingana@worldbank.org)

Dr Tarek A. Okasha  
Ass. Professor of Psychiatry  
Institute of Psychiatry, Faculty of Medicine  
Ain Shams University  
WPA Zonal Representative for North Africa  
3, Shawarby Street, Kasr El Nil  
Cairo  
Egypt  
Tel: +(202) 3366799 / 3350233  
Fax: +(202) 7481786  
Email: [tokasha@internetegypt.com](mailto:tokasha@internetegypt.com)

Ms Anita Marini  
Psychologist  
Citizenship, Via Maiolo 30  
Rimini 47903  
Italy  
Tel. +39 339 789 9220  
Fax +39 0541 742 167  
[anitamarini@libero.it](mailto:anitamarini@libero.it)

Dr Maurizio Focchi  
President  
Citizenship, Via Roma 38  
Rimini 47900  
Italy  
Tel. +39 335 57 44205  
Fax +39 0541 742 167  
e-mail: [m.focchi@focchi.it](mailto:m.focchi@focchi.it)

Dr Thomas Spiers  
DuPont, European Office  
Flat 3, 64 Thicket Road, Penge  
London, SE20 8DR  
Great Britain  
Tel. 44 208 659 0704/Mob. 44 77 66 44 1 858  
[Thomas.S.Spiers@gbr.duponholding.com](mailto:Thomas.S.Spiers@gbr.duponholding.com)

Dr Josée Hulshof  
Director  
Corporate Affairs EMS  
Eli Lilly & Company Foundation  
P.O. Box 379  
3990 GD Houten  
Netherlands  
Tel: 31 30 6025 816/Fax 31 6025 888  
e-mail: [hulshof\\_josee@lilly.com](mailto:hulshof_josee@lilly.com)

Mrs Carolyn Webster  
World Federation of Occupational Therapists  
P.O. Box 1460  
Kericho  
Kenya  
Tel: 254 361 30335 (H) /040 799 7785 (M)  
e-mail: wfot@mulitline.com.au

Ms Begoñe Ariño  
President, EUFAMI  
Plaza Victor Chavarri No. 7º Drcha  
Bilbao 48013  
Spain  
Tel. +34 6567 20839  
e-mail: arino@euskalnet.net

Mr Clemens W. Huitink  
GGZ Nederland  
P. O. Box 8400  
3503 RK Utrecht  
Netherlands  
Tel. +31 30 287 4029/or +31 6 226 9 3478  
e-mail [chuitink@ggz nederland.nl](mailto:chuitink@ggz nederland.nl)

**WHO Secretariat:**

Dr Custodia Mandlhate  
Regional Adviser for Mental Health  
Regional Office for Africa  
Cité de Djoué  
Regional O. Box 6, Brazzaville, Congo  
Tel + 321 95 39329/ Fax +1 321 95 39514  
[mandlhatec@afro.who.int](mailto:mandlhatec@afro.who.int)

Dr Thérèse Agossou  
Short-Term Professional, Mental Health  
Regional Office for Africa  
Cité de Djoué, P.O. Box 6  
Brazzaville, Congo  
Fax +1 321 95 39514  
[agossout@afro.who.int](mailto:agossout@afro.who.int)

Dr Jose Miguel Caldas de Almeida  
Coordinator, Program on Mental Health  
WHO Regional Office for the Americas /  
Pan American Sanitary Bureau  
525, 23<sup>rd</sup> Street, N.W.  
Washington, D.C. 20037, USA  
Tel. (+1) 202 974 3000/ Fax (+1) 202 974 3663/  
e-mail: [Caldasaj@paho.org](mailto:Caldasaj@paho.org)

Dr Ahmed Mohit  
Regional Adviser  
Mental Health and Substance Abuse  
Regional Office for the Eastern Mediterranean, WHO Post Office  
Abdul Razzak Al Sanhoury Street  
Naser City, Cairo 11371  
Egypt  
Tel. (00202) 670 2535/ Fax: (00202) 670 2492/  
e-mail: [mohita@emro.who.int](mailto:mohita@emro.who.int)

Dr Wolfgang Rutz  
Regional Adviser,  
Mental Health, WHO Regional Office for Europe,  
8, Scherfigsvej  
DK-2100 Copenhagen  
Denmark  
Tel. +45 39 17 17 17/ Fax: +45 39 17 18 18  
e-mail: [wru@who.dk](mailto:wru@who.dk)

Dr Vijay Chandra  
Regional Adviser,  
Health and Behaviour  
Regional Office for South-East Asia  
World Health House, Indraprastha Estate  
Mahatma Gandhi Road  
New Delhi 11002  
India  
Tel. +91 11 331 7804/ Fax +91 11 332 7972  
e-mail: [chandrav@whosea.org](mailto:chandrav@whosea.org)

Dr Wang Xiangdong  
Acting Regional Adviser in Mental Health  
WHO Regional Office for the Western Pacific  
P.O. Box 2932  
1099 Manila  
Philippines  
Tel. +632 528 80 01/Fax +632 52 11 036  
e-mail: [wangx@wpro.who.int](mailto:wangx@wpro.who.int)

Dr Thierry Mertens  
Director  
WHO Mediterranean Centre for Vulnerability Reduction  
Gammarth Supérieur  
2070 La Marsa, Tunisie  
Tel. +216 71 77 45 64/Fax +216 71 74 11 70  
e-mail: [thierry.mertens@rns.tn](mailto:thierry.mertens@rns.tn)

Dr Angélique Lebrun  
WHO Mediterranean Centre for Vulnerability Reduction  
Gammarth Supérieur  
2070 La Marsa, Tunisie  
Tel. +216 71 77 45 64/Fax +216 71 74 11 70  
e-mail: [angelique.lebrun@rns.tn](mailto:angelique.lebrun@rns.tn)

Mrs Sihem Benguiza  
WHO Mediterranean Centre for Vulnerability Reduction  
Gammarth Supérieur  
2070 La Marsa, Tunisie  
Tel. +216 71 77 45 64  
Fax +216 71 74 11 70  
e-mail: [sihem.benguiza@rms.tn](mailto:sihem.benguiza@rms.tn)

Dr Chiara Strutti  
WHO Mediterranean Centre for Vulnerability Reduction  
Gammarth Supérieur,  
2070 La Marsa, Tunisie  
Tel. +216 71 77 45 64/Fax +216 71 74 11 70  
e-mail: [chiara.strutti@rms.tn](mailto:chiara.strutti@rms.tn)

Dr Eli Renganathan  
Coordinator,  
Social Mobilization and Training  
WHO Headquarters  
CH-1211 Geneva 27, Switzerland  
Tel. +41 22 791 3828/  
e-mail: [renganathane@who.int](mailto:renganathane@who.int)

Dr José Bertolote  
Team Coordinator  
Management of Mental and Brain Disorders  
Department of Mental Health and Substance Dependence  
WHO Headquarters  
CH-1211 Geneva 27, Switzerland  
Tel. +41 22 791 3627/Fax +41 22 891 4160  
e-mail: [bertolotej@who.int](mailto:bertolotej@who.int)

Ms Nathalie Drew  
Mental Health Policy and Service Development  
Department of Mental Health and Substance Dependence  
WHO Headquarters  
CH-1211 Geneva 27, Switzerland  
Tel. +41 22 791 3206/Fax +41 22 891 4160  
e-mail: [drewn@who.int](mailto:drewn@who.int)

Dr Benedetto Saraceno  
Director  
Department of Mental Health and Substance Dependence  
WHO Headquarters  
CH-1211 Geneva 27, Switzerland  
Tel. +41 22 791 3603/Fax +41 22 891 4160  
e-mail: [saracenob@who.int](mailto:saracenob@who.int)

Dr Erica Wheeler  
Mental Health Policy and Service Development  
Department of Mental Health and Substance Dependence  
WHO Headquarters  
CH-1211 Geneva 27, Switzerland  
Tel. +41 22 791 2401/Fax +41 22 891 4160  
e-mail: [wheelere@who.int](mailto:wheelere@who.int)

Ms Adeline Loo  
Department of Mental Health and Substance Dependence, WHO Headquarters  
CH-1211 Geneva 27, Switzerland  
Tel. +41 22 791 3917  
Fax +41 22 891 4160  
e-mail: [looa@who.int](mailto:looa@who.int)

Mrs Anne Yamada  
Department of Mental Health and Substance Dependence, WHO Headquarters  
CH-1211 Geneva 27, Switzerland  
Tel. +41 22 791 2677/Fax +41 22 891 4160  
e-mail: [yamadavetscha@who.int](mailto:yamadavetscha@who.int)

## Annex 2. Agenda

### Day 1 (27<sup>th</sup> November 2002)

- 07.30 - 07.50      **Registration**
- 07.50 - 08.10      **Introducing the Training Forum**  
    •Aims  
    •Programme  
    •Ways of Working  
    •Success Criteria  
    •The Facilitators Role  
(Mr P. Key)
- 08.10 - 08.30      **Introducing the WHO Modular Materials for Mental Health**  
    •The policy and service guidance package  
    •What they cover  
    •Who they are for  
    •How they are meant to be used  
(Dr M. Funk and Dr B. Saraceno)
- 08.30 - 09.00      **Opening Ceremony**  
Dr H. M'Barek, Minister of Health, Tunisia  
Dr B. Saraceno, WHO Headquarters, Geneva  
Dr A. Mohit, WHO/EMRO
- 09.00 - 09.10      **Introducing the WHO Mediterranean Centre**  
Dr T. Mertens
- 09.10 - 10.10      **1<sup>st</sup> Group Meeting - getting to know participants**  
    •Introductions  
    •Role in Mental Health Policy  
(*in Regional Groups*)
- 10.10 - 10.30      **Break**
- 10.30 - 11.00      **Panel discussion - Questions for WHO**  
(WHO representatives and lead facilitators)
- 11.00 -11.30      **Requests for consultation and offers of experience**  
    •Logging and building the gallery  
    •Indicating personal interest  
(Lead Facilitator)
- 11.30 - 12.00      **Developing a National Mental Health Policy in Mozambique**  
(Dr P. Mogne and Dr W. Valentini)

12.00 - 13.00	<b>Lunch break</b>
13.00 - 14.30	<b>2<sup>nd</sup> Group Meeting - Responding to the Case Study</b> <ul style="list-style-type: none"> <li>•What is the main learning from the case study?</li> <li>•What problems would we anticipate in our own national contexts?</li> </ul> <i>(in Regional Groups)</i>
14.30 - 15.00	<b>Panel Discussion - Reflections on the Case Study</b> (Panel and Lead Facilitator)
15.00 - 15.15	<b>Break</b>
15.15 - 16.45	<b>Presentations on policy modules</b> (Dr A. Flisher, Dr V. Ganju, Mr C. Lund, Dr A. Minoletti, and Dr S. Pathare) <i>(in plenary)</i>
16.45 - 17.00	<b>Review of day 1 and Preview of day 2</b> (Lead Facilitator)
19.30	<b>Reception</b>

## **Day 2 (28<sup>th</sup> November 2002)**

08.00 - 08.10	<b>Introducing Day 2</b>
08.10 - 08.20	<b>Requests for consultation and offers of experience</b> <ul style="list-style-type: none"> <li>•Updating the gallery - new requests and new offers</li> </ul> (Lead Facilitator)
08.20 - 08.40	<b>Developing Policy - Tools and Techniques</b> <ul style="list-style-type: none"> <li>•Analysing stakeholders and their positions</li> </ul> (Lead Facilitator)
08.40 - 10.10	<b>3<sup>rd</sup> Group Meeting - Using the Tools</b> <ul style="list-style-type: none"> <li>•Practising the analysis of the stakeholders and their positions</li> </ul> <i>(in Regional Groups)</i>
10.10 - 10.40	<b>Break</b>
10.40 - 11.00	<b>Developing Policy - Tools and Techniques</b> <ul style="list-style-type: none"> <li>•Creating visions of the future with clear milestones</li> </ul> (Lead Facilitator)
11.00 - 12.30	<b>4<sup>th</sup> Group Meeting - Using the Tools</b> <ul style="list-style-type: none"> <li>•Practising the creation of visions</li> </ul>

*(in Regional Groups)*

- 12.30 - 13.45      **Lunch break**
- 13.45 - 14.00      **Introducing the Tunisian Mental Health Programme**
- 14.00 - 14.15      **Why you should listen to consumers and families - presentations on the role and contribution of Consumer and Family Groups in the development of Mental Health Policy**
- How we can help with policy development and design
  - What goes wrong when you don't involve us
  - How we can help with programme delivery
- 14.15 - 14.45      **Panel Discussion - Consumer and Family Group Involvement**  
(Panel and Lead Facilitator)
- 14.45 - 15.15      **Break**
- 15.15 - 16.45      **Requests for consultation and offers of experience**  
Consultation *(in small groups)*
- 16.45 - 17.00      **Review of Day 2 and Preview of Day 3**  
(Lead Facilitator)
- 18.00 - 19.00      **Presentation on vulnerability reduction and mental health**  
(Dr B. Saraceno)

### **Day 3 (29<sup>th</sup> November 2002)**

- 08.00 - 08.15      **Introducing Day 3**
- 08.15 - 08.45      **Designing a Mental Health Plan in South Africa - a Case Study**  
(Dr M. Freeman)
- 08.45 - 10.15      **5<sup>th</sup> Group Meeting - Responding to the Case Study**
- What is the main learning from the Case Study?
  - What problems would we anticipate in our own national contexts?
- (in Regional Groups)*
- 10.15 - 10.45      **Break**
- 10.45 - 11.15      **Panel Discussion - Reflections on the Case Study**  
(Panel and Lead Facilitator)

11.15 - 11.45	<b>Building new Mental Health Networks</b> <ul style="list-style-type: none"><li>•What is a Network?</li><li>•Introducing the web board</li><li>•Nominating network themes</li></ul> (Mr P. Key and Dr E. Wheeler)
11.45 - 12.45	<b>Lunch break</b>
12.45 -13.40	<b>First Meeting of new Mental Health Networks</b> <ul style="list-style-type: none"><li>•Our shared interests</li><li>•Our priorities for working together</li><li>•How we will communicate</li></ul> <i>(in small Groups)</i>
13.40 -15.10	<b>Final Group Meeting - Reviewing the Training Forum</b> <ul style="list-style-type: none"><li>•Reflections on personal learning</li><li>•Completing evaluation proformas</li><li>•Planning for the return to work</li><li>•Preparing feedback from the Group</li></ul> <i>(in Regional Groups)</i>
15.10 -15.30	<b>Break</b>
15.30 -16.30	<b>Feedback from Final Group Meetings</b> Headline messages from each Regional Group (Lead Facilitator)
16.30 -17.00	<b>Next Steps and Closure</b> What will happen next, including new Mental Health Networks Closing messages and observations from WHO (Dr B. Saraceno, Dr T. Mertens and Dr M. Funk)
17.00	<b>Closure</b>

### **Annex 3. Headline messages from regional group feedback**

#### **AFRO – English**

1. We had a chance to have free open sharing of experiences, which was very beneficial.
2. People felt that they were now able to use the policy development tools in their own situations, particularly the analysis of stakeholders.
3. We found that we have very similar problems in the countries of our region. People felt that they are now not alone, even though they are isolated in their countries.
4. The group discussions were very beneficial and allowed everyone time to express their views – this technique should be used again in future.
5. People felt that their confidence levels were improved.
6. The input from the donors was much appreciated, and it was useful to learn tips for approaching donors and this will be used.
7. Web site information was also useful.
8. Our group is already a network and we would like to continue it.

#### **AFRO – French**

1. Our group was very happy with the forum.
2. The case studies were particularly useful.
3. We regretted that the modules were presented too rapidly and we were not able to assimilate the information. It would be very useful to translate the modules in the working languages of WHO.
4. We are happy with the exchanges and are ready to exchange with our colleagues back home.

#### **EMRO – English**

1. A very interesting and challenging meeting. We shared our differences and challenges in the small group.
2. We have put together a plan for a regional meeting in September 2003, to discuss the implementation of policy from these modules. We will also discuss substance abuse in this context.
3. Seeing a variety of countries and their challenges helped us to understand our own situations and gave us a conceptual framework for continuing further.
4. However, the training could have made more extensive use of the modules and built case studies on these modules.
5. In spite of the long hours, we found that people continued to discuss in spare time, meals etc. – a good indicator of the success of the Training Forum.

#### **EMRO - French**

1. The Training Forum presented a useful opportunity to exchange ideas regarding mental health policy development.
2. There were a variety of needs for different countries.

3. Future directions include:
  - The implementation of policies, by inviting the countries involved to use the materials to apply to their own countries.
  - Pooling experience – creating informal networks.
  - Development of mental health strategies on the basis of evidence.

## **EURO**

1. On the positive side, in spite of countries being at different stages of development, we thought that the Training Forum was very useful:
  - It provided tools for planning and time scales
  - It was energising
  - There were many helpful ideas
  - The web site was useful
2. We were concerned about the offers of help sessions. These were not as helpful as they could have been.
3. We would have liked to have had the modules to read before the Training Forum.
4. We were concerned that many of the poorer countries were not here. Drug company sponsorship could help.
5. More representation of users would be useful.

## **PAHO**

1. Our group worked hard and got on well.
2. The specificity of the forum was useful, allowing for detailed discussion of the realities of countries' mental health policy and services.
3. We also discovered that we had many commonalities, in spite of differences in size or level of development of countries.
4. Most of us have shown a proactive approach and good motivation, about which we are very pleased.
5. We became aware of being part of an international community. We built strong personal bonds, as a result of being part of a network. We have collected visions, values, principles which will be useful for our future work.
6. All the participants showed sophisticated knowledge and expertise about mental health. We therefore have a good base to build upon.

## **SEARO**

1. We had similar feedback regarding the usefulness of the forum.
2. We found that there were many resources in mental health in our countries, but many of these were hidden and not in formal settings.
3. We had a useful discussion about how to establish priorities when planning mental health services.
4. We are planning an intercountry workshop in the 2<sup>nd</sup> week of February. National workshops are also scheduled for India (February 2003) and Indonesia (July 2003).
5. We would like to thank the organizers and all the participants and will keep you informed of our progress.

**WPRO**

1. We agree with much that has been said. We enjoyed working in a small group, and were able to tap into sophisticated levels of expertise.
2. We thought that it was important to organize another meeting soon to implement the content of the modules.
3. The presence of donors was very useful, with their input.
4. The groupings of the networks could potentially be worked out further. There is room for further discussion, not possible here because of time.