OVERVIEW OF THE 'STEPPEO PROCESS FOR DEVELOPING A MENTAL HEALTH POLICY & PLAN

DEVELOPING A MENTAL HEALTH POLICY: STEPS 1 to 7

Step 1. Assess the population’s needs
Step 2. Gather evidence for effective strategies
Step 3. Consultation and negotiation
Step 4. Exchange with other countries
Step 5. Set out the vision, values, principles and objectives of the policy
Step 6. Determine areas for action
Step 7. Identify the major roles and responsibilities of different sectors

DEVELOPING A MENTAL HEALTH PLAN: STEPS 8 to 12

Step 8. Determine the strategies and time frames
Step 9. Set indicators and targets
Step 10. Determine the major activities
Step 11. Determine the costs, the available resources and the budget
Step 12. Set up monitoring and evaluation processes

IMPLEMENTING POLICY AND PLAN: STEPS 13 to 19

Step 13. Disseminate the policy
Step 14. Generate political support and funding
Step 15. Develop supportive organization
Step 16. Set up pilot projects in demonstration areas
Step 17. Empower mental health providers
Step 18. Reinforce intersectoral coordination
Step 19. Promote interactions among stakeholders

Note: Steps are a guide only, to be adapted at country level.