Afghanistan

Total population: 29,825,000
Income Group: Low

Percentage of population living in urban areas: 23.5%
Population proportion between ages 30 and 70 years: 24.4%

Premature mortality due to NCDs\(^*\)

The probability of dying between ages 30 and 70 years from the 4 main NCDs is 31%.

Adult risk factors

Current tobacco smoking (2011)   |   males | females | total
---|---|---|---
- | . . | . . | . .

Total alcohol per capita consumption, in litres of pure alcohol (2010)   |   males | females | total
---|---|---|---
1.2 | 0.1 | 0.7

Raised blood pressure (2008)   |   males | females | total
---|---|---|---
22.8% | 22.1% | 22.5%

Obesity (2008)   |   males | females | total
---|---|---|---
1.4% | 3.0% | 2.2%

National systems response to NCDs

- Has an operational NCD unit/branch or department within the Ministry of Health, or equivalent: No
- Has an operational multisectoral national policy, strategy or action plan that integrates several NCDs and shared risk factors: No
- Has an operational policy, strategy or action plan to reduce the harmful use of alcohol: No
- Has an operational policy, strategy or action plan to reduce physical inactivity and/or promote physical activity: No
- Has an operational policy, strategy or action plan to reduce the burden of tobacco use: No
- Has an operational policy, strategy or action plan to reduce unhealthy diet and/or promote healthy diets: No
- Has evidence-based national guidelines/protocols/standards for the management of major NCDs through a primary care approach: No
- Has an NCD surveillance and monitoring system in place to enable reporting against the nine global NCD targets: No
- Has a national, population-based cancer registry: No

\(^*\) The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes).