BENIN

RISK OF PREMATURE DEATH DUE TO NCDS (%)*

![Graph showing premature death probability (%) over years for males and females.]

PROPORTIONAL MORTALITY*

- 14% Cardiovascular diseases
- 14% Other NCDs
- 4% Cancers
- 54% Communicable, maternal, perinatal and nutritional conditions
- 2% Chronic respiratory diseases
- 10% Injuries

NATIONAL TARGET SET DATA

<table>
<thead>
<tr>
<th>NATIONAL TARGET SET</th>
<th>DATA YEAR</th>
<th>MALES</th>
<th>FEMALES</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Premature mortality from NCDs</td>
<td>2016</td>
<td>16 600</td>
<td>18 500</td>
<td>35 100</td>
</tr>
<tr>
<td>Suicide mortality</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>10</td>
</tr>
</tbody>
</table>

RISK FACTORS

- Harmful use of alcohol
- Physical inactivity
- Salt/Sodium intake
- Tobacco use
- Raised blood pressure
- Diabetes
- Obesity
- Ambient air pollution
- Household air pollution

SELECTED ADULT RISK FACTOR TRENDS

CURRENT TOBACCO SMOKING

![Graph showing current tobacco smoking trends for males and females.]

OBESITY

![Graph showing obesity trends for males and females.]

RAISED BLOOD PRESSURE

![Graph showing raised blood pressure trends for males and females.]

NATIONAL SYSTEMS RESPONSE

- Drug therapy to prevent heart attacks and strokes
- Essential NCD medicines and basic technologies to treat major NCDs

6,600 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO "BEST BUYS"

MORTALITY*

- Premature mortality from NCDs
- Suicide mortality

RISK FACTORS

- Harmful use of alcohol
- Physical inactivity
- Salt/Sodium intake
- Tobacco use
- Raised blood pressure
- Diabetes
- Obesity
- Ambient air pollution
- Household air pollution

SELECTED ADULT RISK FACTOR TRENDS

CURRENT TOBACCO SMOKING

![Graph showing current tobacco smoking trends for males and females.]

OBESITY

![Graph showing obesity trends for males and females.]

RAISED BLOOD PRESSURE

![Graph showing raised blood pressure trends for males and females.]

NATIONAL SYSTEMS RESPONSE

- Drug therapy to prevent heart attacks and strokes
- Essential NCD medicines and basic technologies to treat major NCDs


* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes)