Bulgaria

Total population: 7 278 000
Income Group: Upper middle

Age-standardized death rates*

<table>
<thead>
<tr>
<th>Year</th>
<th>Cardiovascular Diseases</th>
<th>Chronic Respiratory Diseases</th>
<th>Cancers</th>
<th>Diabetes</th>
<th>Other NCDs</th>
</tr>
</thead>
<tbody>
<tr>
<td>2000</td>
<td>64%</td>
<td>5%</td>
<td>17%</td>
<td>2%</td>
<td>6%</td>
</tr>
<tr>
<td>2012</td>
<td>64%</td>
<td>5%</td>
<td>17%</td>
<td>2%</td>
<td>6%</td>
</tr>
</tbody>
</table>

Premature mortality due to NCDs*

The probability of dying between ages 30 and 70 years from the 4 main NCDs is 24%.

Proportional mortality (% of total deaths, all ages, both sexes)*

Cardiovascular diseases 64%
Cancers 17%
Chronic respiratory diseases 5%
Diabetes 2%
Injuries 3%
Communicable, maternal, perinatal and nutritional conditions 3%
Other NCDs 6%

Total deaths: 106,000
NCDs are estimated to account for 94% of total deaths.

Adult risk factors

- Current tobacco smoking (2011): 48% males, 31% females, total 39%
- Total alcohol per capita consumption, in litres of pure alcohol (2010): 17.9 males, 5.3 females, total 11.4
- Raised blood pressure (2008): 44.3% males, 39.5% females, total 41.8%
- Obesity (2008): 23.1% males, 24.3% females, total 23.7%

National systems response to NCDs

- Has an operational NCD unit/branch or department within the Ministry of Health, or equivalent: DK
- Has an operational multisectoral national policy, strategy or action plan that integrates several NCDs and shared risk factors: No
- Has an operational policy, strategy or action plan to reduce the harmful use of alcohol: No
- Has an operational policy, strategy or action plan to reduce physical inactivity and/or promote physical activity: No
- Has an operational policy, strategy or action plan to reduce the burden of tobacco use: No
- Has an operational policy, strategy or action plan to reduce unhealthy diet and/or promote healthy diets: No
- Has evidence-based national guidelines/protocols/standards for the management of major NCDs through a primary care approach: Yes
- Has an NCD surveillance and monitoring system in place to enable reporting against the nine global NCD targets: No
- Has a national, population-based cancer registry: Yes

* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes).
DK = Country responded “don’t know”