BULGARIA

RISK OF PREMATURE DEATH DUE TO NCDS (%)

PROPORTIONAL MORTALITY

- 64% Cardiovascular diseases
- 7% Other NCDs
- 18% Cancers
- 2% Communicable, maternal, perinatal and nutritional conditions
- 4% Chronic respiratory diseases
- 3% Injuries

13 400 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO “BEST BUYS”

MORTALITY

<table>
<thead>
<tr>
<th>NATIONAL TARGET SET</th>
<th>DATA YEAR</th>
<th>MALES</th>
<th>FEMALES</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Premature mortality from NCDs ✓</td>
<td>2016</td>
<td>51 900</td>
<td>49 400</td>
<td>101 300</td>
</tr>
<tr>
<td>Risk of premature death between 30-70 years (%)</td>
<td>2016</td>
<td>32</td>
<td>16</td>
<td>24</td>
</tr>
<tr>
<td>Suicide mortality -</td>
<td>2016</td>
<td>-</td>
<td>-</td>
<td>11</td>
</tr>
<tr>
<td>Suicide mortality rate (per 100 000 population)</td>
<td>2016</td>
<td>-</td>
<td>-</td>
<td>11</td>
</tr>
</tbody>
</table>

RISK FACTORS

- Harmful use of alcohol ✓
- Physical inactivity ✓
- Salt/Sodium intake ✓
- Tobacco use ✓
- Raised blood pressure ✓
- Diabetes ✓
- Obesity ✓
- Ambient air pollution -
- Household air pollution -

SELECTED ADULT RISK FACTOR TRENDS

CURRENT TOBACCO SMOKING

OBSERVATION

RAISED BLOOD PRESSURE

NATIONAL SYSTEMS RESPONSE

Drug therapy to prevent heart attacks and strokes X

- Proportion of population at high risk for CVD or with existing CVD (%)
- Proportion of high risk persons receiving any drug therapy and counselling to prevent heart attacks and strokes (%)
- Proportion of primary health care centres reported as offering CVD risk stratification

Essential NCD medicines and basic technologies to treat major NCDs X

- Number of essential NCD medicines reported as “generally available”
- Number of essential NCD technologies reported as “generally available”

... = no data available