### Bahrain

#### Risk of Premature Death Due to NCDs (%)*

- **Cardiovascular diseases**: 28%
- **Other NCDs**: 21%
- **Cancers**: 16%
- **Communicable, maternal, perinatal and nutritional conditions**: 7%
- **Chronic respiratory diseases**: 3%
- **Injuries**: 10%
- **Diabetes**: 14%

#### Proportional Mortality*

- **Premature mortality from NCDs**: 2016
  - Total NCD deaths: 2,300
- **Risk of premature death between 30-70 years (%)**: 2016
  - Males: 11%
  - Females: 12%
  - Total: 11%
- **Suicide mortality**: 2016
  - Suicide mortality rate (per 100,000 population): 6

#### Risk Factors

- **Harmful use of alcohol**: 2016
  - Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol): 3
- **Physical inactivity**: 2016
  - Physical inactivity, adults aged 18+ (%): ...
- **Salt/Sodium intake**: 2010
  - Mean population salt intake, adults aged 20+ (g/day): 14
- **Tobacco use**: 2016
  - Current tobacco smoking, adults aged 15+ (%): 38
  - Tobacco smoking, adults aged 15+ (%): ...
- **Raised blood pressure**: 2015
  - Raised blood pressure, adults aged 18+ (%): 18
- **Diabetes**: 2014
  - Raised blood glucose, adults aged 18+ (%): 9
- **Obesity**: 2016
  - Obesity, adults aged 18+ (%): 25
  - Obesity, adolescents aged 10-19 (%): 16
- **Ambient air pollution**: 2016
  - Exceedance of WHO guidelines level for annual PM2.5 concentration (proportion): 7
- **Household air pollution**: 2016
  - Population with primary reliance on polluting fuels and technologies (%): <5

#### Selected Adult Risk Factor Trends

- **Current Tobacco Smoking**
  - Past trends
  - Projected linear trends
  - Global targets
- **Obesity**
  - Past trends
  - Projected linear trends
  - Global targets
- **Raised Blood Pressure**
  - Past trends
  - Projected linear trends
  - Global targets

#### National Systems Response

- **Drug therapy to prevent heart attacks and strokes**: 2017
  - Proportion of population at high risk for CVD or with existing CVD (%): ...
  - Proportion of high risk persons receiving any drug therapy and counselling to prevent heart attacks and strokes (%): ...
  - Proportion of primary health care centres reported as offering CVD risk stratification: More than 50%
  - Reported having CVD guidelines that are utilized in at least 50% of health facilities: Don’t know

- **Essential NCD medicines and basic technologies to treat major NCDs**: 2017
  - Number of essential NCD medicines reported as “generally available”: 10 out of 10
  - Number of essential NCD technologies reported as “generally available”: 6 out of 6

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* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes)

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**World Health Organization - Noncommunicable Diseases (NCD) Country Profiles, 2018.**