### Bahrain

**Total population:** 1,318,000  
**Income Group:** High  
**Percentage of population living in urban areas:** 88.7%  
**Population proportion between ages 30 and 70 years:** 49.1%

#### Adult risk factors

<table>
<thead>
<tr>
<th>Risk Factor</th>
<th>Males</th>
<th>Females</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current tobacco smoking (2011)</td>
<td>35%</td>
<td>8%</td>
<td>25%</td>
</tr>
<tr>
<td>Total alcohol per capita consumption, in litres of pure alcohol (2010)</td>
<td>2.7</td>
<td>1.0</td>
<td>2.1</td>
</tr>
<tr>
<td>Raised blood pressure (2008)</td>
<td>29.1%</td>
<td>26.6%</td>
<td>28.1%</td>
</tr>
<tr>
<td>Obesity (2008)</td>
<td>29.5%</td>
<td>38.0%</td>
<td>32.9%</td>
</tr>
</tbody>
</table>

#### National systems response to NCDs

- Has an operational NCD unit/branch or department within the Ministry of Health, or equivalent: Yes
- Has an operational multisectoral national policy, strategy or action plan that integrates several NCDs and shared risk factors: Yes
- Has an operational policy, strategy or action plan to reduce the harmful use of alcohol: Yes
- Has an operational policy, strategy or action plan to reduce physical inactivity and/or promote physical activity: Yes
- Has an operational policy, strategy or action plan to reduce the burden of tobacco use: Yes
- Has an operational policy, strategy or action plan to reduce unhealthy diet and/or promote healthy diets: Yes
- Has evidence-based national guidelines/protocols/standards for the management of major NCDs through a primary care approach: Yes
- Has an NCD surveillance and monitoring system in place to enable reporting against the nine global NCD targets: No
- Has a national, population-based cancer registry: No

#### Premature mortality due to NCDs

The probability of dying between ages 30 and 70 years from the 4 main NCDs is 13%.

#### Proportional mortality (% of total deaths, all ages, both sexes)

- Cardiovascular diseases: 26%
- Cancers: 13%
- Chronic respiratory diseases: 6%
- Diabetes: 13%
- Other NCDs: 20%

#### Age-standardized death rates

The age-standardized death rate is calculated based on the standard population, which allows for a comparison of death rates across different populations. The rates are expressed per 100,000 population. The graph shows the trend over the years, indicating a decreasing trend for both males and females.

#### Premature mortality due to NCDs

- **Cardiovascular Diseases:** 26%
- **Cancers:** 13%
- **Chronic Respiratory Diseases:** 6%
- **Diabetes:** 13%
- **Other NCDs:** 20%

**Total deaths:** 2,800

NCDs are estimated to account for 78% of total deaths.

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*The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes).*

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**World Health Organization - Noncommunicable Diseases (NCD) Country Profiles, 2014.**