Belarus

**Total population:** 9 405 000  
**Income Group:** Upper middle

**Percentage of population living in urban areas:** 75.0%  
**Population proportion between ages 30 and 70 years:** 53.2%

**Premature mortality due to NCDs**

The probability of dying between ages 30 and 70 years from the 4 main NCDs is 26%.

**Adult risk factors**

- Current tobacco smoking (2011): males 50%, females 11%, total 29%
- Total alcohol per capita consumption, in litres of pure alcohol (2010): males 27.5, females 9.1, total 17.5
- Raised blood pressure (2008): males 45.0%, females 39.3%, total 41.8%
- Obesity (2008): males 20.0%, females 27.8%, total 24.3%

**National systems response to NCDs**

- Has an operational NCD unit/branch or department within the Ministry of Health, or equivalent: ND
- Has an operational multisectoral national policy, strategy or action plan that integrates several NCDs and shared risk factors: ND
- Has an operational policy, strategy or action plan to reduce the harmful use of alcohol: ND
- Has an operational policy, strategy or action plan to reduce physical inactivity and/or promote physical activity: ND
- Has an operational policy, strategy or action plan to reduce the burden of tobacco use: ND
- Has an operational policy, strategy or action plan to reduce unhealthy diet and/or promote healthy diets: ND
- Has evidence-based national guidelines/protocols/standards for the management of major NCDs through a primary care approach: ND
- Has an NCD surveillance and monitoring system in place to enable reporting against the nine global NCD targets: ND
- Has a national, population-based cancer registry: ND

ND = Country did not respond to country capacity survey