**Cameroon**

Total population: 21 700 000  
Income Group: Lower middle

### Percentage of population living in urban areas
- 52.1%

### Population proportion between ages 30 and 70 years
- 26.3%

### Premature mortality due to NCDs
The probability of dying between ages 30 and 70 years from the 4 main NCDs is 20%.

### Adult risk factors

<table>
<thead>
<tr>
<th>Risk Factor</th>
<th>Males</th>
<th>Females</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current tobacco smoking (2011)</td>
<td>...</td>
<td>...</td>
<td>...</td>
</tr>
<tr>
<td>Total alcohol per capita consumption, in litres of pure alcohol (2010)</td>
<td>13.3</td>
<td>3.5</td>
<td>8.4</td>
</tr>
<tr>
<td>Raised blood pressure (2008)</td>
<td>30.9%</td>
<td>25.3%</td>
<td>28.1%</td>
</tr>
<tr>
<td>Obesity (2008)</td>
<td>6.4%</td>
<td>14.1%</td>
<td>10.3%</td>
</tr>
</tbody>
</table>

### National systems response to NCDs

- Has an operational NCD unit/branch or department within the Ministry of Health, or equivalent: No
- Has an operational multisectoral national policy, strategy or action plan that integrates several NCDs and shared risk factors: No
- Has an operational policy, strategy or action plan to reduce the harmful use of alcohol: No
- Has an operational policy, strategy or action plan to reduce physical inactivity and/or promote physical activity: Yes
- Has an operational policy, strategy or action plan to reduce the burden of tobacco use: Yes
- Has an operational policy, strategy or action plan to reduce unhealthy diet and/or promote healthy diets: Yes
- Has evidence-based national guidelines/protocols/standards for the management of major NCDs through a primary care approach: No
- Has an NCD surveillance and monitoring system in place to enable reporting against the nine global NCD targets: No
- Has a national, population-based cancer registry: No

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* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes).  
... = no data available

**World Health Organization - Noncommunicable Diseases (NCD) Country Profiles, 2014.**