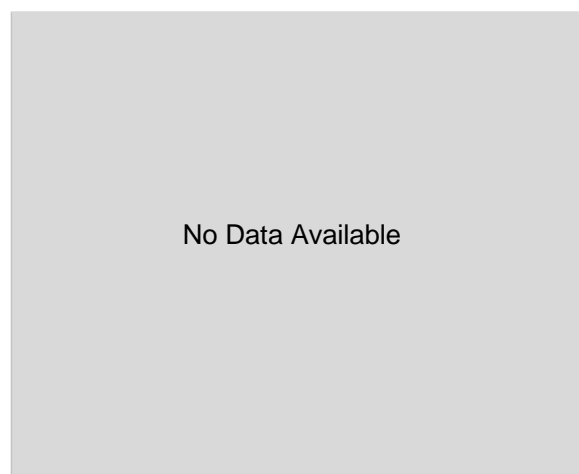


# Cook Islands

Total population: 21 000  
Income Group: Upper middle

Percentage of population living in urban areas: 73.5%  
Population proportion between ages 30 and 70 years: 39.7%

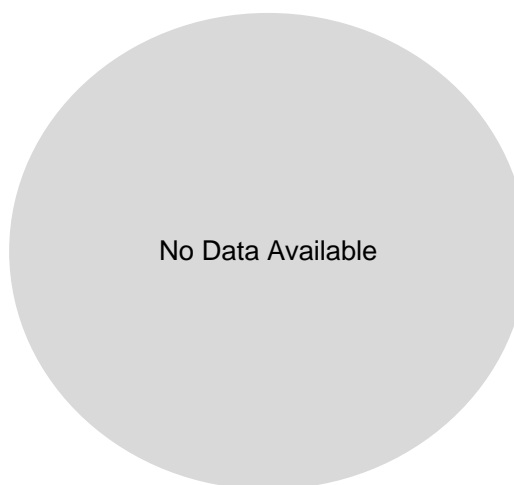
## Age-standardized death rates\*



2000 2002 2004 2006 2008 2010 2012

Cardiovascular Diseases Cancers  
Chronic Respiratory Diseases Diabetes

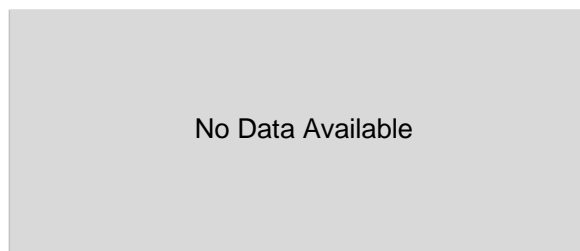
## Proportional mortality (% of total deaths, all ages, both sexes)\*



Total deaths: 100

## Premature mortality due to NCDs\*

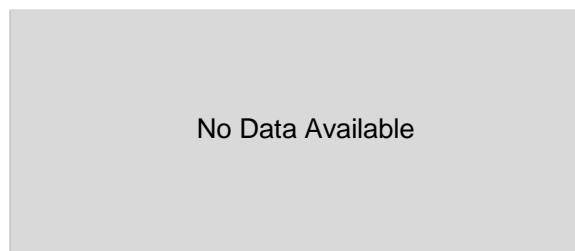
Number of deaths, under 70 years  
Males



2000 2002 2004 2006 2008 2010 2012

Cancers Diabetes Cardiovascular Diseases Chronic Respiratory Diseases Other NCDs

Number of deaths, under 70 years  
Females



2000 2002 2004 2006 2008 2010 2012

Cancers Diabetes Cardiovascular Diseases Chronic Respiratory Diseases Other NCDs

## Adult risk factors

	males	females	total
Current tobacco smoking (2011)	41%	27%	34%
Total alcohol per capita consumption, in litres of pure alcohol (2010)	10.5	2.1	6.4
Raised blood pressure (2008)	37.9%	26.7%	32.4%
Obesity (2008)	59.7%	67.9%	63.7%

## National systems response to NCDs

Has an operational NCD unit/branch or department within the Ministry of Health, or equivalent	No
Has an operational multisectoral national policy, strategy or action plan that integrates several NCDs and shared risk factors	No
Has an operational policy, strategy or action plan to reduce the harmful use of alcohol	Yes
Has an operational policy, strategy or action plan to reduce physical inactivity and/or promote physical activity	Yes
Has an operational policy, strategy or action plan to reduce the burden of tobacco use	Yes
Has an operational policy, strategy or action plan to reduce unhealthy diet and/or promote healthy diets	Yes
Has evidence-based national guidelines/protocols/standards for the management of major NCDs through a primary care approach	No
Has an NCD surveillance and monitoring system in place to enable reporting against the nine global NCD targets	No
Has a national, population-based cancer registry	No

\* See Explanatory Notes