CABO VERDE

RISK OF PREMATURE DEATH DUE TO NCDs (%)*

SELECTED ADULT RISK FACTOR TRENDS

PROPORTIONAL MORTALITY*

- 36% Cardiovascular diseases
- 11% Cancers
- 4% Chronic respiratory diseases
- 5% Diabetes
- 15% Other NCDs
- 20% Communicable, maternal, perinatal and nutritional conditions
- 10% Injuries

MORTALITY*

PREMATURE MORTALITY FROM NCDs

NATIONAL TARGET SET

2016 TOTAL POPULATION: 540 000
2016 TOTAL DEATHS: 2 900

DATA YEAR MALES FEMALES TOTAL

Premature mortality from NCDs □ Total NCD deaths 2016 930 1 100 2 100
Risk of premature death between 30–70 years (%) 2016 19 16 17

Suicide mortality □ Suicide mortality rate (per 100 000 population) 2016 - - 11

RISK FACTORS

Harmful use of alcohol ✓ Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol) 2016 10 2 6
Physical inactivity X Physical inactivity, adults aged 18+ (%) 2016 12 24 19
Salt/Sodium intake X Mean population salt intake, adults aged 20+ (g/day) 2010 9 8 8
Tobacco use ✓ Current tobacco smoking, adults aged 15+ (%) 2016 16 2 9
Raised blood pressure ✓ Raised blood pressure, adults aged 18+ (%) 2015 26 25 25
Diabetes ✓ Raised blood glucose, adults aged 18+ (%) 2014 7 7 7
Obesity ✓ Obesity, adults aged 18+ (%) 2016 6 15 11
Ambient air pollution □ Exceedance of WHO guidelines level for annual PM2.5 concentration (proportion) 2016 - - 3
Household air pollution □ Population with primary reliance on polluting fuels and technologies (%) 2016 - - 29

CURRENT TOBACCO SMOKING

% of the population


Males Females

Past trends Projected linear trends Global targets

RISK FACTORS

Drug therapy to prevent heart attacks and strokes ✓ Proportion of population at high risk for CVD or with existing CVD (%) - - -
Proportion of high risk persons receiving any drug therapy and counselling to prevent heart attacks and strokes (%) - - -
Proportion of primary health care centres reported as offering CVD risk stratification 2017 More than 50%
Reported having CVD guidelines that are utilized in at least 50% of health facilities 2017 No

Essential NCD medicines and basic technologies to treat major NCDs □ Number of essential NCD medicines reported as “generally available” 2017 10 out of 10
Number of essential NCD technologies reported as “generally available” 2017 6 out of 6

3 500 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO “BEST BUYS”

NATIONAL SYSTEMS RESPONSE


* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes)