COSTA RICA

RISK OF PREMATURE DEATH DUE TO NCDS (%)

PROPORTIONAL MORTALITY

- 29% Cardiovascular diseases
- 23% Cancers
- 7% Chronic respiratory diseases
- 4% Diabetess
- 20% Other NCDS
- 6% Communicable, maternal, perinatal and nutritional conditions
- 10% Injuries

NCDs are estimated to account for 83% of all deaths.

MORTALITY

<table>
<thead>
<tr>
<th>NATIONAL TARGET SET</th>
<th>DATA YEAR</th>
<th>MALES</th>
<th>FEMALES</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Premature mortality from NCDs ✓</td>
<td>2016</td>
<td>11 000</td>
<td>9 500</td>
<td>20 500</td>
</tr>
<tr>
<td>Risk of premature death between 30-70 years (%)</td>
<td>2016</td>
<td>14</td>
<td>9</td>
<td>12</td>
</tr>
<tr>
<td>Suicide mortality -</td>
<td>2016</td>
<td>-</td>
<td>-</td>
<td>8</td>
</tr>
</tbody>
</table>

RISK FACTORS

- Harmful use of alcohol X
- Physical inactivity ✓
- Salt/Sodium intake ✓
- Tobacco use ✓
- Raised blood pressure X
- Diabetes X
- Obesity ✓
- Ambient air pollution -
- Household air pollution -

RISK FACTORS TRENDS

SELECTED ADULT RISK FACTOR TRENDS

CURRENT TOBACCO SMOKING

OBESITY

RAISED BLOOD PRESSURE

NATIONAL SYSTEMS RESPONSE

- Drug therapy to prevent heart attacks and strokes ✓
- Essential NCD medicines and basic technologies to treat major NCDs ✓

16 000 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO “BEST BUYS”