CUBA

RISK OF PREMATURE DEATH DUE TO NCDS (%)

PROPORTIONAL MORTALITY

- 36% Cardiovascular diseases
- 15% Other NCDs
- 25% Cancers
- 8% Communicable, maternal, perinatal and nutritional conditions
- 6% Chronic respiratory diseases
- 8% Injuries
- 2% Diabets

SELECTED ADULT RISK FACTOR TRENDS

MORTALITY

<table>
<thead>
<tr>
<th>NATIONAL TARGET SET</th>
<th>DATA YEAR</th>
<th>MALES</th>
<th>FEMALES</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>premature mortality from NCDS</td>
<td>2016</td>
<td>44 200</td>
<td>38 300</td>
<td>82 400</td>
</tr>
<tr>
<td>Risk of premature death between 30-70 years (%)</td>
<td>2016</td>
<td>19</td>
<td>14</td>
<td>16</td>
</tr>
<tr>
<td>Suicide mortality</td>
<td>2016</td>
<td>-</td>
<td>-</td>
<td>14</td>
</tr>
</tbody>
</table>

RISK FACTORS

Harmful use of alcohol

Physical inactivity

Salt/Sodium intake

Tobacco use

Raised blood pressure

Diabetes

Obesity

Ambient air pollution

Household air pollution

RAISED BLOOD PRESSURE

CURRENT TOBACCO SMOKING

OBESITY

4 400 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO “BEST BUYS”

NATIONAL SYSTEMS RESPONSE

Drug therapy to prevent heart attacks and strokes

Essential NCD medicines and basic technologies to treat major NCDs

... = no data available