ERITREA

RISK OF PREMATURE DEATH DUE TO NCDs (%)*

- 19% Cardiovascular diseases
- 12% Other NCDs
- 8% Cancers
- 43% Communicable, maternal, perinatal and nutritional conditions
- 3% Chronic respiratory diseases
- 12% Injuries
- 3% Diabetes

PROPORTIONAL MORTALITY*

- 19% Premature mortality from NCDs
- 43% Suicide mortality

SELECTED ADULT RISK FACTOR TRENDS

- Harmful use of alcohol
- Physical inactivity
- Salt/Sodium intake
- Tobacco use
- Raised blood pressure
- Diabetes
- Obesity
- Ambient air pollution
- Household air pollution

NATIONAL SYSTEMS RESPONSE

- Drug therapy to prevent heart attacks and strokes
- Essential NCD medicines and basic technologies to treat major NCDs

2 600 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO "BEST BUYS"

MORTALITY*

<table>
<thead>
<tr>
<th>NATIONAL TARGET SET</th>
<th>DATA YEAR</th>
<th>MALES</th>
<th>FEMALES</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Premature mortality from NCDs</td>
<td>X</td>
<td>Total NCD deaths</td>
<td>2016</td>
<td>8 000</td>
</tr>
<tr>
<td>Risk of premature death between 30-70 years (%)</td>
<td>2016</td>
<td>25</td>
<td>23</td>
<td>24</td>
</tr>
<tr>
<td>Suicide mortality</td>
<td>-</td>
<td>Suicide mortality rate (per 100 000 population)</td>
<td>2016</td>
<td>-</td>
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</tbody>
</table>

RISK FACTORS

<table>
<thead>
<tr>
<th>RISK FACTORS</th>
<th>TOTAL ALCOHOL CONSUMPTION, ADULTS AGED 15+ (LITRES OF PURE ALCOHOL)</th>
<th>PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)</th>
<th>MEAN POPULATION SALT INTAKE, ADULTS AGED 20+ (G/DAY)</th>
<th>CURRENT TOBACCO SMOKING, ADULTS AGED 15+ (%)</th>
<th>RAISED BLOOD PRESSURE, ADULTS AGED 18+ (%)</th>
<th>OBESITY, ADULTS AGED 18+ (%)</th>
<th>OBESITY, ADOLESCENTS AGED 10-19 (%)</th>
<th>EXCEEDANCE OF WHO GUIDELINES LEVEL FOR ANNUAL PM2.5 CONCENTRATION (PROPORTION)</th>
<th>POPULATION WITH PRIMARY RELIANCE ON POLLUTING FUELS AND TECHNOLOGIES (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Harmful use of alcohol</td>
<td>✓</td>
<td>Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol)</td>
<td>2016</td>
<td>2</td>
<td>0</td>
<td>1</td>
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<td></td>
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<tr>
<td>Physical inactivity</td>
<td>✓</td>
<td>Physical inactivity, adults aged 18+ (%)</td>
<td>2016</td>
<td>12</td>
<td>29</td>
<td>21</td>
<td></td>
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<td></td>
</tr>
<tr>
<td>Salt/Sodium intake</td>
<td>X</td>
<td>Mean population salt intake, adults aged 20+ (g/day)</td>
<td>2010</td>
<td>6</td>
<td>6</td>
<td>6</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tobacco use</td>
<td>✓</td>
<td>Current tobacco smoking, adults aged 15+ (%)</td>
<td>2016</td>
<td>12</td>
<td>0</td>
<td>6</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Raised blood pressure</td>
<td>✓</td>
<td>Raised blood pressure, adults aged 18+ (%)</td>
<td>2015</td>
<td>21</td>
<td>21</td>
<td>21</td>
<td></td>
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</tr>
<tr>
<td>Diabetes</td>
<td>✓</td>
<td>Raised blood glucose, adults aged 18+ (%)</td>
<td>2014</td>
<td>3</td>
<td>3</td>
<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Obesity</td>
<td>X</td>
<td>Obesity, adults aged 18+ (%)</td>
<td>2016</td>
<td>6</td>
<td>2</td>
<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Ambient air pollution</td>
<td>-</td>
<td>Exceedance of WHO guidelines level for annual PM2.5 concentration (proportion)</td>
<td>2016</td>
<td>-</td>
<td>-</td>
<td>4</td>
<td></td>
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<tr>
<td>Household air pollution</td>
<td>-</td>
<td>Population with primary reliance on polluting fuels and technologies (%)</td>
<td>2016</td>
<td>-</td>
<td>-</td>
<td>84</td>
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<td></td>
</tr>
</tbody>
</table>

CURRENT TOBACCO SMOKING

- 8% of the population

OBESITY

- 19% of the population

RAISED BLOOD PRESSURE

- 12% of the population

2016 TOTAL POPULATION: 4 955 000
2016 TOTAL DEATHS: 34 000

= no data available

* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes)