ETHIOPIA

**RISK OF PREMATURE DEATH DUE TO NCDs (%)**

![Graph showing trends in premature death risk due to NCDs from 2000 to 2025 for males and females.](image)

**PROPORTIONAL MORTALITY**

- **16%** Cardiovascular diseases
- **12%** Other NCDs
- **7%** Cancers
- **49%** Communicable, maternal, perinatal and nutritional conditions
- **2%** Chronic respiratory diseases
- **12%** Injuries

**NATIONAL TARGET SET DATA YEAR MALES FEMALES TOTAL**

- **Premature mortality from NCDs**
  - Total NCD deaths: 2016
  - Risk of premature death between 30-70 years (%): 2016
    - Males: 140 000
    - Females: 60 000
    - Total: 275 000
    - Males: 19
    - Females: 18
    - Total: 18

- **Suicide mortality**
  - Suicide mortality rate (per 100 000 population): 2016
    - Males: -
    - Females: -
    - Total: 7

**RISK FACTORS**

- **Harmful use of alcohol**
  - Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol): 2016
    - Males: 5
    - Females: 1
    - Total: 3

- **Physical inactivity**
  - Physical inactivity, adults aged 18+ (%): 2016
    - Males: 10
    - Females: 17
    - Total: 14

- **Salt/Sodium intake**
  - Mean population salt intake, adults aged 20+ (g/day): 2010
    - Males: 6
    - Females: 6
    - Total: 6

- **Tobacco use**
  - Current tobacco smoking, adults aged 15+ (%): 2016
    - Males: 8
    - Females: 0
    - Total: 4

- **Raised blood pressure**
  - Raised blood pressure, adults aged 18+ (%): 2015
    - Males: 23
    - Females: 24
    - Total: 24

- **Diabetes**
  - Raised blood glucose, adults aged 18+ (%): 2014
    - Males: 4
    - Females: 4
    - Total: 4

- **Obesity**
  - Obesity, adults aged 18+ (%): 2016
    - Males: 2
    - Females: 4
    - Total: 4

- **Ambient air pollution**
  - Exceedance of WHO guidelines level for annual PM2.5 concentration by a multiple of: 2016
    - Males: -
    - Females: -
    - Total: 3

- **Household air pollution**
  - Population with primary reliance on polluting fuels and technologies (%): 2016
    - Males: -
    - Females: -
    - Total: >95

**SELECTED ADULT RISK FACTOR TRENDS**

- **Current tobacco smoking**
- **Obesity**
- **Raised blood pressure**

**CURRENT TOBACCO SMOKING**

- Past trends
- Projected linear trends
- Global targets
- Males
- Females

**OBESITY**

- Past trends
- Projected linear trends
- Global targets
- Males
- Females

**RAISED BLOOD PRESSURE**

- Past trends
- Projected linear trends
- Global targets
- Males
- Females

**NATIONAL SYSTEMS RESPONSE**

- **Drug therapy to prevent heart attacks and strokes**
  - Proportion of population at high risk for CVD or with existing CVD (%): 2015
    - Males: 5
  - Proportion of high risk persons receiving any drug therapy and counseling to prevent heart attacks and strokes (%): 2015
    - Males: 12
  - Proportion of primary health care centres reported as offering CVD risk stratification: 2017
    - Males: Less than 25%
  - Reported having CVD guidelines that are utilized in at least 50% of health facilities: 2017
    - Males: No

- **Essential NCD medicines and basic technologies to treat major NCDs**
  - Number of essential NCD medicines reported as “generally available”: 2017
    - Males: 1 out of 10
    - Females: 3 out of 6

*The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes)*

**World Health Organization - Noncommunicable Diseases (NCD) Country Profiles, 2018.**