Finland

Total population: 5,408,000
Income Group: High

% of population living in urban areas: 83.7%
Population proportion between ages 30 and 70 years: 52.6%

Premature mortality due to NCDs

The probability of dying between ages 30 and 70 years from the 4 main NCDs is 11%.

Adult risk factors

Current tobacco smoking (2011)  
Total alcohol per capita consumption, in litres of pure alcohol (2010)  
Raised blood pressure (2008)  
Obesity (2008)

<table>
<thead>
<tr>
<th></th>
<th>males</th>
<th>females</th>
<th>total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current tobacco</td>
<td>27%</td>
<td>20%</td>
<td>24%</td>
</tr>
<tr>
<td>smoking</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total alcohol</td>
<td>17.5</td>
<td>7.3</td>
<td>12.3</td>
</tr>
<tr>
<td>per capita</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Raised blood</td>
<td>38.9%</td>
<td>30.3%</td>
<td>34.5%</td>
</tr>
<tr>
<td>pressure</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Obesity</td>
<td>23.3%</td>
<td>22.8%</td>
<td>23.0%</td>
</tr>
</tbody>
</table>

National systems response to NCDs

Has an operational NCD unit/branch or department within the Ministry of Health, or equivalent  
Has an operational multisectoral national policy, strategy or action plan that integrates several NCDs and shared risk factors  
Has an operational policy, strategy or action plan to reduce the harmful use of alcohol  
Has an operational policy, strategy or action plan to reduce physical inactivity and/or promote physical activity  
Has an operational policy, strategy or action plan to reduce the burden of tobacco use  
Has an operational policy, strategy or action plan to reduce unhealthy diet and/or promote healthy diets  
Has evidence-based national guidelines/protocols/standards for the management of major NCDs through a primary care approach  
Has an NCD surveillance and monitoring system in place to enable reporting against the nine global NCD targets  
Has a national, population-based cancer registry

Yes
Yes
Yes
Yes
Yes
Yes
Yes
No
Yes