GHANA

RISK OF PREMATURE DEATH DUE TO NCDs (%)*

![Graph showing risk of premature death due to NCDs]

- **19%** Cardiovascular diseases
- **13%** Other NCDs
- **5%** Cancers
- **48%** Communicable, maternal, perinatal and nutritional conditions
- **2%** Chronic respiratory diseases
- **10%** Injuries
- **3%** Diabetes

PROPORTIONAL MORTALITY*

- **2016 TOTAL POPULATION:** 28 207 000
- **2016 TOTAL DEATHS:** 221 000

MORTALITY*

<table>
<thead>
<tr>
<th>NATIONAL TARGET SET</th>
<th>DATA YEAR</th>
<th>MALES</th>
<th>FEMALES</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Premature mortality from NCDs</td>
<td>X</td>
<td>Total NCD deaths</td>
<td>2016</td>
<td>41 300</td>
</tr>
<tr>
<td>Risk of premature death between 30-70 years (%)</td>
<td>2016</td>
<td>18</td>
<td>23</td>
<td>21</td>
</tr>
<tr>
<td>Suicide mortality</td>
<td>-</td>
<td>Suicide mortality rate (per 100 000 population)</td>
<td>2016</td>
<td>-</td>
</tr>
</tbody>
</table>

RISK FACTORS

- **Harmful use of alcohol**
- **Physical inactivity**
- **Salt/Sodium intake**
- **Tobacco use**
- **Raised blood pressure**
- **Diabetes**
- **Obesity**
- **Ambient air pollution**
- **Household air pollution**

SELECTED ADULT RISK FACTOR TRENDS

- **Current tobacco smoking**
- **Obesity**
- **Raised blood pressure**

NATIONAL SYSTEMS RESPONSE

- **Drug therapy to prevent heart attacks and strokes**
- **Essential NCD medicines and basic technologies to treat major NCDs**

- **22 000 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO “BEST BUYS”**

- = no data available

* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes)

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