GUATEMALA

**RISK OF PREMATURE DEATH DUE TO NCDS (%)**

![Graph showing risk of premature death due to NCDS (%)](image)

**PROPORTIONAL MORTALITY**

- **17%** Cardiac vascular diseases
- **20%** Other NCDS
- **10%** Cancers
- **25%** Communicable, maternal, perinatal and nutritional conditions
- **3%** Chronic respiratory diseases
- **16%** Injuries
- **8%** Diabetes

**5,900 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO “BEST BUYS”**

<table>
<thead>
<tr>
<th>Risk Factor</th>
<th>Male Projected Linear Trends</th>
<th>Female Projected Linear Trends</th>
<th>Global Targets</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Premature mortality from NCDS</strong></td>
<td>Projected linear trend for males</td>
<td>Projected linear trend for females</td>
<td>Global target for both males and females</td>
</tr>
<tr>
<td><strong>Suicide</strong></td>
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</tbody>
</table>

**RISK FACTORS**

- **Harmful use of alcohol**
  - Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol) 2016 4 1 2
- **Physical inactivity**
  - Physical inactivity, adults aged 18+ (%) 2016 35 36 35
- **Salt/Sodium intake**
  - Mean population salt intake, adults aged 20+ (g/day) 2010 8 7 7
- **Tobacco use**
  - Current tobacco smoking, adults aged 15+ (%) 2016 ...
- **Raised blood pressure**
  - Raised blood pressure, adults aged 18+ (%) 2015 18 16 17
- **Diabetes**
  - Obesity, adults aged 18+ (%) 2016 13 24 19
  - Obesity, adolescents aged 10-19 (%) 2016 8 9 8
- **Ambient air pollution**
  - Exceedance of WHO guidelines level for annual PM2.5 concentration (proportion) 2016 ...
- **Household air pollution**
  - Population with primary reliance on polluting fuels and technologies (%) 2016 ...

**SELECTED ADULT RISK FACTOR TRENDS**

**CURRENT TOBACCO SMOKING**

<table>
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<tr>
<th>Year</th>
<th>Male</th>
<th>Female</th>
<th>Total</th>
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<tr>
<td>2016</td>
<td>23,900</td>
<td>23,500</td>
<td>47,500</td>
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**OBESITY**

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**RAISED BLOOD PRESSURE**

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**NATIONAL SYSTEMS RESPONSE**

- **Drug therapy to prevent heart attacks and strokes**
  - Proportion of population at high risk for CVD or with existing CVD (%)
  - Proportion of high risk persons receiving any drug therapy and counselling to prevent heart attacks and strokes (%)
  - Proportion of primary health care centres reported as offering CVD risk stratification
  - Reported having CVD guidelines that are utilized in at least 50% of health facilities
- **Essential NCD medicines and basic technologies to treat major NCDs**
  - Number of essential NCD medicines reported as “generally available”
  - Number of essential NCD technologies reported as “generally available”

... = no data available