IRAN (ISLAMIC REPUBLIC OF)

RISK OF PREMATURE DEATH DUE TO NCDs (%)*

PROPORTIONAL MORTALITY*

- 43% Cardiovascular diseases
- 15% Other NCDs
- 16% Cancers
- 8% Communicable, maternal, perinatal and nutritional conditions
- 4% Chronic respiratory diseases
- 10% Injuries
- 4% Diabetes

NATIONAL TARGET SET DATA YEAR MALES FEMALES TOTAL

MORTALITY*

Premature mortality from NCDs✓ Total NCD deaths
2016 166 200 138 100 304 400
Risk of premature death between 30-70 years (%) 2016 16 14 15

Suicide mortality - Suicide mortality rate (per 100 000 population) 2016 - - 4

RISK FACTORS

Harmful use of alcohol✓ Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol)
2016 2 0 1
Physical inactivity✓ Physical inactivity, adults aged 18+ (%) 2016 22 42 32
Salt/Sodium intake✓ Mean population salt intake, adults aged 20+ (g/day) 2010 11 10 10
Tobacco use✓ Current tobacco smoking, adults aged 15+ (%) 2016 20 11 11
Raised blood pressure✓ Raised blood pressure, adults aged 18+ (%) 2015 18 16 17
Diabetes✓ Raised blood glucose, adults aged 18+ (%) 2014 10 11 10
Obesity✓ Obesity, adults aged 18+ (%) 2016 19 32 26
Ambient air pollution - Exceedance of WHO guidelines level for annual PM2.5 concentration (proportion) 2016 - - 4
Household air pollution - Population with primary reliance on polluting fuels and technologies (%) 2016 - - <5

SELECTED ADULT RISK FACTOR TRENDS

CURRENT TOBACCO SMOKING

OBSERVATION

RAISED BLOOD PRESSURE

NATIONAL SYSTEMS RESPONSE

Drug therapy to prevent heart attacks and strokes✓ Proportion of population at high risk for CVD or with existing CVD (%) - -
Proportion of high risk persons receiving any drug therapy and counselling to prevent heart attacks and strokes (%) - -
Proportion of primary health care centres reported as offering CVD risk stratification 2017 - More than 50%
Reported having CVD guidelines that are utilized in at least 50% of health facilities 2017 Yes

Essential NCD medicines and basic technologies to treat major NCDs✓ Number of essential NCD medicines reported as “generally available” 2017 10 out of 10
Number of essential NCD technologies reported as “generally available” 2017 6 out of 6

31,900 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO "BEST BUYS"

Males Females Total

DATA YEAR MALES FEMALES TOTAL

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* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes)