ITALY

RISK OF PREMATURE DEATH DUE TO NCDs (%)

PROPORTIONAL MORTALITY

- 36% Cardiovascular diseases
- 18% Other NCDs
- 27% Cancers
- 5% Communicable, maternal, perinatal and nutritional conditions
- 6% Chronic respiratory diseases
- 4% Injuries
- 3% Diabetes

MORTALITY

<table>
<thead>
<tr>
<th>NATIONAL TARGET SET</th>
<th>DATA YEAR</th>
<th>MALES</th>
<th>FEMALES</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Premature mortality from NCDs</td>
<td>X</td>
<td>Total NCD deaths</td>
<td>2016</td>
<td>278 300</td>
</tr>
<tr>
<td>Suicide mortality</td>
<td>-</td>
<td>Suicide mortality rate (per 100 000 population)</td>
<td>2016</td>
<td>-</td>
</tr>
</tbody>
</table>

RISK FACTORS

- Harmful use of alcohol ✓ | Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol) | 2016 | 13 | 3 | 8 |
- Physical inactivity ✓ | Physical inactivity, adults aged 18+ (%) | 2016 | 39 | 50 | 45 |
- Salt/Sodium intake X | Mean population salt intake, adults aged 20+ (g/day) | 2010 | 12 | 11 | 11 |
- Tobacco use ✓ | Current tobacco smoking, adults aged 15+ (%) | 2016 | 27 | 18 | 22 |
- Raised blood pressure X | Raised blood pressure, adults aged 18+ (%) | 2015 | 32 | 28 | 30 |
- Diabetes X | Obesity, adults aged 18+ (%) | 2016 | 23 | 23 | 23 |
- Obesity X | Obesity, adolescents aged 10-19 (%) | 2016 | 12 | 8 | 10 |
- Ambient air pollution - | Exceedance of WHO guidelines level for annual PM2.5 concentration by a multiple of | 2016 | - | - | 2 |
- Household air pollution - | Population with primary reliance on polluting fuels and technologies (%) | 2016 | - | - | <5 |

SELECTED ADULT RISK FACTOR TRENDS

CURRENT TOBACCO SMOKING

OBEITY

RAISED BLOOD PRESSURE

NATIONAL SYSTEMS RESPONSE

- Drug therapy to prevent heart attacks and strokes ✓
- Essential NCD medicines and basic technologies to treat major NCDs X