KUWAIT

RISK OF PREMATURE DEATH DUE TO NCDS (%)

PROPORTIONAL MORTALITY
- 41% Cardiovascular diseases
- 10% Other NCDs
- 15% Cancers
- 15% Communicable, maternal, perinatal and nutritional conditions
- 3% Chronic respiratory diseases
- 13% Injuries

NATIONAL TARGET SET DATA YEAR MALES FEMALES TOTAL

PREMORTALITY
Premature mortality from NCDs
Total NCD deaths 2016 5 200 2 800 8 000
Risk of premature death between 30-70 years (%) 2016 19 15 17

SUICIDE MORTALITY
Suicide mortality
Suicide mortality rate (per 100 000 population) 2016 - - 2

RISK FACTORS

Harmful use of alcohol
Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol) 2016 0 0 0
Physical inactivity
Physical inactivity, adults aged 18+ (%) 2016 60 73 65
Salt/Sodium intake
Mean population salt intake, adults aged 20+ (g/day) 2010 10 9 10
Tobacco use
Current tobacco smoking, adults aged 15+ (%) 2016 40 3 24
Raised blood pressure
Raised blood pressure, adults aged 18+ (%) 2015 20 13 18
Diabetes
Raised blood glucose, adults aged 18+ (%) 2014 15 15 15
Obesity
Obesity, adults aged 18+ (%) 2016 33 44 37
Obesity, adolescents aged 10-19 (%) 2016 26 20 23
Ambient air pollution
Exceedance of WHO guidelines level for annual PM2.5 concentration (by a multiple of) 2016 - - 6
Household air pollution
Population with primary reliance on polluting fuels and technologies (%) 2016 - - <5

SELECTED ADULT RISK FACTOR TRENDS

CURRENT TOBACCO SMOKING

OBESITY

RAISED BLOOD PRESSURE

NATIONAL SYSTEMS RESPONSE

Drug therapy to prevent heart attacks and strokes
Proportion of population at high risk for CVD or with existing CVD (%) 2014 11
Proportion of high risk persons receiving any drug therapy and counselling to prevent heart attacks and strokes (%) 2014 73
Proportion of primary health care centres reported as offering CVD risk stratification 2017 More than 50%
Reported having CVD guidelines that are utilized in at least 50% of health facilities 2017 Yes

Essential NCD medicines and basic technologies to treat major NCDs
Number of essential NCD medicines reported as “generally available” 2017 10 out of 10
Number of essential NCD technologies reported as “generally available” 2017 6 out of 6