Lesotho

Total population: 2 052 000
Income Group: Lower middle

Percentage of population living in urban areas: 27.6%
Population proportion between ages 30 and 70 years: 27.1%

**Premature mortality due to NCDs**

The probability of dying between ages 30 and 70 years from the 4 main NCDs is **24%**.

**Adult risk factors**

<table>
<thead>
<tr>
<th>Risk Factor</th>
<th>Males</th>
<th>Females</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current tobacco smoking (2011)</td>
<td>...</td>
<td>...</td>
<td>...</td>
</tr>
<tr>
<td>Total alcohol per capita consumption, in litres of pure alcohol (2010)</td>
<td>10.8</td>
<td>2.5</td>
<td>6.5</td>
</tr>
<tr>
<td>Raised blood pressure (2008)</td>
<td>32.9%</td>
<td>33.5%</td>
<td>33.3%</td>
</tr>
<tr>
<td>Obesity (2008)</td>
<td>2.6%</td>
<td>24.0%</td>
<td>14.6%</td>
</tr>
</tbody>
</table>

**National systems response to NCDs**

- Has an operational NCD unit/branch or department within the Ministry of Health, or equivalent: **No**
- Has an operational multisectoral national policy, strategy or action plan that integrates several NCDs and shared risk factors: **No**
- Has an operational policy, strategy or action plan to reduce the harmful use of alcohol: **No**
- Has an operational policy, strategy or action plan to reduce physical inactivity and/or promote physical activity: **No**
- Has an operational policy, strategy or action plan to reduce the burden of tobacco use: **No**
- Has an operational policy, strategy or action plan to reduce unhealthy diet and/or promote healthy diets: **No**
- Has evidence-based national guidelines/protocols/standards for the management of major NCDs through a primary care approach: **No**
- Has an NCD surveillance and monitoring system in place to enable reporting against the nine global NCD targets: **No**
- Has a national, population-based cancer registry: **No**

---

*The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes).*

... = no data available

---