**RISK OF PREMATURE DEATH DUE TO NCDS (%)**

- **Probability (%) of premature death**
  - *National Target Set Data Year*:
    - **Males**:
      - 2016: 20,600
      - 2025: 21,600
    - **Females**:
      - 2016: 21,600
      - 2025: 42,200

**PROPORTIONAL MORTALITY**

- **59%** Cardiovascular diseases
- **13%** Other NCDs
- **15%** Cancers
- **4%** Communicable, maternal, perinatal and nutritional conditions
- **2%** Chronic respiratory diseases
- **6%** Injuries
- **1%** Diabetes

**MORTALITY**

<table>
<thead>
<tr>
<th>NATIONAL TARGET SET</th>
<th>DATA YEAR</th>
<th>MALES</th>
<th>FEMALES</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Premature mortality from NCDs</td>
<td>✓</td>
<td>Total NCD deaths</td>
<td>2016</td>
<td>20,600</td>
</tr>
<tr>
<td>Risk of premature death between 30-70 years (%)</td>
<td>2016</td>
<td>34</td>
<td>17</td>
<td>25</td>
</tr>
<tr>
<td>Suicide mortality</td>
<td>-</td>
<td>Suicide mortality rate (per 100,000 population)</td>
<td>2016</td>
<td>-</td>
</tr>
</tbody>
</table>

**RISK FACTORS**

- **Harmful use of alcohol**
  - Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol) | 2016 | 25 | 6 | 15 |
- **Physical inactivity**
  - Physical inactivity, adults aged 18+ (%) | 2016 | 12 | 11 | 12 |
- **Salt/Sodium intake**
  - Mean population salt intake, adults aged 20+ (g/day) | 2010 | 10 | 10 | 10 |
- **Tobacco use**
  - Current tobacco smoking, adults aged 15+ (%) | 2016 | 45 | 6 | 24 |
- **Raised blood pressure**
  - Raised blood pressure, adults aged 18+ (%) | 2015 | 35 | 32 | 33 |
- **Diabetes**
  - Obesity, adults aged 18+ (%) | 2016 | 17 | 23 | 20 |
  - Obesity, adolescents aged 10-19 (%) | 2016 | 4 | 3 | 3 |
- **Ambient air pollution**
  - Exceedance of WHO guidelines level for annual PM2.5 concentration (proportion) | 2016 | - | - | 2 |
- **Household air pollution**
  - Population with primary reliance on polluting fuels and technologies (%) | 2016 | - | - | 8 |

**SELECTED ADULT RISK FACTOR TRENDS**

**CURRENT TOBACCO SMOKING**


**OBESITY**


**RAISED BLOOD PRESSURE**


**NATIONAL SYSTEMS RESPONSE**

- **Drug therapy to prevent heart attacks and strokes**
  - Proportion of population at high risk for CVD or with existing CVD (%) | 2013 | 23 |
  - Proportion of high risk persons receiving any drug therapy and counselling to prevent heart attacks and strokes (%) | 2013 | 51 |
  - Proportion of primary health care centres reported as offering CVD risk stratification | 2017 | More than 50% |
  - Reported having CVD guidelines that are utilized in at least 50% of health facilities | 2017 | Yes |

- **Essential NCD medicines and basic technologies to treat major NCDs**
  - Number of essential NCD medicines reported as “generally available” | 2017 | 10 out of 10 |
  - Number of essential NCD technologies reported as “generally available” | 2017 | 5 out of 6 |