Mexico

Total population: 121,000,000
Income Group: Upper middle

Percentage of population living in urban areas: 78.1%
Population proportion between ages 30 and 70 years: 40.5%

Premature mortality due to NCDs

The probability of dying between ages 30 and 70 years from the 4 main NCDs is 16%.

Adult risk factors

- Current tobacco smoking (2011): males 27%, females 8%, total 17%
- Total alcohol per capita consumption, in litres of pure alcohol (2010): males 12.4, females 2.6, total 7.2
- Raised blood pressure (2008): males 25.8%, females 20.1%, total 22.8%
- Obesity (2008): males 26.3%, females 37.4%, total 32.1%

National systems response to NCDs

- Has an operational NCD unit/branch or department within the Ministry of Health, or equivalent: Yes
- Has an operational multisectoral national policy, strategy or action plan that integrates several NCDs and shared risk factors: No
- Has an operational policy, strategy or action plan to reduce the harmful use of alcohol: Yes
- Has an operational policy, strategy or action plan to reduce physical inactivity and/or promote physical activity: Yes
- Has an operational policy, strategy or action plan to reduce the burden of tobacco use: Yes
- Has an operational policy, strategy or action plan to reduce unhealthy diet and/or promote healthy diets: Yes
- Has evidence-based national guidelines/protocols/standards for the management of major NCDs through a primary care approach: DK
- Has an NCD surveillance and monitoring system in place to enable reporting against the nine global NCD targets: Yes
- Has a national, population-based cancer registry: No

DK = Country responded "don't know"