THE FORMER YUGOSLAV REPUBLIC OF MACEDONIA

RISK OF PREMATURE DEATH DUE TO NCDs (%)

- 61% Cardiovascular diseases
- 20% Cancers
- 5% Chronic respiratory diseases
- 6% Other NCDs
- 3% Injuries

PROPORTIONAL MORTALITY

7 600 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO “BEST BUYS”

<table>
<thead>
<tr>
<th>NATIONAL TARGET SET</th>
<th>DATA YEAR</th>
<th>MALES</th>
<th>FEMALES</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Premature mortality from NCDs</td>
<td></td>
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<tr>
<td>Risk of premature death between 30–70 years (%)</td>
<td>2016</td>
<td>25</td>
<td>15</td>
<td>20</td>
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<td>Suicide mortality</td>
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<tr>
<td>Suicide mortality rate (per 100 000 population)</td>
<td>2016</td>
<td>-</td>
<td>-</td>
<td>8</td>
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</tbody>
</table>

RISK FACTORS

- Harmful use of alcohol
- Physical inactivity
- Salt/Sodium intake
- Tobacco use
- Raised blood pressure
- Diabetes
- Obesity
- Ambient air pollution
- Household air pollution

SELECTED ADULT RISK FACTOR TRENDS

CURRENT TOBACCO SMOKING

NO DATA AVAILABLE

OBESITY

RAISED BLOOD PRESSURE

NATIONAL SYSTEMS RESPONSE

- Drug therapy to prevent heart attacks and strokes
- Essential NCD medicines and basic technologies to treat major NCDs

... = no data available