Malta

Total population: 428,000
Income Group: High

Percentage of population living in urban areas: 94.8%
Population proportion between ages 30 and 70 years: 54.2%

**Proportional mortality (% of total deaths, all ages, both sexes)**

Total deaths: 3,000
NCDs are estimated to account for 92% of total deaths.

**Premature mortality due to NCDs**

The probability of dying between ages 30 and 70 years from the 4 main NCDs is 12%.

**Adult risk factors**

- Current tobacco smoking (2011) males: 31%, females: 20%, total: 25%
- Raised blood pressure (2008) males: 32.6%, females: 25.3%, total: 28.9%
- Obesity (2008) males: 27.3%, females: 30.3%, total: 28.8%

**National systems response to NCDs**

- Has an operational NCD unit/branch or department within the Ministry of Health, or equivalent: Yes
- Has an operational multisectoral national policy, strategy or action plan that integrates several NCDs and shared risk factors: Yes
- Has an operational policy, strategy or action plan to reduce the harmful use of alcohol: Yes
- Has an operational policy, strategy or action plan to reduce physical inactivity and/or promote physical activity: Yes
- Has an operational policy, strategy or action plan to reduce the burden of tobacco use: Yes
- Has an operational policy, strategy or action plan to reduce unhealthy diet and/or promote healthy diets: Yes
- Has evidence-based national guidelines/protocols/standards for the management of major NCDs through a primary care approach: No
- Has an NCD surveillance and monitoring system in place to enable reporting against the nine global NCD targets: No
- Has a national, population-based cancer registry: Yes