MYANMAR

RISK OF PREMATURE DEATH DUE TO NCDs (%)*

Probability (%) of premature death

NATIONAL TARGET SET

DATA YEAR | MALES | FEMALES | TOTAL

Premature mortality from NCDs ✓  Total NCD deaths 2016  145 000  146 600  291 600
Risk of premature death between 30-70 years (%) 2016 27 21 24

Suicide mortality -  Suicide mortality rate (per 100 000 population) 2016 - - 8

RISK FACTORS

Harmful use of alcohol ✓  Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol) 2016 8 1 5
Physical inactivity ✓  Physical inactivity, adults aged 18+ (%) 2016 8 13 10
Salt/Sodium intake ✓  Mean population salt intake, adults aged 20+ (g/day) 2010 12 11 11
Tobacco use ✓  Current tobacco smoking, adults aged 15+ (%) 2016 35 6 20
Raised blood pressure ✓  Raised blood pressure, adults aged 18+ (%) 2015 23 22 23
Diabetes ✓  Raised blood glucose, adults aged 18+ (%) 2014 6 7 7
Obesity ✓  Obesity, adults aged 18+ (%) 2016 4 7 6
Ambient air pollution -  Exceedance of WHO guidelines level for annual PM2.5 concentration (proportion) 2016 - - 3
Household air pollution -  Population with primary reliance on polluting fuels and technologies (%) 2016 - - 82

40 500 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO "BEST BUYS"

CURRENT TOBACCO SMOKING

% of the population


Past trends  Projected linear trends  Global targets

Males  Females

OBESITY

% of the population


Past trends  Projected linear trends  Global targets

Males  Females

RAISED BLOOD PRESSURE

% of the population


Past trends  Projected linear trends  Global targets

Males  Females

NATIONAL SYSTEMS RESPONSE

Drug therapy to prevent heart attacks and strokes ✓  Proportion of population at high risk for CVD or with existing CVD (%) 2014 12
Proportion of high risk persons receiving any drug therapy and counselling to prevent heart attacks and strokes (%) 2014 32
Proportion of primary health care centres reported as offering CVD risk stratification 2017 More than 50%
Reported having CVD guidelines that are utilized in at least 50% of health facilities 2017 Yes

Essential NCD medicines and basic technologies to treat major NCDs ✓  Number of essential NCD medicines reported as "generally available" 2017 7 out of 10
Number of essential NCD technologies reported as "generally available" 2017 4 out of 6

* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes)