**MYANMAR**

**RISK OF PREMATURE DEATH DUE TO NCDs (%)**

- 25% Cardiovascular diseases
- 13% Cancers
- 8% Chronic respiratory diseases
- 4% Diabtes
- 18% Other NCDs
- 24% Communicable, maternal, perinatal and nutritional conditions
- 9% Injuries

**PROPORTIONAL MORTALITY**

- 25% Cardiovascular diseases
- 13% Cancers
- 8% Chronic respiratory diseases
- 4% Diabetes
- 18% Other NCDs
- 24% Communicable, maternal, perinatal and nutritional conditions
- 9% Injuries

**SELECTED ADULT RISK FACTOR TRENDS**

- **Harmful use of alcohol** ✓
  - Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol)
    - 2016: 8
    - 2017: 1

- **Physical inactivity** ✓
  - Physical inactivity, adults aged 18+ (%)
    - 2016: 8

- **Salt/Sodium intake** ✓
  - Mean population salt intake, adults aged 20+ (g/day)
    - 2010: 12

- **Tobacco use** ✓
  - Current tobacco smoking, adults aged 15+ (%)
    - 2016: 35

- **Raised blood pressure** ✓
  - Raised blood pressure, adults aged 18+ (%)
    - 2015: 23

- **Diabetes** ✓
  - Obesity, adults aged 18+ (%)
    - 2016: 4

- **Ambient air pollution** -
  - Exceedance of WHO guidelines level for annual PM2.5 concentration (by a multiple of)
    - 2016: -

- **Household air pollution** -
  - Population with primary reliance on polluting fuels and technologies (%)
    - 2016: -

**NATIONAL SYSTEMS RESPONSE**

- **Drug therapy to prevent heart attacks and strokes** ✓
  - Proportion of population at high risk for CVD or with existing CVD (%)
    - 2014: 12
  - Proportion of high risk persons receiving any drug therapy and counselling to prevent heart attacks and strokes (%)
    - 2017: More than 50%
  - Proportion of primary health care centres reported as offering CVD risk stratification
    - 2017: Yes

- **Essential NCD medicines and basic technologies to treat major NCDs** ✓
  - Number of essential NCD medicines reported as “generally available”
    - 2017: 7 out of 10
  - Number of essential NCD technologies reported as “generally available”
    - 2017: 4 out of 6

**CURRENT TOBACCO SMOKING**

- **Males**
  - Projected linear trends
  - Global targets

- **Females**
  - Projected linear trends
  - Global targets

**OBESITY**

- **Males**
  - Projected linear trends
  - Global targets

- **Females**
  - Projected linear trends
  - Global targets

**RAISED BLOOD PRESSURE**

- **Males**
  - Projected linear trends
  - Global targets

- **Females**
  - Projected linear trends
  - Global targets

**40,500 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO “BEST BUYS”**

- **Males**
  - Projected linear trends
  - Past trends
  - Global targets

- **Females**
  - Projected linear trends
  - Past trends
  - Global targets

**RISK OF PREMATURE DEATH DUE TO NCDs (%)**

- **Males**
  - Projected linear trends
  - Past trends
  - Global targets

- **Females**
  - Projected linear trends
  - Past trends
  - Global targets

**2016 TOTAL POPULATION: 52,885,000**

**2016 TOTAL DEATHS: 430,000**

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*The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes)*