MOZAMBIQUE

RISK OF PREMATURE DEATH DUE TO NCDs (%)*

PROPORTIONAL MORTALITY*

- 9% Cardiovascular diseases
- 7% Other NCDs
- 8% Cancers
- 65% Communicable, maternal, perinatal and nutritional conditions
- 1% Chronic respiratory diseases
- 8% Injuries
- 1% Diabetes

NATIONAL SYSTEMS RESPONSE

Drug therapy to prevent heart attacks and strokes ✓

Essential NCD medicines and basic technologies to treat major NCDs X

18 000 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO "BEST BUYS"

MORTALITY*

- Premature mortality from NCDs ✓ Total NCD deaths
  - Risk of premature death between 30-70 years (%) 2016 18
- Suicide mortality - Suicide mortality rate (per 100 000 population) 2016 -

RISK FACTORS

- Harmful use of alcohol ✓ Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol) 2016 2
- Physical inactivity ✓ Physical inactivity, adults aged 18+ (%) 2016 6
- Salt/Sodium intake ✓ Mean population salt intake, adults aged 20+ (g/day) 2010 6
- Tobacco use ✓ Current tobacco smoking, adults aged 15+ (%) 2016 27
- Raised blood pressure ✓ Raised blood pressure, adults aged 18+ (%) 2015 22
- Diabetes ✓ Raised blood glucose, adults aged 18+ (%) 2014 5
- Obesity ✓ Obesity, adults aged 18+ (%) 2016 3
- Ambient air pollution - Exceedance of WHO guidelines level for annual PM2.5 concentration (by a multiple of) 2016 -
- Household air pollution - Population with primary reliance on polluting fuels and technologies (%) 2016 -

SELECTED ADULT RISK FACTOR TRENDS

CURRENT TOBACCO SMOKING

- Obesity

RAISED BLOOD PRESSURE

NATIONAL TARGET SET

<table>
<thead>
<tr>
<th>NATIONAL TARGET SET</th>
<th>DATA YEAR</th>
<th>MALES</th>
<th>FEMALES</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Premature mortality from NCDs ✓</td>
<td>Total NCD deaths</td>
<td>2016</td>
<td>32 500</td>
<td>36 600</td>
</tr>
<tr>
<td>Risk of premature death between 30-70 years (%)</td>
<td>2016</td>
<td>20</td>
<td>17</td>
<td>18</td>
</tr>
<tr>
<td>Suicide mortality -</td>
<td>Suicide mortality rate (per 100 000 population)</td>
<td>2016</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

= no data available

* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes)