Nigeria

Total population: 169,000,000
Income Group: Lower middle

Percentage of population living in urban areas: 49.6%
Population proportion between ages 30 and 70 years: 27.7%

Adult risk factors

Current tobacco smoking (2011)  
Total alcohol per capita consumption, in litres of pure alcohol (2010)  
Raised blood pressure (2008)  
Obesity (2008)  

<table>
<thead>
<tr>
<th></th>
<th>males</th>
<th>females</th>
<th>total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current tobacco smoking</td>
<td>10%</td>
<td>2%</td>
<td>6%</td>
</tr>
<tr>
<td>Total alcohol per capita</td>
<td>14.9</td>
<td>5.1</td>
<td>10.1</td>
</tr>
<tr>
<td>Raised blood pressure</td>
<td>33.5%</td>
<td>36.1%</td>
<td>34.8%</td>
</tr>
<tr>
<td>Obesity</td>
<td>4.6%</td>
<td>8.4%</td>
<td>6.5%</td>
</tr>
</tbody>
</table>

National systems response to NCDs

- Has an operational NCD unit/branch or department within the Ministry of Health, or equivalent: No
- Has an operational multisectoral national policy, strategy or action plan that integrates several NCDs and shared risk factors: No
- Has an operational policy, strategy or action plan to reduce the harmful use of alcohol: No
- Has an operational policy, strategy or action plan to reduce physical inactivity and/or promote physical activity: No
- Has an operational policy, strategy or action plan to reduce the burden of tobacco use: No
- Has an operational policy, strategy or action plan to reduce unhealthy diet and/or promote healthy diets: No
- Has evidence-based national guidelines/protocols/standards for the management of major NCDs through a primary care approach: No
- Has an NCD surveillance and monitoring system in place to enable reporting against the nine global NCD targets: Yes
- Has a national, population-based cancer registry: No

* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes).