NICARAGUA

**RISK OF PREMATURE DEATH DUE TO NCDs (%)***

- **25%** Cardiovascular diseases
- **14%** Cancers
- **4%** Chronic respiratory diseases
- **6%** Diabetes
- **29%** Other NCDs
- **11%** Communicable, maternal, perinatal and nutritional conditions
- **13%** Injuries

**PROPORTional Mortality***

<table>
<thead>
<tr>
<th>NCD Type</th>
<th>2016 Total NCD deaths</th>
<th>Risk of premature death between 30-70 years (%)</th>
<th>Suicide mortality rate (per 100 000 population)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Premature mortality from NCDs</td>
<td>11 500</td>
<td>15</td>
<td>-</td>
</tr>
<tr>
<td>Suicide mortality</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

**RISK FACTORS**

- **Harmful use of alcohol**: Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol)
  - 2016: 9
  - 2010: 9

- **Physical inactivity**: Physical inactivity, adults aged 18+ (%)
  - 2016: -

- **Salt/Sodium intake**: Mean population salt intake, adults aged 20+ (g/day)
  - 2010: 9

- **Tobacco use**: Current tobacco smoking, adults aged 15+ (%)
  - 2016: -

- **Raised blood pressure**: Raised blood pressure, adults aged 18+ (%)
  - 2015: 18

- **Diabetes**: Raised blood glucose, adults aged 18+ (%)
  - 2014: 7

- **Obesity**: Obesity, adults aged 18+ (%)
  - 2016: 17

- **Ambient air pollution**: Exceedance of WHO guidelines level for annual PM2.5 concentration (proportion)
  - 2016: -

- **Household air pollution**: Population with primary reliance on polluting fuels and technologies (%)
  - 2016: -

**SELECTED ADULT RISK FACTOR TRENDS**

**CURRENT TOBACCO SMOKING**

NO DATA AVAILABLE

**OBESITY**

- **% of the population**
  - 2000: 10
  - 2015: 30
  - 2025: 40

**RAISED BLOOD PRESSURE**

- **% of the population**
  - 2000: 10
  - 2015: 20
  - 2025: 30

**NATIONAL SYSTEMS RESPONSE**

- **Drug therapy to prevent heart attacks and strokes**: Proportion of population at high risk for CVD or with existing CVD (%)
  - 2017: -

- **Essential NCD medicines and basic technologies to treat major NCDs**: Number of essential NCD medicines reported as “generally available”
  - 2017: 9 out of 10

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*The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes)*