NEPAL

RISK OF PREMATURE DEATH DUE TO NCDs (%)*

- 30% Cardiovascular diseases
- 13% Other NCDs
- 9% Cancers
- 25% Communicable, maternal, perinatal and nutritional conditions
- 10% Chronic respiratory diseases
- 9% Injuries
- 4% Diabetes

PROPORTIONAL MORTALITY*

- 30%
- 13%
- 9%
- 10%
- 9%
- 4%

MORTALITY*

- Premature mortality from NCDs
  - Total NCD deaths
  - Risk of premature death between 30-70 years (%)

- Suicide mortality
  - Suicide mortality rate (per 100 000 population)

RISK FACTORS

- Harmful use of alcohol
  - Total alcohol per capita consumption, adults aged 15+
- Physical inactivity
  - Physical inactivity, adults aged 18+
- Salt/Sodium intake
  - Mean population salt intake, adults aged 20+
- Tobacco use
  - Current tobacco smoking, adults aged 15+
- Raised blood pressure
  - Raised blood pressure, adults aged 18+
- Diabetes
  - Raised blood glucose, adults aged 18+
- Obesity
  - Obesity, adults aged 18+
- Ambient air pollution
  - Exceedance of WHO guidelines level for annual PM2.5 concentration (proportion)
- Household air pollution
  - Population with primary reliance on polluting fuels and technologies (%)

SELECTED ADULT RISK FACTOR TRENDS

CURRENT TOBACCO SMOKING

- % of the population

OBSERVE

- % of the population

RAISED BLOOD PRESSURE

- % of the population

NATIONAL SYSTEMS RESPONSE

- Drug therapy to prevent heart attacks and strokes
  - Proportion of population at high risk for CVD or with existing CVD (%)
  - Proportion of high risk persons receiving any drug therapy and counselling to prevent heart attacks and strokes (%)
  - Proportion of primary health care centres reported as offering CVD risk stratification
  - Reported having CVD guidelines that are utilized in at least 50% of health facilities

- Essential NCD medicines and basic technologies to treat major NCDs
  - Number of essential NCD medicines reported as “generally available”
  - Number of essential NCD technologies reported as “generally available”

24 300 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO "BEST BUYS"

2016 TOTAL POPULATION: 28 983 000
2016 TOTAL DEATHS: 183 000