OMAN

RISK OF PREMATURE DEATH DUE TO NCDS (%)*

<table>
<thead>
<tr>
<th>SELECTED ADULT RISK FACTOR TRENDS</th>
<th>PROPORTIONAL MORTALITY*</th>
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<tbody>
<tr>
<td></td>
<td>36% Cardiovascular diseases</td>
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<tr>
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<td>15% Other NCDs</td>
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<td>11% Cancers</td>
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<td>10% Communicable, maternal, perinatal and nutritional conditions</td>
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<td>2% Chronic respiratory diseases</td>
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<td>18% Injuries</td>
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<tr>
<td></td>
<td>8% Diabetes</td>
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Probability (%) of premature death

National Target Set Data Year Males Females Total

Mortality*

Premature mortality from NCDs

- Total NCD deaths
  - Risk of premature death between 30-70 years (%)
  - 2016: 19 males, 15 females, 18 total

Suicide mortality

- Suicide mortality rate (per 100,000 population)
  - 2016: 4

Risk Factors

Harmful use of alcohol

- Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol)
  - 2016: 1 liter

Physical inactivity

- Physical inactivity, adults aged 18+ (%)
  - 2016: 27 males, 38 females, 31 total

Salt/Sodium intake

- Mean population salt intake, adults aged 20+ (g/day)
  - 2010: 10 g/day

Tobacco use

- Current tobacco smoking, adults aged 15+ (%)
  - 2016: 16 males, 0 females, 12 total

Raised blood pressure

- Raised blood pressure, adults aged 18+ (%)
  - 2015: 17 males, 15 females, 16 total

Diabetes

- Raised blood glucose, adults aged 18+ (%)
  - 2014: 7 males, 8 females, 8 total

Obesity

- Obesity, adults aged 18+ (%)
  - 2016: 20 males, 31 females, 23 total
- Obesity, adolescents aged 10-19 (%)
  - 2016: 14 males, 12 females, 13 total

Ambient air pollution

- Exceedance of WHO guidelines level for annual PM2.5 concentration (proportion)
  - 2016: Not available

Household air pollution

- Population with primary reliance on polluting fuels and technologies (%)
  - 2016: Not available

Selected Adult Risk Factor Trends

Current Tobacco Smoking

Obesity

Raised Blood Pressure

NATIONAL SYSTEMS RESPONSE

Drug therapy to prevent heart attacks and strokes

- Proportion of population at high risk for CVD or with existing CVD (%)
  - Not available
- Proportion of high risk persons receiving any drug therapy and counselling to prevent heart attacks and strokes (%)
  - Not available
- Proportion of primary health care centres reported as offering CVD risk stratification
  - Not available
- Reported having CVD guidelines that are utilized in at least 50% of health facilities
  - 2017: More than 50%

Essential NCD medicines and basic technologies to treat major NCDs

- Number of essential NCD medicines reported as "generally available"
  - 2017: 10 out of 10
- Number of essential NCD technologies reported as "generally available"
  - 2017: 6 out of 6

- = no data available

* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes)