Poland

Total population: 38 211 000
Income Group: High

Percentage of population living in urban areas: 60.9%
Population proportion between ages 30 and 70 years: 53.7%

Premature mortality due to NCDs*

The probability of dying between ages 30 and 70 years from the 4 main NCDs is 20%.

Adult risk factors

<table>
<thead>
<tr>
<th>Risk Factor</th>
<th>Males</th>
<th>Females</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current tobacco smoking (2011)</td>
<td>38%</td>
<td>27%</td>
<td>32%</td>
</tr>
<tr>
<td>Total alcohol per capita consumption, in litres of pure alcohol (2010)</td>
<td>19.8</td>
<td>5.8</td>
<td>12.5</td>
</tr>
<tr>
<td>Raised blood pressure (2008)</td>
<td>43.0%</td>
<td>39.5%</td>
<td>41.2%</td>
</tr>
<tr>
<td>Obesity (2008)</td>
<td>23.8%</td>
<td>26.7%</td>
<td>25.3%</td>
</tr>
</tbody>
</table>

National systems response to NCDs

Has an operational NCD unit/branch or department within the Ministry of Health, or equivalent
No

Has an operational multisectoral national policy, strategy or action plan that integrates several NCDs and shared risk factors
No

Has an operational policy, strategy or action plan to reduce the harmful use of alcohol
Yes

Has an operational policy, strategy or action plan to reduce physical inactivity and/or promote physical activity
Yes

Has an operational policy, strategy or action plan to reduce the burden of tobacco use
Yes

Has an operational policy, strategy or action plan to reduce unhealthy diet and/or promote healthy diets
Yes

Has evidence-based national guidelines/protocols/standards for the management of major NCDs through a primary care approach
DK

Has an NCD surveillance and monitoring system in place to enable reporting against the nine global NCD targets
Yes

Has a national, population-based cancer registry
Yes

* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes).

DK = Country responded “don’t know”