Romania

Total population: 21,755,000
Income Group: Upper middle

Percentage of population living in urban areas: 52.8%
Population proportion between ages 30 and 70 years: 53.8%

Premature mortality due to NCDs

The probability of dying between ages 30 and 70 years from the 4 main NCDs is 23%.

Adult risk factors

- Current tobacco smoking (2011) 38% males, 18% females, total 28%
- Total alcohol per capita consumption, in litres of pure alcohol (2010) 22.6 males, 6.8 females, total 14.4
- Raised blood pressure (2008) 41.3% males, 39.6% females, total 40.4%
- Obesity (2008) 16.9% males, 21.2% females, total 19.1%

National systems response to NCDs

- Has an operational NCD unit/branch or department within the Ministry of Health, or equivalent No
- Has an operational multisectoral national policy, strategy or action plan that integrates several NCDs and shared risk factors No
- Has an operational policy, strategy or action plan to reduce the harmful use of alcohol No
- Has an operational policy, strategy or action plan to reduce physical inactivity and/or promote physical activity No
- Has an operational policy, strategy or action plan to reduce the burden of tobacco use Yes
- Has an operational policy, strategy or action plan to reduce unhealthy diet and/or promote healthy diets Yes
- Has evidence-based national guidelines/protocols/standards for the management of major NCDs through a primary care approach Yes
- Has an NCD surveillance and monitoring system in place to enable reporting against the nine global NCD targets No
- Has a national, population-based cancer registry No

NCDs are estimated to account for 92% of total deaths.