RUSSIAN FEDERATION

RISK OF PREMATURE DEATH DUE TO NCDs (%)*

509 000 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO “BEST BUYS”

**PROPORTIONAL MORTALITY**

- 55% Cardiovascular diseases
- 11% Other NCDs
- 19% Cancers
- 5% Communicable, maternal, perinatal and nutritional conditions
- 2% Chronic respiratory diseases
- 8% Injuries
- 1% Diabetes

**SELECTED ADULT RISK FACTOR TRENDS**

### NATIONAL TARGET SET

<table>
<thead>
<tr>
<th>Risk Factor</th>
<th>Country Targets</th>
<th>Data Year</th>
<th>Males</th>
<th>Females</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Premature mortality from NCDs</td>
<td>Total NCD deaths</td>
<td>2016</td>
<td>779 600</td>
<td>855 300</td>
<td>1 635 000</td>
</tr>
<tr>
<td>Suicide mortality</td>
<td>Suicide mortality rate (per 100 000 population)</td>
<td>2016</td>
<td>-</td>
<td>-</td>
<td>31</td>
</tr>
</tbody>
</table>

### RISK FACTORS

- **Harmful use of alcohol** ✓ Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol) 2016 19 6 12
- **Physical inactivity** ✓ Physical inactivity, adults aged 18+ (%) 2016 16 19 18
- **Salt/Sodium intake** X Mean population salt intake, adults aged 20+ (g/day) 2010 11 10 11
- **Tobacco use** ✓ Current tobacco smoking, adults aged 15+ (%) 2016 59 20 37
- **Raised blood pressure** X Raised blood pressure, adults aged 18+ (%) 2015 35 29 32
- **Diabetes** ✓ Obesity, adults aged 18+ (%) 2016 19 31 26
- **Obesity** ✓ Obesity, adolescents aged 10-19 (%) 2016 6 3 <5
- **Ambient air pollution** - Exceedance of WHO guidelines level for annual PM2.5 concentration (by a multiple of) 2016 - - 1
- **Household air pollution** - Population with primary reliance on polluting fuels and technologies (%) 2016 - - <5

### NATIONAL SYSTEMS RESPONSE

- **Drug therapy to prevent heart attacks and strokes** X
  - Proportion of population at high risk for CVD or with existing CVD (%) - -
  - Proportion of high risk persons receiving any drug therapy and counselling to prevent heart attacks and strokes (%) - -
  - Proportion of primary health care centres reported as offering CVD risk stratification - More than 50%
  - Reported having CVD guidelines that are utilized in at least 50% of health facilities 2017 Yes

- **Essential NCD medicines and basic technologies to treat major NCDs** ✓
  - Number of essential NCD medicines reported as “generally available” 2017 10 out of 10
  - Number of essential NCD technologies reported as “generally available” 2017 6 out of 6

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* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes)

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