**Russian Federation**

- **Total population:** 143,000,000
- **Income Group:** High
- **Percentage of population living in urban areas:** 73.8%
- **Population proportion between ages 30 and 70 years:** 52.9%

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### Age-standardized death rates

<table>
<thead>
<tr>
<th>Year</th>
<th>Cardiovascular Diseases</th>
<th>Cancers</th>
<th>Chronic Respiratory Diseases</th>
<th>Diabetes</th>
</tr>
</thead>
<tbody>
<tr>
<td>2000</td>
<td>570</td>
<td>330</td>
<td>100</td>
<td>0</td>
</tr>
<tr>
<td>2012</td>
<td>400</td>
<td>250</td>
<td>100</td>
<td>0</td>
</tr>
</tbody>
</table>

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### Proportional mortality (% of total deaths, all ages, both sexes)

- **Cardiovascular diseases:** 60%
- **Cancers:** 16%
- **Chronic respiratory diseases:** 2%
- **Diabetes:** 0%
- **Other NCDs:** 8%
- **Injuries:** 8%
- **Communicable, maternal, perinatal and nutritional conditions:** 6%

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### Premature mortality due to NCDs

The probability of dying between ages 30 and 70 years from the 4 main NCDs is **30%**.

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### Adult risk factors

<table>
<thead>
<tr>
<th>Risk Factor</th>
<th>Males</th>
<th>Females</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current tobacco smoking (2011)</td>
<td>59%</td>
<td>25%</td>
<td>40%</td>
</tr>
<tr>
<td>Total alcohol per capita consumption, in litres of pure alcohol (2010)</td>
<td>23.9</td>
<td>7.8</td>
<td>15.1</td>
</tr>
<tr>
<td>Raised blood pressure (2008)</td>
<td>37.5%</td>
<td>38.1%</td>
<td>37.8%</td>
</tr>
<tr>
<td>Obesity (2008)</td>
<td>18.6%</td>
<td>32.9%</td>
<td>26.5%</td>
</tr>
</tbody>
</table>

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### National systems response to NCDs

- Has an operational NCD unit/branch or department within the Ministry of Health, or equivalent: Yes
- Has an operational multisectoral national policy, strategy or action plan that integrates several NCDs and shared risk factors: Yes
- Has an operational policy, strategy or action plan to reduce the harmful use of alcohol: Yes
- Has an operational policy, strategy or action plan to reduce physical inactivity and/or promote physical activity: Yes
- Has an operational policy, strategy or action plan to reduce the burden of tobacco use: Yes
- Has an operational policy, strategy or action plan to reduce unhealthy diet and/or promote healthy diets: Yes
- Has evidence-based national guidelines/protocols/standards for the management of major NCDs through a primary care approach: No
- Has an NCD surveillance and monitoring system in place to enable reporting against the nine global NCD targets: No
- Has a national, population-based cancer registry: No

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