SAUDI ARABIA

RISK OF PREMATURE DEATH DUE TO NCDS (%)*

<table>
<thead>
<tr>
<th>NATIONAL SYSTEMS RESPONSE</th>
</tr>
</thead>
<tbody>
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<td>Drug therapy to prevent heart attacks and strokes</td>
</tr>
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<td>Essential NCD medicines and basic technologies to treat major NCDs</td>
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</tbody>
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PROPORTIONAL MORTALITY*:

- 37% Cardiovascular diseases
- 20% Other NCDs
- 10% Cancers
- 11% Communicable, maternal, perinatal and nutritional conditions
- 3% Chronic respiratory diseases
- 3% Injuries
- 16% Diarrhoeal diseases

MORTALITY*:

- Premature mortality from NCDs
- Suicide mortality

RISK FACTORS:

- Harmful use of alcohol
- Physical inactivity
- Salt/Sodium intake
- Tobacco use
- Raised blood pressure
- Diabetes
- Obesity
- Ambient air pollution
- Household air pollution

12 000 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO "BEST BUYS"

SELECTED ADULT RISK FACTOR TRENDS

CURRENT TOBACCO SMOKING

OBESITY

RAISED BLOOD PRESSURE

NATIONAL SYSTEMS RESPONSE:

- Drug therapy to prevent heart attacks and strokes
- Essential NCD medicines and basic technologies to treat major NCDs


* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes)