SAUDI ARABIA

RISK OF PREMATURE DEATH DUE TO NCDs (%)*

- 37% Cardiovascular diseases
- 20% Other NCDs
- 10% Cancers
- 11% Communicable, maternal, perinatal and nutritional conditions
- 3% Chronic respiratory diseases
- 16% Injuries

Selecting Adult Risk Factor Trends

<table>
<thead>
<tr>
<th>MORTALITY*</th>
<th>NATIONAL TARGET SET</th>
<th>DATA YEAR</th>
<th>MALES</th>
<th>FEMALES</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>✓ Premature mortality from NCDs</td>
<td>Total NCD deaths</td>
<td>2016</td>
<td>48 600</td>
<td>34 500</td>
<td>83 100</td>
</tr>
<tr>
<td>✓ Risk of premature death between 30-70 years (%)</td>
<td>2016</td>
<td>18</td>
<td>14</td>
<td>16</td>
<td></td>
</tr>
<tr>
<td>✓ Suicide mortality</td>
<td>Suicide mortality rate (per 100 000 population)</td>
<td>2016</td>
<td>-</td>
<td>-</td>
<td>3</td>
</tr>
</tbody>
</table>

Risk Factors

- Harmful use of alcohol: Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol)
- Physical inactivity: Physical inactivity, adults aged 18+ (%)
- Salt/Sodium intake: Mean population salt intake, adults aged 20+ (g/day)
- Tobacco use: Current tobacco smoking, adults aged 15+ (%)
- Raised blood pressure: Raised blood pressure, adults aged 18+ (%)
- Diabetes: Raised blood glucose, adults aged 18+ (%)
- Obesity: Obesity, adults aged 18+ (%)
- Obesity: Obesity, adolescents aged 10-19 (%)
- Ambient air pollution: Exceedance of WHO guidelines level for annual PM2.5 concentration by a multiple of
- Household air pollution: Population with primary reliance on polluting fuels and technologies (%)

Selected Adult Risk Factor Trends

12 000 LIVES CAN BE SAVED BY 2025 BY IMPLEMENTING ALL OF THE WHO "BEST BUYS"

NATIONAL SYSTEMS RESPONSE

- Drug therapy to prevent heart attacks and strokes: Proportion of population at high risk for CVD or with existing CVD (%)
- Drug therapy to prevent heart attacks and strokes: Proportion of high risk persons receiving any drug therapy and counselling to prevent heart attacks and strokes (%)
- Drug therapy to prevent heart attacks and strokes: Proportion of primary health care centres reported as offering CVD risk stratification
- Drug therapy to prevent heart attacks and strokes: Reported having CVD guidelines that are utilized in at least 50% of health facilities

- Essential NCD medicines and basic technologies to treat major NCDs: Number of essential NCD medicines reported as "generally available"
- Essential NCD medicines and basic technologies to treat major NCDs: Number of essential NCD technologies reported as "generally available"

... = no data available
* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes)