**SAO TOME AND PRINCIPE**

**RISK OF PREMATURE DEATH DUE TO NCDs (%)**

- **Cardiovascular diseases**: 18%
- **Other NCDs**: 19%
- **Cancers**: 10%
- **Communicable, maternal, perinatal and nutritional conditions**: 34%
- **Chronic respiratory diseases**: 7%
- **Injuries**: 11%
- **Diabetes**: 1%

**PROPORTIONAL MORTALITY**

- **Premature mortality from NCDs**: Risk of premature death between 30-70 years (%) 2016 19 19 19
- **Suicide mortality**: Suicide mortality rate (per 100 000 population) 2016 - - 2

**RISK FACTORS**

- **Harmful use of alcohol**: Total alcohol per capita consumption, adults aged 15+ (litres of pure alcohol) 2016 12 2 7
- **Physical inactivity**: Physical inactivity, adults aged 18+ (%) 2016 9 20 15
- **Salt/Sodium intake**: Mean population salt intake, adults aged 20+ (g/day) 2010 6 6 6
- **Tobacco use**: Current tobacco smoking, adults aged 15+ (%) 2016 - - -
- **Raised blood pressure**: Raised blood pressure, adults aged 18+ (%) 2015 21 18 20
- **Diabetes**: Raised blood glucose, adults aged 18+ (%) 2014 6 6 6
- **Obesity**: Obesity, adults aged 18+ (%) 2016 6 15 11
- **Ambient air pollution**: Exceedance of WHO guidelines level for annual PM2.5 concentration (proportion) 2016 - - 3
- **Household air pollution**: Population with primary reliance on polluting fuels and technologies (%) 2016 - - 83

**SELECTED ADULT RISK FACTOR TRENDS**

**CURRENT TOBACCO SMOKING**

**OBESITY**

**RAISED BLOOD PRESSURE**

**NATIONAL SYSTEMS RESPONSE**

- **Drug therapy to prevent heart attacks and strokes**: Proportion of population at high risk for CVD or with existing CVD (%)
  - Males: -
  - Females: -

- **Essential NCD medicines and basic technologies to treat major NCDs**: Number of essential NCD medicines reported as “generally available”
  - 2017: 9 out of 10

*The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data (see Explanatory Notes)*